

# Join the 2026 South Dakota National Dual Team!

Dear South Dakota Wrestlers and Families,

We are thrilled to invite you to be a part of the South Dakota National Women's Dual Team traveling to Westfield, IN, this summer! This incredible event offers athletes the chance to showcase their skills against some of the best competitors in the nation while representing South Dakota on a national stage.

## Event Details

- What: [2026 Women's National Duals](#):
- Where: Westfield, IN
- When: June 16–20, 2026
- Who: Freestyle athletes ready to compete and grow

## Why Join the Team?

Competing in the National Duals is an unparalleled opportunity to:

- Gain valuable experience against top-tier wrestlers.
- Achieve a higher USA Pin Ranking used for seeding at Junior Nationals in Fargo
- Build lasting friendships and camaraderie with teammates.
- Represent South Dakota with pride and passion.

## Tentative Schedule

- Saturday, June 13 : Check-in @ 9:00 am. Team training sessions at USF @ 10:30 am.
- Sunday, June 14: Morning Session, Team Bonding, Afternoon Session
- Monday, June 15: Morning session followed by travel to Westfield, IN.
- Tuesday, June 16: Morning workout and weigh-ins.
- Wednesday, June 17: Freestyle competition begins!
- Thursday, June 18: Final three rounds to finish the tournament. Head home after the last dual.
- Friday, June 19: Return Home

>>> Freestyle athletes must attend & qualify at 2026 SDUSA State Freestyle Tournament in Sioux Falls, SD, unless a waiver is granted <<<

16U Link: [https://docs.google.com/forms/d/1Eh0JQxIU6Pv1AGxm\\_9Nb0YFtMczNxFGasov4MtuXv38/edit](https://docs.google.com/forms/d/1Eh0JQxIU6Pv1AGxm_9Nb0YFtMczNxFGasov4MtuXv38/edit)

JR Link: [https://docs.google.com/forms/d/1fZAg8eFwyNcBquGT--\\_IKWhLzsWJTYSMt1ZBEhBarVE/edit](https://docs.google.com/forms/d/1fZAg8eFwyNcBquGT--_IKWhLzsWJTYSMt1ZBEhBarVE/edit)

Be sure to commit early to secure your spot on the team!

Don't miss your chance to grow as a wrestler, compete against the best, and create lifelong memories.

For any questions or further information, feel free to contact:

- Mike Gibson: 605.360.1890 SDUSA Woman's Director
- Ben Caven: 605.222.2900 SDUSA Freestyle Director

JR GIRLS



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Let's make South Dakota proud together!

Sincerely,  
Mike Gibson  
Women's Director  
South Dakota USA Wrestling

