

# D-WORKS

## FUNDAMENTALS FOR DEFENSEMEN

*D-WORKS* is designed to develop and refine hockey skills and concepts specific to defensemen across all three zones of play (defensive, neutral & offensive). Players will learn how to make good puck decisions, execute proper angling and gap control, and create offence from the blueline.

### SESSIONS WILL COVER

Agility	Gap Control
Angling	Partner Support
Backward & Lateral Mobility	Puck Retrieval
Breakout Options	Quick Decisions & Transitions
Finding Open Ice	Stick Positioning

*Clinics include 10 intensive 1-hour sessions capped at 30 players to allow for personalized attention and instruction.*

DATE	LEVEL	TIME
Tuesday, June 17 *Tubbs Rink*	BANTAM & HIGH SCHOOL	6:30-7:30 PM
Tuesday, June 24 *Tubbs Rink*	BANTAM & HIGH SCHOOL	6:30-7:30 PM
Tuesday, July 1	BANTAM & HIGH SCHOOL	6:30-7:30 PM
Tuesday, July 8	BANTAM & HIGH SCHOOL	8:45-9:45 PM
Tuesday, July 22	BANTAM & HIGH SCHOOL	8:45-9:45 PM
Tuesday, July 29	BANTAM & HIGH SCHOOL	8:45-9:45 PM
Tuesday, August 5	BANTAM & HIGH SCHOOL	8:45-9:45 PM
Tuesday, August 12	BANTAM & HIGH SCHOOL	8:45-9:45 PM
Tuesday, August 19	BANTAM & HIGH SCHOOL	8:45-9:45 PM
Tuesday, August 26	BANTAM & HIGH SCHOOL	8:45-9:45 PM

**ALL SESSIONS WILL BE HELD ON THE CARDINAL RINK**

### COACHING STAFF

**Troy Giesege** – Sun Prairie Varsity Head Coach  
*Over 35 years of Hockey Experience, 17 years Coaching at the Varsity Level*

**Chris Finkler** – Sun Prairie Assistant Coach  
*Over 35 years of Hockey Experience, 19 years Coaching at the High School Level*

**\* FOR BANTAM / HIGH SCHOOL AGED PLAYERS \***

### COST & REGISTRATION

The cost for 10 on-ice sessions is \$150.

*To Register: Complete the registration form;  
Sign the waiver of liability; Provide payment*

**Checks will be made out to Troy Giesege**

SEND REGISTRATION & WAIVER FORM WITH FEE TO:

**Troy Giesege**

612 Featherwood Pass • Sun Prairie, WI 53590

**Registration deadline is Friday, June 6, 2025.**

### REGISTRATION FORM

\_\_\_\_\_  
*Player's Name (please print)* *Birth Year*

\_\_\_\_\_  
*Parent/Guardian's Name (please print)*

\_\_\_\_\_  
*Address*

\_\_\_\_\_  
*City* *State* *Zip*

\_\_\_\_\_  
*Phone*

\_\_\_\_\_  
*Email*

### PLAYING LEVEL

Please circle the player's upcoming season playing level.

**BANTAM      HIGH SCHOOL**

### WAIVER OF LIABILITY

Participating in the *D-WORKS* clinics will require physical exertion that may lead to injuries. The staff of the *D-WORKS* clinics will not be held liable for any injuries occurring before, during or after sessions. Also, the above mentioned parties will not be held responsible for any payment of treatments/services needed because of injuries occurring before, during or after the *D-WORKS* clinics.

\_\_\_\_\_  
*Parent/Guardian's Signature*

\_\_\_\_\_  
*Date*

\_\_\_\_\_  
*Parent/Guardian Emergency Contact (please print)*

Please list below any health and/or allergy information staff should be aware of.

\_\_\_\_\_

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