

To: All Parents of Centennial Lakes Little League

Subject: Message from your President

On behalf of Centennial Lakes Little League we want to welcome you to the 2019 Baseball Season. The cooperative effort of this organization has produced one of the best youth baseball programs in the country and we are glad that your child will be part of it. It is our intention to serve you with the most effective leadership possible in order to sustain the quality of this recreational experience. It is this goal that mandates the highest standards with respect to our Coaches, the outstanding facilities, and the overall safety of the program.

Our success over the years has come from the active participation of the parents in all areas of our program. Because of their unselfish commitment, the youth of this area are able to play in wonderful facilities. Facility enhancements are made possible by our generous sponsors and the support of our concession stands.

Congratulations to our 10 year old All-Star and 11 year old All-Star teams for both winning the District 2 Championship games and then moving on to a solid performance at State!! Our 10's were the State Tournament Champions and the 11's took 2nd in state! Way to go boys!! Our Congratulations go out to both of the teams and their coaches.

Another Congratulations goes out to our American League Black Team. They were the 2018 Parkway Tournament Champions!

A list of the 2019 Board of Directors and League Representatives is contained in this handbook. Contact any Board Member for more information concerning how you can help in 2019. Together with your help we can work to provide your child with an excellent baseball experience this spring/summer.

**Centennial Lakes Little League
Patrick Mahr, President**

2019 Calendar of Events

Day	DATE	Time	LOCATION	EVENT
Sun.	February 10th	10:00 AM-2:00 PM	St. Kate's in St Paul	St Kate's University Softball Clinic for 8U-16U
Wed.	February 20th	6:00 PM-9:00 PM	Blue Heron Elem.	12U & 14U Silver Bullets Pitcher & Catcher Tryouts
Thurs.	February 21st	6:00 PM-9:00 PM	Blue Heron Elem.	10U Silver Bullets Pitcher & Catcher Tryouts
Thurs	February 21st	7:30 PM-9:30 PM	CHS WEST GYM	MANDATORY Coach Meeting- BASEBALL ONLY
Fri.	February 22nd	6:00 PM	NEW League Office	AAA League Draft* & Equipment Handout
Sun.	February 24th	12:00 PM-5:00 PM	CHS WEST Gym	10U/ 12U/ 14U Softball Tryouts
Thurs.	February 28th	6:00 PM	NEW League Office	Coach Pitch BB Draft* & Equipment Handout
Fri.	March 1st	6:00 PM-8:00 PM	Rice Lake Elem.	International/American/National Pitching Evaluations
Sat.	March 2nd	9:00 AM-5:00 PM	The Lab Athletic	International/American/National Baseball TRYOUTS
Sat.	March 2nd	2:00 PM-8:00 PM	CHS East Upper Gym	8U Softball Evaluations
Sun.	March 3rd	10:00 AM- 5:00 PM	NEW League Office	Silver Bullets 10U/12U/14U Draft Day/Equipment Handout
Mon.	March 4th	6:00 PM- 8:30 PM	Centerville Elem.	Softball Umpire Clinic
Mon.- Wed.	March 4th- March 6th	During Regular Store Hours	Athletic Outfitters	8U, 10U, 12U, 14U, & 16U Softball Apparel Days Must Go into AO to be fitted for Jerseys
Mon.	March 4th	6:00 PM	NEW League Office	National League Baseball Draft & Equipment Handout
Tues.	March 5th	4:00 PM	Website	National Rosters Posted
Wed.	March 6th	6:00 PM	NEW League Office	American Lg. Baseball Draft & Equipment Handout
Thurs.	March 7th	4:00 PM	Website	American Rosters Posted
Thurs.	March 7th	6:00 PM	NEW League Office	8U Softball Draft* & Equipment Handout
Mon.	March 18th	6:00 PM	NEW League Office	International Baseball Draft* & Equipment Handout
Thurs.	March 21st	6:00 PM	NEW League Office	Tee Ball Rosters and Equipment Handout
Mon.	March 25th	6:00PM-9:00PM	CHS WEST Cafeteria	MANDATORY Coach First Aid/Twins Ticket Lottery
Thurs.	March 28th	7:00PM-9:00PM	Centennial Elem. Little Theater	Softball/Baseball Team Parent Meeting
Tues.	April 9th	7:00PM-9:00PM	NEW League Office	Baseball/Softball Umpire Clinic
Wed.	April 10th	6:30PM-8:30PM	Lexington Fields	Baseball Umpire Clinic
Sat.	April 13th	10:00AM-12:00PM	All Fields	Park Clean-Up Day for All Teams
Mon.	April 15th	6:00 PM	NEW League Office	American and National League Mandatory Coach Meeting
Tues.	April 16th	6:00 PM	NEW League Office	International League Mandatory Coach Meeting
Wed.	April 17th	6:00 PM	NEW League Office	AAA League Mandatory Coach Meeting
Thurs	April 18th	6:00 PM	NEW League Office	Coach Pitch Baseball League Mandatory Coach Meeting
Sat.	April 20th	10:00AM-12:00PM	All Fields	Alt. Park Clean-Up Day (if inclement weather on 4-13)
Mon.	April 22nd	6:00 PM 7:15 PM	NEW League Office	Tee Ball League Mandatory Coach Meeting
Mon.	April 22nd	7:15 PM- 8:30 PM	NEW League Office	8U Girls Softball League Mandatory Coach Meeting
Tues.	April 23rd	6:00 PM	NEW League Office	Silver Bullets 10U, 12U, 14U, 16U Mandatory Coach Meeting
Fri.	April 26th	6:00PM	TBA	National Baseball Opener
Fri.	April 26th	TBA	Lexington Fields	10U Softball Opener
Sat.	April 27th	TBA	Lexington Fields	6/7/8 yr. old Coach Pitch Baseball Opener
Sat.	April 27th	TBA	Lexington Fields	12U Softball Home Opener
Sat.	April 27th	TBA	Carl Eck Park	AAA Baseball Opener
Sun.	April 28th	TBA	Carl Eck Park	International/American Baseball Opener
Sun.	April 28th	TBA	Lexington Fields	8U Softball and T-Ball Opener
Fri.	May 10th	Evening Game	Target Field	Minnesota Twins Night Game
Sat.	May 18th	TBA	CMS Gym	Picture Day
Sun.	June 9th	TBA	Carl Eck Park	10 & 11 yr. old All Star Workout
Fri.	June 14th	4:00 PM	Website	Posting 10,11, &12 yr. old Baseball All Stars
Fri.	June 21st	TBA	NEW League Office	American League All Star Draft
Mon.	June 25th	4:00PM	Website	Posting American League All Stars
Sat.	July 6-20	TBA	Carl Eck Park	Dist. 2 - 12 yr. old Baseball All Star Tournament
Sat.	July 6-20	TBA	Carl Eck Park	Dist. 2 - 11 yr. old Baseball All Star Tournament
Sat.	July 6-20	TBA	Lexington/Carl Eck	Dist. 2 - 10 yr. old Baseball All Star Tournament
Mon.	July 8- Aug.1	TBA	TBA	Coach Pitch Baseball Extended Season
Sat.	July 13-27		Parkway	Dist. 2 Major League All Star Tournament
Mon.	July 22-Aug. 3		Lexington/Carl Eck	Metro Classic All Star Tournament
Wed.	July 24-29		Site TBA	State Tournament 10, 11, 12 yr. old All-Stars
Sun	August/Sept.		TBA	Fall League Softball
Sun	August/Sept.		TBA	Fall League Baseball

****ALL DRAFTS WILL BE DELAYED IF COACHES FOR ALL TEAMS ARE NOT SECURED BY THE DRAFT DATE!****

******ALL DATES AND LOCATIONS ARE SUBJECT TO CHANGE******

Centennial Lakes Little League

The purpose of Little League is
*“to assist youth in developing qualities of citizenship, discipline,
teamwork and physical well-being,
with proper guidance and exemplary leadership.”*

All business pertaining to Centennial Lakes Little League will be governed
by the following board of Directors:

