

Week 6

- This week we are switching the focus onto your individual teams. Instead of watching a video, we are going to discuss our own set up and what we do and why we do it as we are building out.

If you still want to check out some video, here's a link to some goals by the [Zuper Zwede](#)

Boys AND Girls

Stage 1 (U7-U10)

1. As a team, discuss your team's tactical set up and decision-making process when you are attacking (building out) in phase 1 (defensive 1/3). In the different positions, where does your coach want you to go, what does the coach tell you to do with the ball? **Coaches should prompt the players with scenarios that occur when they play and discuss solutions. (Coaches can use their clip boards to illustrate scenarios, or share their screen with prepared material). Coaches, keep things simple for the players and if things get complicated, have the player focus on individual decisions and positions.**

Stage 2 (U11-U12)

2. As a team, discuss your team's tactical set up and decision-making process when you are attacking (building out) in phase 1 (defensive 1/3). In the different positions, where does your coach want you to go, what does the coach tell you to do with the ball? **Coaches should prompt the players with scenarios that occur when they play and discuss solutions. (Coaches can use their clip boards to illustrate scenarios, or share their screen with prepared material). Coaches, keep things simple for the players and if things get complicated, have the player focus on individual decisions and positions.**

Stage 3 (U13-U16)

1. As a team, discuss your team's tactical set up and decision-making process when you are attacking (building out) in phase 1 (defensive 1/3). In the

different positions, where does your coach want you to go, what does the coach tell you to do with the ball? If time permits, coaches should include scenarios that allows the team to progress into phase 2 (middle 1/3).

Discuss who the involved players are and how do they move. What are some cues for movement off the ball and for decisions with the ball?

Coaches should prompt the players with scenarios that occur when they play and discuss solutions. (Coaches can use their clip boards to illustrate scenarios, or share their screen with prepared material).

Stage 4 (U17-U19)

1. As a team, discuss your team's tactical set up and decision-making process when you are attacking (building out) in phase 1 (defensive 1/3). In the different positions, where does your coach want you to go, what does the coach tell you to do with the ball? If time permits, coaches should include scenarios that allows the team to progress into phase 2 (middle 1/3).

Discuss who the involved players are and how do they move. What are some cues for movement off the ball and for decisions with the ball?

Coaches should prompt the players with scenarios that occur when they play and discuss solutions. (Coaches can use their clip boards to illustrate scenarios, or share their screen with prepared material).