



Athletic Clearance Process

To participate in BTWHS Athletics during the 2026-2027 School Year the athletic clearance will open May 25, 2026

Make Sure you have the following before you start your Athletic Clearance:

1. **Updated Physical (must have physician signature and date)**
 - a. EL2 Form https://fhxaa.com/documents/2026/2/25/EL2_022426.pdf
 - b. EL1 form (9th grade and new student-athletes who did NOT play FHSA sports previously)
https://fhxaa.com/documents/2026/2/12/EL1_ECG_Screening_021126.pdf?path=enc
2. **Student must complete NFHS courses (<http://nfhslearn.com/>)**
 - a. Create or sign-in to NFHSLearn account. Complete the following courses.
 - i. Concussion for Students course
 - ii. Heat Illness Prevention course
 - iii. Sudden Cardiac Arrest course
 - iv. Sportsmanship Course
 - b. Screenshot or Download certificate (certificate showing student name) for each course (certificate dates only accepted beginning 5/25/26)

Start Athletic Clearance

1. Create an athletic Clearance account.
 - a. Go to <https://athleticclearance.fhxaahome.org/>
 - b. Click add new clearance, select current year, and Washington High
 - c. Sport: click the sport you desire
 - i. Note: Add all sports you plan to participate in during the school year
 - d. Fill out all information and upload documents
 - i. Upload the following forms: **EL2 form only page 4 needs to be uploaded (physician signature, parent signature, athlete signature and date required)**, Concussion in Sports Certificate, Heat Illness Prevention Certificate, Sudden Cardiac Arrest Certificate, Sportsmanship course
 - ii. Notarized Drug Consent Form