2019 Board of Directors

President	Patrick Mahr	651-357-2742
Vice President, Softball	John Wlazlo	651-325-8152
Vice President, Baseball	Tony Dagostino	612-636-0854
Secretary	Heidi Hansen	612-965-8801
Player Agent	Mike Marso	651-482-1047
Treasurer	Amanda Bibeau	763-780-3836
Inform. Officer/Web Master	Chris Reff	612-669-1156



Operations Staff



Director of Operations	Patrick Mahr	651-357-2742
League Administrator	Anne Thomas	763-780-3836
Equipment Manager	Chris Summerfield	763-957-2346



League Representatives



National & American BB	Tony Dagostino	612-636-0854
International BB	Brad Sanders	612-221-2500
AAA West/East BB	Chris Falck	763-477-1427
Coach Pitch BB	Peter Hennen	612-802-2791
T - Ball	Katie Anderson	763-587-5730
8U Softball	Rick Thomas	763-267-9524
10U Softball	Amanda Welle	612-247-0161
12/14/16U Softball	Kristel Linn	651-797-9045
Team Parent Supervisor	Kari Gunderman	651-247-8162
Tryout Support Coord. BB	Nate Sosinski	952-388-4105
Tryout Support Coord. SB	Rick Thomas	763-267-9524

*All league representatives and board members can be contacted via our website at:
www.CentennialLakesLittleLeague.org
click on the left hand column link entitled “Board”*

Little League Office: 763-780-3836

Fax: 763-792-3780

League Address:
Centennial Lakes Little League
9201 Lexington Ave. N., Suite 1
Circle Pines, MN 55014
ClittleLeague@comcast.net

PROCEDURES AND RULES

REGISTRATION:

1. For time and place of registration, please refer to our website www.CentennialLakesLittleLeague.org, call the hotline at 763-780-3836, or check local Community Ed. publications and the Centennial Lakes Little League newsletter.
2. REGISTRATION PROVISIONS
 - A. Registrations after 2/1/19 are accepted only if space is available on team rosters.
 - B. Anyone registering and deciding to withdraw from play *before* 2/1/19 will be refunded their registration fee less a \$40 administration fee (request must be received by 2/1/19). All requests for refunds must be submitted in writing (e-mails accepted as well). As of **2/2/19 and afterwards, there will be NO REFUNDS. Please note: for those trying out for a traveling team (e.g. softball or National League baseball), not making the traveling team of your choice does not warrant a refund and is past the 2/2/19 refund date.** Boys who don't make a National League team will automatically be placed into the American or International League draft and assigned to a team. Girls who don't make an A or B1/B2 team will be placed into the C team draft and assigned to a team.

EQUIPMENT AND UNIFORMS:

1. Parents are responsible for all uniforms issued to the participants. Care should be taken in making sure the uniforms are cleaned properly and kept in good repair. **ABSOLUTELY NO ALTERATIONS TO THE TEAM JERSEY ARE ALLOWED.**
2. All equipment must be returned during the designated period after team play is completed.
3. All Players must wear protective equipment.
4. Complete uniforms must be worn in all scheduled games. NO SHORTS are allowed during games or practices, unless they are part of the official uniform (i.e. softball). All Players *MUST* tuck their uniform jerseys in during games. Caps are provided by the League and are part of the official uniform and must be worn to all Little League games and outside tournaments. Caps are to be worn properly (bill facing the front) to all practices and games. Coaches are responsible to see that all Players wear the cap issued to them by the League. In the event a Player's cap is broken, the Coach should contact the equipment manager for repair or a new cap. **Failure of a Player to wear the complete uniform issued by the League, and tuck in their jersey, will result in the following:**
 - 1st Violation - forfeiture of the game and a verbal warning
 - 2nd Violation - forfeiture of the game and Coach will be suspended for one game.
 - 3rd Violation - forfeiture of the game and the Coach will be dismissed.
5. Players who are negligent in caring for their uniforms or other equipment are subject to suspension.
6. Pants colors for all baseball leagues must be gray in color.
7. Any Player who fails to return equipment is ineligible to play the following year and forfeits any deposit.
8. Tennis shoes or rubber spikes are allowed, NO METAL SPIKES.

INJURY PREVENTION:

1. Be conscious of injury prevention. Try to create a safe environment for practices and games.
2. Never indulge in horse-play.
3. Players must wear safety equipment at games and practices as follows: Catcher's mask and throat guard, batting helmets, helmets while running the bases, and an athletic supporter. Hard cup athletic supporters must be worn by the catcher (boys). Minor & Major League softball Players need to wear sliders and knee pads.
4. **Players warming up the pitcher must wear a catcher's mask and throat guard.**
5. Coaches must keep all unused equipment off the playing field during a game.
6. **Only Coaches, scorekeepers and Players are allowed in the dugouts during a game. (Limited to no more than 3 adults in the dugout)**
7. Learn the fundamentals of baseball and softball well. Players who know how to play are seldom injured. The best injury insurance is attentive, alert play.
8. Report all injuries to the Coach when they occur.

SCHEDULES AND PLAYOFFS:

All schedules including playoffs and post season tournaments are subject to change based upon such factors as weather, field availability and outside tournament schedules.

GRIEVANCE FILING PROCEDURE:

Centennial Lakes Little League acknowledges that not every game, practice or other event will go on without issues. This grievance policy has been created to deal with these issues.

As with most youth sports, Centennial Lakes Little League works with a "24 Hour Rule" in which we request that, prior to filing a grievance with the online form below, the person considering filing the grievance wait 24 hours from the time of the event or activity in question occurs. **Centennial Lakes Little League reserves the right to disregard any grievance filed through this forum in less than 24 hours after the event or activity occurred.**

Centennial Lakes Little League requests that you consider approaching your grievance on an individual basis with the person or people involved. We recommend you consider a face to face discussion with patience and professionalism. If not in person, we recommend at least a phone call to express your concerns and/or objections.

If a solution or satisfaction is not reached, we recommend you next contact your league level representative as they are versed in the particular rules and issues related to the level of play they represent.

In the event that a solution or satisfaction is still not reached we have developed the online grievance process that can be found on our website www.centenniallakeslittleleague.org. The grievance will be immediately emailed to the Centennial Lakes Little League President. The president will review the grievance and determine whether to schedule a private Action Review Meeting with all available parties and applicable Centennial Lakes Little League Board of Directors within five business days of receiving the online grievance however, while not trying to minimize any specific grievance, not everything warrants the attention of the Board of Directors.

The Board will hear descriptions and arguments of both sides and render a decision and solution.

It is recommended the complaint include all parties involved, references to dates and times, and any witnesses to the event or actions described.

It is the policy of Centennial Lakes Little League not to reprimand or discriminate against any party simply for filing a grievance through the forum described here. In addition, any party described or included in any grievance in this forum will be afforded the same policy.

It is important that all parties understand when a grievance is filed, it is possible that one or both parties will not be satisfied with the results of the Board's decision.

If possible, the Board of Directors will provide a verbal decision at the completion of the Action Review Meeting and a written decision to be delivered within five business days of the completion of the final meeting with all parties. Typically, results of the grievance filing and Action Review Meeting will NOT be published on the Centennial Lakes Little League website.

There is no appeal, and the decision by the Board is final. If you are unsatisfied with the Board's Decision, you may bring your issue to the attention of the District 2 Administrator.

Please refer to www.CentennialLakesLittleLeague.org for our grievance tab to file a grievance online.

CODE OF CONDUCT

1. There will be zero tolerance of Umpire abuse. Coaches/parents/spectators are not allowed to complain on judgment calls during the game. Umpires are doing their best to call the game. Sportsmanship will be maintained throughout the game.
2. Only the Head Coach, not the Assistant Coach, may confer with the Umpire when a dispute or question arises.
3. The Umpire's authority will be respected by everyone involved in the game, including spectators. The Umpire has the right to indefinitely suspend a game because of misconduct by anyone involved in the said game.

CODE OF CONDUCT:

4. Umpires are performing a valuable service for Centennial Lakes Little League, and even though they are the recipients of some training, they are not professionals (neither are the players/coaches). Please be courteous to the umpires. ***All Coaches and Players will shake hands with the Umpire and thank him/her following the team handshake at the conclusion of the game.***
5. The coach is responsible for the conduct of assistants, players, and spectators. Upon the request of the umpire, the coach will take whatever action is necessary to allow the game to continue.
6. The Coaches will **keep players orderly** while under their supervision.
7. Foul language will not be tolerated on or about the playing field by players, coaches, parents, spectators or umpires.
8. No smoking or tobacco chewing will be allowed on the playing field or in the dugouts during games or practices. No alcohol is allowed at any Little League function.
9. To ensure good sportsmanship, all players and coaches will shake hands with the opposing team after the game.
10. ***Unsportsmanlike conduct by any Player or Coach will not be tolerated!*** The first offense will be a warning. The second offense per game, regardless if it is the same Player or Coach, will mean ejection from the game. Flagrant violations may cause ejection without a warning. Any player intentionally throwing a bat or helmet will be given no warning, the umpire may eject the player at their discretion. When a manager, coach or player is ejected from a game, they shall leave the field immediately and take no further part in that game. They may not sit in the stands and may not be recalled. A manager or coach ejected from a game must not be present at the game site for the remainder of that game. Any manager, coach or player ejected from a game is suspended for his or her team's next physically played game, and may not be in attendance at the game site from which they are suspended.
11. Any Manager/Coach/Player ejected from a game will not be reinstated to the team until a hearing with the Board of Directors has been completed.

GENERAL RULES:

1. The Player Agent has responsibility for placement of players on teams. Any conflict will be resolved by the Board of Directors.
2. Any Coach that wants to drop a player must go through the Player Agent and have Board approval.
3. All Coaches, assistant coaches and umpires are answerable to the Board of Directors. They will receive immediate direction from the League Representatives.
4. All Coaches will be responsible to organize 90 minutes of practice time per week.
5. All Coaches should hold a meeting with parents to discuss any health problems, and to notify them of what to expect from the program.
6. Coaches & Assistant Coaches will attend the first aid clinics. Attendance at the clinic is mandatory!
7. No Player shall be singled out for any award. All awards must be made by the League and not by individuals or organizations.
8. ***Players must notify their Coach when going on vacation, to hockey camp, basketball camp, etc. one week prior to leaving.***
9. When a team cannot field a full team, the coach must notify the opposing coach 24 hours before the schedule start of the game. The penalty will be a forfeit unless agreement for a make-up game is made between the involved coaches.
10. All postponed/rain-out games are to be made up prior to play-offs. **Rain-outs are not called until game time** - by the umpire for Major and Senior League games or by the coaches for all other ages. Coaches should contact the Director of Operations to schedule a make-up game (Friday evenings, Saturdays, and Sundays can be used for make-up games).
11. All participants must play a portion of each game, defined by which level of play the child is in. If the player has not played, the coach will be required to go before the Board to resolve the problem. (Outside tournament play rules may supersede our local policy)
12. ***A runner is out if he/she does not slide OR attempt to get around the fielder who HAS THE BALL waiting to make the tag. If the defender DOES NOT have possession of the ball, and a collision occurs as he steps into the path of the runner as he/she attempts to catch a thrown ball, there is no penalty, unless the Umpire judges the collision to be deliberate and malicious.***
14. Once a player is selected for an All Star team, their commitment is to that particular All Star team until that team is finished with their post-season tournament. A player is not allowed to participate for any other team other than their regular season team. A violation of this rule is grounds for suspension until the matter is reviewed by the Board. The regular season team has priority, over an All Star team, during its playoffs.

HOW WILL TEAMS BE FORMED IN 2019

4 / 5 year-old T-Ball

League will assemble teams

6, 7, & 8 year-old Coach Pitch

Teams will be formed through a draft process where coaches pick teams through a monitored draft.

This does not mean they will play on the same team as last year or with the same kids.

8 / 9 year old AAA (boys)

Teams will be formed through a draft selection. Beginning at AAA we will no longer take requests to play with a friend. No requests for Coaches either.

10, 11, & 12 year old International (boys)

All Players must try out in March, and teams will be formed through a draft.

10, 11, & 12 year old Majors-American & National (boys)

All Players must try out in March, and teams will be formed through a draft.

8U Silver Bullet teams

All Players will be evaluated in March, & teams will be formed through a draft.

10, 12, 14, 16 & 18U Silver Bullets Traveling Fastpitch teams

All Players must try out in February, and teams will be formed based on evaluation scores for leveled teams.

POST SEASON ALL STAR TEAMS

Post season All-Star teams are formed by a selection process involving recommendations from head Coaches, assistant Coaches, League Representatives and the Player Agent. There is also an evaluation process. The All-Star head Coaches and assistants are chosen by the league president and approved by the voting board members. They must meet certain criteria established by the board. The League Board reviews and approves all selections before announcements are made. Players are responsible for All-Star fees as well as the cost of caps, jersey, socks, and pants. All-Star teams will wear grey pants and jersey for which the design is selected by Centennial Lakes Little League; no other All-Star uniforms will be allowed! All-Star Players are not eligible for play until regular season and playoffs are complete.

No Exceptions.

T-Ball

League Rep

Katie Anderson 763-587-5730

Player Agent

Mike Marso 651-482-1047

Director of Operations

Patrick Mahr 651-357-2742



Dates to Remember

Thurs. March 21st	Team Roster/Coach Meeting/Equip Handout 6:00PM
Mon. March 25th	Mandatory Coaches First Aid Clinic / Twins Lottery 6:00PM - 9:00PM
Thurs. March 28th	Team Parent Meeting 7:00PM - 9:00PM
Sat. April 13th	Park Clean Up Day *Back up date is 4/20 if inclement weather on 4/13.*
Mon. April 22nd	Mandatory Coach Meeting > 6 PM-7:15 PM
Sun. April 28th	T-Ball Opener
Fri. May 10th	MN Twins Night
Sat. May 18th	Picture Day
July 8th- 31st	Extended Play (Kids moving up to CPBB in 2020 only)

All Dates Subject to Change

LEAGUE RULES T-BALL

1. Age limit for T-Ball is 4 & 5 yr. old (6 yr. option) as of August 31st, 2019.
2. T-Ball teams are co-ed.
3. All coaches will be responsible to organize 90 minutes of practice time per week (this can include time before games).
4. **Coaches will determine rain-outs at game time at the field.**
5. The home team will supply the Umpires (parents).
6. Games will consist of 45 min. of skills dev./45 min. of game play.
7. A team having nine players or less may use a parent to catch.
8. Every player will change position each game. The catcher and pitcher change each inning.
9. All members of the team shall play all the time.
10. No more than 7 Players may be in the infield at one time.
11. Stealing is prohibited.
12. The ball must be thrown (not rolled) to bases for a put out.
13. The pitcher is not allowed to field the ball and make the put-out at first base. He/she must throw the ball to the first baseman.
14. The last batter always runs all the bases.
15. **Throwing the bat results in an automatic out.**
16. Going through the batting order ends an inning (**not three outs**). When a Player is out, he/she must return to the bench.
17. Coaches cannot interfere with a batted ball.
18. **Opposing teams and coaches will shake hands with each other and with the Umpire after the game.**
19. The home team is responsible for bringing the bases in **and** off the field and making sure that bases and Umpire gear are secured in the lock box located at each field. At Carl Eck & Lexington Park, bases must be brought to the building.
20. Players are not allowed to wear jewelry during games or practices. An exception to this rule is for medical alert jewelry.

6, 7, & 8 YEAR OLD COACH PITCH

League Rep

Peter Hennen 612-802-2791

Player Agent

Mike Marso 651-482-1047

Director of Operations

Patrick Mahr 651-357-2742

Vice President

Tony Dagostino 612-636-0854

Dates to Remember

Thurs. Feb 28th	Team Draft/Coach Meeting/Equip Handout 6:00PM
Mon. March 25th	Mandatory Coaches First Aid Clinic/Twins Lottery 6:00PM - 9:00PM
Thurs. March 28th	Team Parent Meeting 7:00PM - 9:00PM
Sat. April 13th	Park Clean Up Day *Back up date is 4/20 if inclement weather on 4/13*
Thurs. April 18th	Mandatory Coach Meeting 6:00 PM
Sat. April 27th	Home Opener
Fri. May 10th	MN Twins Night
Sat. May 18th	Picture Day
July 8th-31st	Extended Play

All Dates Subject to Change

LEAGUE RULES COACH PITCH BASEBALL

1. Age limit for Coach Pitch Baseball is 6, 7, & 8 yr. old as of August 31st, 2019.
2. The home team will supply the Umpires (parents).
3. **Coaches determine rain-outs at game time at the field.**
4. Game consists of five innings or 75 min. of play.
5. All Coaches will be responsible to organize 90 minutes of practice time per week.
6. ***All Players must play at least 3 innings in the field with a minimum of 2 innings infield play per game.***
7. **3 outs or 5 runs scored ends an inning.**
8. Coaches will pitch to their own team.
9. No walks.
10. 6 pitches thrown maximum, or batter is out, no tee is used.
11. No stealing.
12. The Coach is not allowed to field a ball.
13. **One base limit on an overthrow. *Players can advance one base on the first overthrow only.***
14. All Players must wear protective equipment.
15. **Opposing teams and Coaches will shake hands with each other and with the Umpire after the game.**
16. The home team is responsible for bringing the bases on **and** off the field and making sure that bases and Umpire gear are secured in the lock box located at each field. At Carl Eck & Lexington Park, bases must be brought to the building.
17. Players are not allowed to wear jewelry during games or practices. An exception to this rule is for medical alert jewelry.
18. Use of the traditional batting donut is not permissible.

New for 2019– We will require a rolling batting order all season long

AAA SKILLS DEV. BASEBALL

Dates to Remember

Thurs. Feb 22nd	Team Draft/Equipment Handout 6:00PM
Mon. March 25th	Mandatory Coach's First Aid Clinic/Twin Lottery 6:00PM -9:00PM
Thurs. March 28th	Team Parent Meeting 7:00PM - 9:00PM
Sat. April 13th	Park Clean Up Day *Back up date is 4/20 if inclement weather on 4/13.*
Wed. April 17th	Mandatory Coach Meeting 6PM– League Office
Sat. April 27th	Home Opener
Fri. May 10th	MN Twins Night
Sat. May 18th	Picture Day
July 22–Aug .3	Metro Classic All-Star Lexington/Carl Eck
July 24th-30th	State Tournament Site TBD

All Dates Subject to Change

League Rep

Chris Falck 763-477-1427

Vice President

Tony Dagostino 612-636-0854

Player Agent

Mike Marso 651-482-1047

Director of Operations

Patrick Mahr 651-357-2742



LEAGUE RULES AAA BASEBALL

1. Age limit for AAA Baseball is 8 (only if completed 2 yrs. of CPBB) & 9 years old as of August 31, 2019.
2. The home team is responsible for providing an Emergency Umpire. The Emergency Umpire will be compensated for each game. Each manager must meet at home plate 5 minutes prior to game time to discuss the ground rules.
3. A team will be comprised of 10 Players in the field.
4. ***All Players must play at least 4 innings in the field with a minimum of 2 innings of infield play. 1 of the required infield innings must occur within the first 3 innings for every player in case a game ends due to time limit.***
5. ***Batting will be round-robin.*** No line up changes are allowed after the start of the game. **New for 2019:** We require a rolling batting order all season long
6. No Player shall be allowed to play more than 9 outs at the same position during any game.
7. ***3 outs or 5 runs scored ends an inning.***
8. **Stealing will no longer be allowed in this league.**
9. **There will no longer be walks.** After a 4th ball is pitched, we will implement soft toss. The purpose is to get the ball into play. Once soft toss is implemented, a batter will get 3 tosses from the coach regardless of what the pitch count was prior to soft toss. If the 3rd toss is hit and a foul ball, then they can get another toss until it is hit into play or a missed swing. If a player stands there for all 3 and does not swing, it is the same as a strikeout.
10. ***Base running:***
 - No leading off.
 - A runner is out if he does not slide OR attempt to get around the fielder who HAS THE BALL waiting to make the tag. If the defender DOES NOT have possession of the ball and a collision occurs as he steps into the path of the runner as he attempts to catch a thrown ball, there is not a penalty unless the Umpire judges the collision to be deliberate and malicious.

AAA Baseball (continued)

11. Game duration for AAA Baseball will be 1 hr. & 45min. or 6 innings. No full innings to start after the 1:45 min. limit. Innings started should be completed unless darkness sets in, then the score will revert to last complete inning. (Darkness factor is up to the Umpires and Coaches' discretion).
12. Unsportsmanlike conduct will not be tolerated. All incidents should be reported for Board review.
13. Base Coaches may be 2 adults.
14. **Opposing teams and Coaches will shake hands with each other and with the Umpire after the game.**
15. All Coaches will be responsible to organize 90 minutes of practice time per week.
16. ***Pitching: Each pitcher may pitch only 3 consecutive outs per game or 35 pitches whichever comes first. A pitcher who reaches 35 pitches in the middle of an at bat may finish the at bat.***
 - Any Player on a regular season team may pitch. (NOTE: There is no limit to the number of pitchers a team may use in a game.) We encourage coaches to allow ALL kids that want to and are able, to pitch during the games.
 - A Player may not pitch in more than one game in a day.
 - If a Player pitches more than 20 pitches, he may not pitch the following day.
 - The pitchers mound should be 46', Coaches may NOT have Players throw a pitch closer than 46'

NOTES:

- a. The withdrawal of an ineligible pitcher after the pitcher is announced, or after a warm-up pitch is delivered, but before that Player has pitched a ball to a batter, is not a violation. Little League officials are urged to take precautions to prevent protests. When a protest situation is imminent, the potential offender should be notified immediately.
 - b. Pitches delivered in games declared "Regulation Tie Games" or "Suspended Games" shall be charged against pitcher's eligibility.
 - c. In suspended games resumed on another day, the pitcher of record at the time the game was halted may continue to pitch to the extent of their eligibility for that day.
17. Games are played with 10 Players on the field (4 outfielders across; no short-fielders allowed).
 18. In the event of a rainout or inclement weather, a game is considered complete after 4 innings, 3-1/2 innings if the home team is winning.
 19. The visiting team shall occupy 1st base and have infield from 5:30PM-5:45PM. The home team shall occupy 3rd base and have infield from 5:45PM-6:00PM.
 20. The home team is responsible for setting out the bases and bringing the bases in off the field and making sure that bases and Umpire gear are secured in the lock box located at each field. At Carl Eck & Lexington Park, bases must be brought to the building.
 21. Home teams are the official pitch counters for each game.

22. **Rule 1.10 – Baseball**

The bat must be a baseball bat which meets the USA Baseball Bat standard (USABat) as adopted by Little League. It shall be a smooth, rounded stick, and made of wood or of material and color tested and proved acceptable to the USA Baseball Bat standard (USABat).

Beginning with the 2018 season, non-wood and laminated bats used in the Little League (Majors) and below, shall bear the USA Baseball logo signifying that the bat meets the USABat – USA Baseball's Youth Bat Performance Standard. All BPF – 1.15 bats will be prohibited beginning with the 2018 season & moving forward. Additionally, starting in 2018, the bat diameter shall not exceed 2⁵/₈ inches for these divisions of play. Additional information is available at LittleLeague.org/batinfo.

It shall not be more than 33 inches in length, and if wood, not less than fifteen-sixteenths (15/16) inches in diameter (7/8 inch for bats less than 30") at its smallest part. Wood bats taped or fitted with a sleeve may not exceed sixteen (16) inches from the small end.

NOTE: Solid one-piece wood barrel bats do not require a USA Baseball logo.

AAA Baseball (continued)

23. Use of the traditional batting donut is not permissible.
24. An illegal bat must be removed. Any bat that has been altered shall be removed from play. An **ILLEGAL BAT** is a bat that has been altered or a bat that is not approved for play because it does not meet specifications with regard to length, weight, barrel diameter, labeling or performance standard for the division in which it is used. **Summary and Implementation:** For the 2019 season, this defines an illegal bat for the purpose of rule 6.06(d). As a result, a bat that is, for instance, cracked or damaged because of normal use, would not be considered “illegal” and could not result in the batter being called out for using it, but it still must be removed from play.
- ***With the new change in bats from 2018, All coaches must check before each game to make sure their own players have legal bats. If a player uses an illegal bat, then the coach of the player will be ejected from the game.*****
25. A batter is out for illegal action when - (d) The batter enters the batter’s box with one or both feet entirely on the ground with an illegal bat (see bat specifications rule 1.10) or is discovered having used an illegal bat prior to the next Player entering the batter’s box. **Note:** If the infraction is discovered before the next Player enters the batter’s box following the turn at bat of the Player who used an illegal bat: 1) The manager of the defense may advise the plate Umpire of a decision to decline the penalty and accept the play. Such election shall be made immediately at the end of the play. 2) For the first violation, the offensive team will lose one eligible adult base Coach for the duration of the game. 3) For the second violation, the manager of the team will be ejected from the game. Any subsequent violation will result in the newly designated manager being ejected.
26. Players are not allowed to wear jewelry during games or practices. An exception to this rule is for medical alert jewelry.

Be a Good Neighbor!

Our organization has a wonderful relationship with the cities who own the parks we use and the residents who surround those parks. This relationship is a main reason for our success in providing the best opportunities available for our participants. Please remember to be a good neighbor when at the fields. You can do this by leaving the fields in the same - or better - shape than they were before your time there by picking up any litter in the area, making sure the fields are clear of equipment and that bases are put away in lockboxes, and by respecting the private property boundaries of the residents surrounding the field by not intruding into private yards or using private driveways for parking or turn-around points. CLLL, the cities who own the parks and perhaps most importantly, our friends and neighbors who live adjacent to the fields appreciate your consideration and thank you for being good neighbors!

INTERNATIONAL BASEBALL

Dates to Remember

Saturday March 2nd	Tryouts 10/11/12 yr. old
Mon. March 18th	Team Draft/ Equipment Handout 6:00PM
Mon. March 25th	Mandatory Coach First Aid Clinic & Twins Lottery 6:00PM - 9:00PM
Thurs. March 28th	Team Parent Meeting 7:00PM - 9:00PM
Sat. April 13th	Park Clean Up Day
Back up date is 4/20	if inclement weather on 4/13
Tues. April 16th	Mandatory Coach Meeting 6:00pm
Sun. April 28th	Home Opener
Fri. May 10th	MN Twin Night
Sat. May 18th	Picture Day
July 6th-20th	Dist. 2 10 All-Star Tournament
July 22-Aug. 3	Lexington/Carl Eck Metro Classic All-Star
July 24th-30th	Lexington/Carl Eck State Tournament Site TBD

All Dates Subject to Change

League Rep

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Vice President

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Player Agent

Mike Marso 651-482-1047

Director of Operations

Patrick Mahr 651-357-2742



LEAGUE RULES INTERNATIONAL BASEBALL

1. Age limit for International Baseball is 10, 11, & 12 years old as of August 31, 2019.
2. ***All Players must play at least 4 innings in the field, with a minimum of 2 innings infield play.***
3. ***Batting will be round-robin.*** No line up changes are allowed after the start of the game.
4. Duration of games will be 6 innings. No new innings to start after 2 hours. Innings started should be completed unless darkness sets in, then the score will revert to the last complete inning (darkness is at Umpire/Coaches discretion).
During regular season: 5 runs scored or 3 outs ends an inning.
During playoffs: No run maximum in last inning.
5. All Coaches will be responsible to organize 90 minutes of practice time per week.
6. All Players to be drafted must go through the tryouts and remain on the eligible Player agent list for the duration of the season.
7. ***Players must notify their Coach when going on vacation, to hockey camp, basketball camp, etc., 1 week prior to leaving.***
8. A team will be comprised of **9 Players** in the field.



International League (continued)

9. Pitching:

- Any Player on a regular season team may pitch. (NOTE: There is no limit to the number of pitchers a team may use in a game.)
- The Manager must remove the pitcher when said pitcher reaches the limit of 75 pitches per day, but the pitcher may remain in the game at another position (not as catcher).
 - If a Player pitches 66 or more pitches in a day, four (4) calendar days of rest must be observed.
 - If a Player pitches 51 - 65 pitches in a day, three (3) calendar days of rest must be observed.
 - If a Player pitches 36 - 50 pitches in a day, two (2) calendar days of rest must be observed.
 - If a Player pitches 21 - 35 pitches in a day, one (1) calendar day of rest must be observed.
 - If a Player pitches 1-20 pitches in a day, no (0) calendar day of rest is required.
 - A Player may not pitch in more than one game in a day.

NOTES:

a. The withdrawal of an ineligible pitcher after the pitcher is announced, or after a warm-up pitch is delivered, but before that Player has pitched a ball to a batter, shall not be considered a violation. Little League officials are urged to take precautions to prevent protests. When a protest situation is imminent, the potential offender should be notified immediately.

b. Pitches delivered in games declared "Regulation Tie Games" or "Suspended Games" shall be charged against pitcher's eligibility.

c. In suspended games resumed on another day, the pitcher of record at the time the game was halted may continue to pitch to the extent of their eligibility for that day, provided said pitcher has observed the required days of rest.

- A Player who has been removed as a pitcher and has 41 or more pitches in a game is prohibited from playing the position of catcher for the remainder of that day.

10. No Player shall be allowed to play more than 9 outs at the same position during any regular season or playoff games except the pitcher.
11. Catching: Each Player may catch only 3 innings per game.
12. If a team is short Players and does not have enough Players to field a team to play, the Coach may add Players from a team at the same level or a level below during regular season play.
13. Unsportsmanlike conduct will not be tolerated. All incidents should be reported for Board review.
14. **Opposing teams and Coaches will shake hands with each other and with the Umpire after the game.**

International League (continued)

15. The home team is responsible for bringing the bases in off the field and making sure that bases and Umpire gear are secured in the lock box located at each field. At Carl Eck and Lexington Park, bases must be brought to the building.

16. **Home team is responsible for score board operation at Carl Eck and Lions fields.**

17. Home teams are the official pitch counters for each game.

18. Rule 1.10 – Baseball

The bat must be a baseball bat which meets the USA Baseball Bat standard (USABat) as adopted by Little League. It shall be a smooth, rounded stick, and made of wood or of material and color tested and proved acceptable to the USA Baseball Bat standard (USABat).

Beginning with the 2018 season & moving forward, non-wood and laminated bats used in the Little League (Majors) and below, shall bear the USA Baseball logo signifying that the bat meets the USABat – USA Baseball’s Youth Bat Performance Standard. All BPF – 1.15 bats will be prohibited beginning with the 2018 season. Additionally, starting in 2018, the bat diameter shall not exceed 2 $\frac{5}{8}$ inches for these divisions of play. Additional info. is available at LittleLeague.org/batinfo.

It shall not be more than 33 inches in length, and if wood, not less than fifteen-sixteenths (15/16) inches in diameter (7/8 inch for bats less than 30”) at its smallest part. Wood bats taped or fitted with a sleeve may not exceed sixteen (16) inches from the small end.

NOTE: Solid one-piece wood barrel bats do not require a USA Baseball logo

19. Use of the traditional batting donut is not permissible.

20. An illegal bat must be removed. Any bat that has been altered shall be removed from play. An **ILLEGAL BAT** is a bat that has been altered or a bat that is not approved for play because it does not meet specifications with regard to length, weight, barrel diameter, labeling or performance standard for the division in which it is used. **Summary and Implementation:** For the 2019 season, this defines an illegal bat for the purpose of rule 6.06(d). As a result, a bat that is, for instance, cracked or damaged because of normal use, would not be considered “illegal” and could not result in the batter being called out for using it, but it still must be removed from play.*****With the new change in bats, All coaches must check before each game to make sure their own players have legal bats. If a player uses an illegal bat, then the coach of the player will be ejected from the game.*****

21. The visiting team shall occupy 1st base and have infield from 5:00PM-5:30PM. The home team shall occupy 3rd base and have infield from 5:30PM-6:00PM. There are some Friday and Sunday night games against SAYB (Shoreview Area Youth Baseball) at Lexington Park.

22. A batter is out for illegal action when - (d) The batter enters the batter’s box with one or both feet entirely on the ground with an illegal bat (see bat specifications rule 1.10) or is discovered having used an illegal bat prior to the next Player entering the batter’s box. **Note:** If the infraction is discovered before the next Player enters the batter’s box following the turn at bat of the Player who used an illegal bat : 1) The manager of the defense may advise the plate Umpire of a decision to decline the penalty and accept the play. Such election shall be made immediately at the end of the play. 2) For the first violation, the offensive team will lose one eligible adult base Coach for the duration of the game. 3) For the second violation, the manager of the team will be ejected from the game. Any subsequent violation will result in the newly designated manager being ejected.

23. Players are not allowed to wear jewelry during games or practices. An exception to this rule is for medical alert jewelry.

AMERICAN LEAGUE BASEBALL

League Rep

Tony Dagostino 612-636-0854

Vice President

Tony Dagostino 612-636-0854

Player Agent

Mike Marso 651-482-1047

Director of Operations

Patrick Mahr 651-357-2742

Dates to Remember

Sat. March 2nd	Tryouts 10/11/12
Wed. March 6th	Draft/Equipment Handout 6:00PM
Mon. March 25th	Mandatory Coaches First Aid Clinic/Twins Lottery 6:00PM - 9:00PM
Thurs. March 28th	Team Parent Meeting 7:00PM - 9:00PM
Sat. April 13th	Park Clean Up Day *Back up date is 4/20 if inclement weather on 4/13.*
Mon. April 15th	Mandatory Coach Meeting- 6:00PM
Sun. April 28th	Opener - Carl Eck Park
Fri. May 10th	MN Twins Night
Sat. May 18th	Picture Day
July 13th-27th	Dist. 2 Majors All-Star Tournament- Parkway
July 22-Aug. 3	Metro All-Star Tournament
July 24th-30th	State Tournament Site TBD

All Dates Subject to Change

LEAGUE RULES AMERICAN BASEBALL

1. Age limit for American Baseball is 10/11/12 years old as of August 31, 2019.
2. *All Players must play at least 4 innings in the field, with a minimum of 2 innings infield play.*
3. *Batting will be round-robin.* No line up changes are allowed after the start of the game.
4. Duration of games will be 6 innings.
5. 3 outs ends an inning. NO 5 run rule.
6. All Players to be drafted must go through the tryouts and remain on the eligible Player agent list for the duration of the season.
7. All Coaches will be responsible to organize 90 minutes of practice time per week.
8. *Players must notify their Coach when going on vacation, to hockey camp, basketball camp, etc., one week prior to leaving.*



American League (continued)

8. Pitching:

- Any Player on a regular season team may pitch. (**NOTE:** There is no limit to the number of pitchers a team may use in a game.)
- The manager must remove the pitcher when said pitcher reaches the limit of 85 pitches per day, but the pitcher may remain in the game at another position (not as catcher).
 - If a Player pitches 66 or more pitches in a day, four (4) calendar days of rest must be observed.
 - If a Player pitches 51 - 65 pitches in a day, three (3) calendar days of rest must be observed.
 - If a Player pitches 36 - 50 pitches in a day, two (2) calendar days of rest must be observed.
 - If a Player pitches 21 - 35 pitches in a day, one (1) calendar day of rest must be observed.
 - If a Player pitches 1-20 pitches in a day, no (0) calendar day of rest is required.
 - A Player may not pitch in more than one game in a day.

NOTES:

a. The withdrawal of an ineligible pitcher after the pitcher is announced, or after a warm-up pitch is delivered, but before that Player has pitched a ball to a batter, shall not be considered a violation. Little League officials are urged to take precautions to prevent protests. When a protest situation is imminent, the potential offender should be notified immediately.

b. Pitches delivered in games declared “Regulation Tie Games” or “Suspended Games” shall be charged against pitcher’s eligibility.

c. In suspended games resumed on another day, the pitcher of record at the time the game was halted may continue to pitch to the extent of their eligibility for that day, provided said pitcher has observed the required days of rest.

- A Player who has been removed as a pitcher and has 41 or more pitches in a game is prohibited from playing the position of catcher for the remainder of that day.

9. No Player shall be allowed to play more than 9 outs at the same position during any regular season or playoff games game except the pitcher.

10. Catching:

- Each Player may catch only 3 innings per game.

11. If a team is short Players and does not have enough Players to field a team to play, the Coach may add Players from a team at the same level or a level below.

12. Unsportsmanlike conduct will not be tolerated. All incidents should be reported for Board review.

- 13. Opposing teams and Coaches will shake hands with each other and with the Umpire after the game.**

American League (continued)

14. The home team is responsible for bringing the bases in off the field and making sure that bases and Umpire gear are secured in the lock box located at each field. At Carl Eck and Lexington Park, bases must be brought to the building.
15. **Home team is responsible for score board operation at Carl Eck and Lions fields.**
16. Home teams are the official pitch counters for each game.
17. The visiting team shall occupy 1st base and have infield from 5:00PM-5:30PM. The home team shall occupy 3rd base and have infield from 5:30PM-6:00PM.

18. Rule 1.10 – Baseball

The bat must be a baseball bat which meets the USA Baseball Bat standard (USABat) as adopted by Little League. It shall be a smooth, rounded stick, and made of wood or of material and color tested and proved acceptable to the USA Baseball Bat standard (USABat).

Beginning with the 2018 season, non-wood and laminated bats used in the Little League (Majors) and below, shall bear the USA Baseball logo signifying that the bat meets the USABat – USA Baseball’s Youth Bat Performance Standard. All BPF – 1.15 bats will be prohibited beginning with the 2018 season. Additionally, starting in 2018, the bat diameter shall not exceed 2 $\frac{5}{8}$ inches for these divisions of play. Additional information is available at LittleLeague.org/batinfo.

It shall not be more than 33 inches in length, and if wood, not less than fifteen-sixteenths (15/16) inches in diameter (7/8 inch for bats less than 30”) at its smallest part. Wood bats taped or fitted with a sleeve may not exceed sixteen (16) inches from the small end.

NOTE: Solid one-piece wood barrel bats do not require a USA Baseball logo

19. Use of the traditional batting donut is not permissible.
20. An illegal bat must be removed. Any bat that has been altered shall be removed from play. An **ILLEGAL BAT** is a bat that has been altered or a bat that is not approved for play because it does not meet specifications with regard to length, weight, barrel diameter, labeling or performance standard for the division in which it is used. **Summary and Implementation:** For the 2018 season and moving forward, this defines an illegal bat for the purpose of rule 6.06(d). As a result, a bat that is, for instance, cracked or damaged because of normal use, would not be considered “illegal” and could not result in the batter being called out for using it, but it still must be removed from play.

*****With the new change in bats, All coaches must check before each game to make sure their own players have legal bats. If a player uses an illegal bat, then the coach of the player will be ejected from the game.*****

21. A batter is out when (1) a third strike is legally caught by the catcher; (2) a third strike is not caught by the catcher when first base is occupied before two are out.
22. A batter is out for illegal action when - (d) The batter enters the batter’s box with one or both feet entirely on the ground with an illegal bat (see bat specifications rule 1.10) or is discovered having used an illegal bat prior to the next Player entering the batter’s box. **Note:** If the infraction is discovered before the next Player enters the batter’s box following the turn at bat of the Player who used an illegal bat : 1) The manager of the defense may advise the plate Umpire of a decision to decline the penalty and accept the play. Such election shall be made immediately at the end of the play. 2) For the first violation, the offensive team will lose one eligible adult base Coach for the duration of the game. 3) For the second violation, the manager of the team will be ejected from the game. Any subsequent violation will result in the newly designated manager being ejected.
22. Players are not allowed to wear jewelry during games or practices. An exception to this rule is for medical alert jewelry.

NATIONAL LEAGUE BASEBALL

League Rep

Tony Dagostino 651-636-0854

Vice President

Tony Dagostino 651-636-0854

Player Agent

Mike Marso 651-482-1047

Director of Operations

Patrick Mahr 651-357-2742

Dates to Remember

Sat. March 2nd	Tryouts 10/11/12
Wed. March 4th	Draft/Equipment Handout 6:00PM
Mon. March 25th	Mandatory Coaches First Aid Clinic/Twins Lottery 6:00PM - 9:00PM
Thurs. March 28th	Team Parent Meeting 7:00PM - 9:00PM
Sat. April 13th	Park Clean Up Day *Back up date is 4/20 if inclement weather on 4/13.*
Mon. April 15th	Mandatory Coach Meeting- 6:00PM
Fri. April 26th	Opener - Carl Eck Park
Fri. May 10th	MN Twins Night
Sat. May 18th	Picture Day
July 6th-20th	Dist. 2 12 yr. old All-Star Tournament
July 6th-20th	Dist. 2 11 yr. old All-Star Tournament
July 24th-30th	State Tournament Site TBD

All Dates Subject to Change

LEAGUE RULES NATIONAL BASEBALL

- Age limit for Major Baseball is 11 & 12 years old as of August 31, 2019.
10 year old 5th graders may play up.
- All Players must play at least 4 innings in the field, with a minimum of 2 innings infield play. Batting will be round-robin.** No line up changes are allowed after the start of the game.
All Players to be drafted must go through the tryouts.
- Players must notify their Coach when going on vacation, to hockey camp, basketball camp, etc., one week prior to leaving.**
- Pitching:**
 - Any Player on a regular season team may pitch. (NOTE: There is no limit to the number of pitchers a team may use in a game.)
 - The manager must remove the pitcher when said pitcher reaches the limit of 85 pitches per day, but the pitcher may remain in the game at another position (not as catcher).
 - If a Player pitches 66 or more pitches in a day, four (4) calendar days of rest must be observed.
 - If a Player pitches 51 - 65 pitches in a day, three (3) calendar days of rest must be observed.
 - If a Player pitches 36 - 50 pitches in a day, two (2) calendar days of rest must be observed.
 - If a Player pitches 21 - 35 pitches in a day, one (1) calendar day of rest must be observed.
 - If a Player pitches 1-20 pitches in a day, no (0) calendar day of rest is required.
 - A Player may not pitch in more than one game in a day.

National League (continued)

NOTES:

a. The withdrawal of an ineligible pitcher after the pitcher is announced, or after a warm-up pitch is delivered, but before that Player has pitched a ball to a batter, shall not be considered a violation. Little League officials are urged to take precautions to prevent protests. When a protest situation is imminent, the potential offender should be notified immediately.

b. Pitches delivered in games declared “Regulation Tie Games” or “Suspended Games” shall be charged against pitcher’s eligibility.

c. In suspended games resumed on another day, the pitcher of record at the time the game was halted may continue to pitch to the extent of their eligibility for that day, provided said pitcher has observed the required days of rest.

- A Player who has been removed as a pitcher and has 41 or more pitches in a game is prohibited from playing the position of catcher for the remainder of that day.

6. **Catching:**

- Each Player may catch only 3 innings per game.

7. Unsportsmanlike conduct will not be tolerated. All incidents should be reported for Board review.

8. **Opposing teams and Coaches will shake hands with each other and with the Umpire after the game.**

9. The home team is responsible for bringing the bases in off the field and making sure that bases and Umpire gear are secured in the lock box located at each field. At Carl Eck & Lexington Park, bases must be brought to the building.

10. **Home team is responsible for score board operation at Carl Eck and Lions fields.**

11. Home teams are the official pitch counters for each game.

12. All Coaches will be responsible to organize 90 minutes of practice time per week.



National League (continued)

13. Rule 1.10 – Baseball

The bat must be a baseball bat which meets the USA Baseball Bat standard (USABat) as adopted by Little League. It shall be a smooth, rounded stick, and made of wood or of material and color tested and proved acceptable to the USA Baseball Bat standard (USABat).

Beginning with the 2018 season, non-wood and laminated bats used in the Little League (Majors) and below, shall bear the USA Baseball logo signifying that the bat meets the USABat – USA Baseball’s Youth Bat Performance Standard. All BPF – 1.15 bats will be prohibited beginning with the 2018 season. Additionally, starting in 2018, the bat diameter shall not exceed 2 $\frac{5}{8}$ inches for these divisions of play. Additional information is available at LittleLeague.org/batinfo.

It shall not be more than 33 inches in length, and if wood, not less than fifteen-sixteenths (15/16) inches in diameter (7/8 inch for bats less than 30”) at its smallest part. Wood bats taped or fitted with a sleeve may not exceed sixteen (16) inches from the small end.

NOTE: Solid one-piece wood barrel bats do not require a USA Baseball logo

14. Use of the traditional batting donut is not permissible.

15. An illegal bat must be removed. Any bat that has been altered shall be removed from play. An **ILLEGAL BAT** is a bat that has been altered or a bat that is not approved for play because it does not meet specifications with regard to length, weight, barrel diameter, labeling or performance standard for the division in which it is used.

*****With the new change in bats, All coaches must check before each game to make sure their own players have legal bats. If a player uses an illegal bat, then the coach of the player will be ejected from the game.*****

Summary and Implementation: For the 2018 season and moving forward, this defines an illegal bat for the purpose of rule 6.06(d). As a result, a bat that is, for instance, cracked or damaged because of normal use, would not be considered “illegal” and could not result in the batter being called out for using it, but it still must be removed from play.

16. A batter is out when (1) a third strike is legally caught by the catcher; (2) a third strike is not caught by the catcher when first base is occupied before two are out.

17. A batter is out for illegal action when - (d) The batter enters the batter’s box with one or both feet entirely on the ground with an illegal bat (see bat specifications rule 1.10) or is discovered having used an illegal bat prior to the next Player entering the batter’s box.

Note: If the infraction is discovered before the next Player enters the batter’s box following the turn at bat of the Player who used an illegal bat : 1) The manager of the defense may advise the plate Umpire of a decision to decline the penalty and accept the play. Such election shall be made immediately at the end of the play. 2) For the first violation, the offensive team will lose one eligible adult base Coach for the duration of the game. 3) For the second violation, the manager of the team will be ejected from the game. Any subsequent violation will result in the newly designated manager being ejected.

18. Players are not allowed to wear jewelry during games or practices. An exception to this rule is for medical alert jewelry.

19. The visiting team shall occupy 1st base and have infield from 5:00PM-5:30PM.
The home team shall occupy 3rd base and have infield from 5:30PM-6:00PM.

League Rules 10U-12U-14U-16U-18U Softball (continued)

15. Pitch Delivery:

- *A pitch must start with both feet touching the rubber.
- *A pitcher cannot step back off the rubber in the process of delivering a pitch; she can only step forward (this limits rocking).
- *The pitcher gets set on the rubber with her hands apart. Once the hands come together, the pitch must start and be delivered.
- *A pitcher is allowed only 2 revolutions of her throwing arm before delivering the pitch.
- *A pitcher must drag her back foot upon breaking contact with the rubber. (No crow hop.)

Pitching Distance:

10U	35 feet
12U	40 feet
14U+	43 feet

16. Dropped Third Strike Rule:

Runners may attempt to steal first base on a dropped third strike. With bases loaded, the runner cannot advance on a dropped third strike, unless two outs already exist.

10U Specific Rules

**10U will follow the same rules as the older age groups with the following exception: Teams are limited to five runs per inning. The last batter will be considered the third out.



SILVER BULLETS SOFTBALL

10U-12U-14U-16U-18U



LEAGUE RULES

1. Age limit is as of December 31, 2018 for appropriate team.
2. Umpires provided by the League.
3. Game duration will be two 65 minute games (double header) or 7 innings each.
4. **Opposing teams and Coaches will shake hands with each other and with the Umpire after the game.**
5. Weekend tournaments are determined by each individual team, additional cost of tournaments to be split amount the Players.
6. The local team is responsible for bringing the bases in off the field and making sure that bases and Umpire gear are secured in the lock box located at each field. At Lexington Park bases must be brought to the building.
7. Centennial teams will be responsible for operating the scoreboard at Lexington fields 1, 2 & 3.
8. Dugouts are first come first serve.
9. All Players will be drafted and must try-out.
10. No jewelry to be worn by Players.
11. **Base Stealing:**
A base runner may leave the base she occupies only after the ball leaves the pitcher's hand.
12. **Bunting:**
Bunting is legal at anytime. If a batter has 2 strikes and bunts a foul, that is considered a strike and the batter is out.
13. **Overthrows:**
*There is no rule about "one base per overthrow". When a ball is put into play by the batter and it does not go out of play, the play is live and the runner may advance as far as possible.
*When a overthrow goes out of play, the 1 + 1 rule applies. The runner is awarded the base she was running toward plus 1 base.
14. **Pitcher has the ball in the circle:**
*A runner must commit to a base as soon as the pitcher receives the ball and is in the circle. The runner can continue in a forward manner as long as she wants, but if she fakes toward a base and then reverses, she is out.
*If a runner stops between bases while the pitcher has the ball in the circle, she must return to the previous base.
*If the pitcher, after having the ball in the circle, makes any attempt to make a play, including a fake throw, the runner is then free to try to advance to the next base.

SILVER BULLETS SOFTBALL



Dates to Remember 8U

Sun. February 10th	St. Catherine's Softball Clinic 10:00AM-2:00PM
Sat. March 2nd	Evaluation 8U
Thurs. March 7th	Team Selection/ Equip Handout 6:00PM - 9:00PM
Mon. March 25th	Mandatory Coaches First Aid Clinic/ Twins Lottery 6:00PM - 9:00PM
Thurs. March 28th	Team Parent Meeting 7:00PM - 9:00PM
Sat. April 13th	Park Clean Up Day 10:00AM-12:00PM
Back up date is 4/20 if inclement weather on 4/13	
Mon. April 22nd	Mandatory Coach Meeting— 7:15pm
Sun. April 28th	Opener - Lexington Park
Fri. May 10	MN Twins Night
Sat. May 18th	Picture Day

All Dates Subject to Change

Dates to Remember 10U-12U-14U-16U-18U

Sun. February 10th	St. Catherine's Softball Clinic 10:00am - 2:00PM
Wed. Feb. 20th	Pitcher/Catcher Tryouts 12U/14U only 6:00PM- 9PM
Thurs. Feb 21st	Pitcher/Catcher Tryouts 10U Only 6:00PM- 9PM
Sunday Feb 24th	General Tryouts All Ages 12:00PM-5:00PM
Mon. March 25th	Mandatory Coaches' First Aid Clinic/Twins Lottery 6:00PM - 9:00PM
Thurs. March 28th	Team Parent Meeting 7:00PM - 9:00PM
Sat. April 13th	Park Clean Up Day 10:00AM - 12:00PM
Back up date is 4/20 if inclement weather on 4/13.	
Tues. April 23rd	10U,12U,14U & 16U Coach Meeting 6:00PM
Fri. April 26th	10U Opener - Lexington
Sat. April 27th	12U Opener- Lexington
Fri. May 10th	MN Twins Night
Sat. May 18th	Picture Day

All Dates Subject to Change



SILVER BULLETS 8U SOFTBALL



LEAGUE RULES

- Age limits for 8U Softball are 6, 7, & 8 year olds by December 31, 2018.
- Coaches determine rain-outs by mutual agreement at game time on the field.
- Game consists of five innings or NO New inning after 75 min. of play.
- Three outs or 5 runs scored ends an inning. When a Player is out, she must return to the bench.
- Opposing teams and Coaches will shake hands with each other and the Umpire after the game.
- The home team is responsible for bringing the bases in and off of the field from the building at Lexington Field.
- Players must wear the uniform provided and as directed by the League.
- There is interleague play with WBL & Mahtomedi Fastpitch League.

Game Rules:

- Games will be Coach pitch with pitching at 35 feet from home plate.
- **Games will consist of 5 innings or no new inning after 75 minutes.**
- Batters, base runners, and on deck batters must wear helmets at all times.
- Catchers must wear full gear (helmets w/mask, chest protector, and shin pads).
- Games will be played with 10 Players on the field but can play with as low as 7 Players.
- One Umpire will be provided for each game. Home team is responsible for an Emergency Umpire if needed.
- Players bat in a continuous order, if a Player comes late they are to be placed at the end of the batting order. No one will hit twice until everyone has hit once.
- **Players can only play each position a maximum of 3 innings per game, and they must play at least one inning in both the infield and outfield.**
- No stealing is allowed. Runner is to remain on base until ball and bat make contact (**NO LEADING OFF**)
- Only batter and batter on deck should be swinging bats.
- Collision avoidance is MANDATORY! Sliding is recommended but not required.
- An Umpire may call a girl out if she could have avoided a collision.
- Overthrows: no advancement on overthrows.
- There are NO walks. The Player can either strike out or hit the ball into play. (A total of 6 pitches will be pitched to each Player only.) **May**– A player will receive all 6 pitches no matter how many they swing at. **June**- A player can strike out before the 6th pitch by swinging only. After 6 pitches it is considered an out.
- The Coach is not allowed to field a ball.

Hitting Rules:

- Squaring up and bunting is not allowed.
- Throwing of the bat results in a warning for the first offense and the next time the Player will be called out. A bat is deemed thrown when the bat hits another Player or if it flies eight feet or more.
- When the ball is in the infield (dirt), Coaches MUST stop base runners from continuing to advance anymore bases.
- The Players can run the bases until the ball is in the infield (dirt).

Fielding Rules:

- The infield fly rule doesn't apply, unless the fielder drops ball on purpose.
- **ONLY 6 infielders allowed! The other 4 players must be in outfield positions. Outfielders should not be covering bases unless they are backing up a play being made in the infield.** This will be called at umpire's discretion.

SILVER BULLETS SOFTBALL BOARD

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Centennial

SILVER BULLETS
FASTPITCH

To: All Parents of Centennial Silver Bullets Fastpitch Softball

Subject: Message from your President

On behalf of Centennial Silver Bullets Fastpitch League we want to welcome you to the 2019 Softball Season. The cooperative effort of this organization has produced one of the best youth softball programs in the country and we are glad that your child will be part of it. It is our intention to serve you with the most effective leadership possible in order to sustain the quality of this recreational experience. It is this goal that mandates the highest standards with respect to our Coaches, the outstanding facilities, and the overall safety of the program.

Our success over the years has come from the active participation of the parents in all areas of our program. Because of their unselfish commitment, the youth of this area are able to play in wonderful facilities. Facility enhancements are made possible by our generous sponsors and the support of our concession stands.

This past season we enjoyed a successful year with teams from all levels making it to State & Nationals! Our 10U Reff Fall team earned a plaque at the 10U Fall State Tournament for taking Consolation Runner-Up in Tier 1, and so did our 10U Johnson Fall team for taking Consolation Champions in Tier 10. Way to go ladies!

Our teams placed in many tournaments along the way, and Congratulations to all of our teams for playing hard and having fun!

The Silver Bullets 8U program was very strong this past year. We had 6 teams who interleague played with White Bear Lake & Mahtomedi. The program continues to develop and get stronger each and every year. Our numbers continue to grow at 8U and we will be having even more teams for 2019! We had another great season in our Fall League program this past year which included WBL, Mahtomedi, Soderville, Chisago, and Forest Lake. This went very well with lots of learning and FUN!! . Congratulations to our 8U Green team for taking 1st place Champions in our annual 8U tournament! We also had our 8U Lime team place 2nd, and our 8U Royal team place 3rd! Way to go ladies!

A list of the 2019 Board of Directors and League Representatives is contained in this handbook. Contact any Board Member for more information concerning how you can help in 2019. Together with your help we can work to provide your child with an excellent softball experience this spring/summer.

**Silver Bullets Fastpitch
Patrick Mahr, President**