



Welcome to Campbell Girls Fastpitch Softball!

The Campbell Girls Fastpitch Board would like to welcome your daughter and your family to our league. CGFS goal is teaching girls ages 5-17 life lessons in competition and teamwork, while learning the fundamentals of softball and developing valuable relationships that last a lifetime.

Our league focuses on empowering girls through teamwork, competition, sportsmanship and confidence. The league is an entirely volunteer managed, 501 (C) non-profit.

This packet is to help you as a parent understand the expectations we have for the league, our players and our parents.

### **Team Formation:**

All 12U players will be evaluated. The league holds these evaluations to make sure that teams are balanced so all girls get the best playing experience.

Evaluations will be run by coaches from other divisions so that the 12U Division coaches can observe and take notes. Evaluations will consist of warm-ups, throwing, catching, hitting and running. Those players interested in pitching and/or catching will be asked to stay after evaluations to show those skills.

Once all evaluations have been done, coaches will gather and have a draft for each division to select players. Girls will be notified by either email or phone call by their coach by February 1 about team assignments and practice days.

### **Equipment:**

CGFS provides a shirt (jersey) and socks. We will no longer be providing visors. Most girls do not wear them. If your daughter wants a visor, there will be an opportunity to purchase one for her. In addition we also provide for games: fields, bases, balls and catcher's gear. Players are required to provide their own softball glove, cleats and softball pants. We have a few batting helmets and bats for players to use but players

are highly encouraged to provide their own. Cleats must be softball or soccer cleats with plastic or rubber bottoms. No metal cleats allowed.

If you choose to get additional equipment please use the following guidelines:

Batting Helmets: we do encourage each player to have their own helmet in order to help prevent lice. Helmets must have a face mask.. Helmets should also fit properly and not be loose. Please do not use a marker to write your players name directly on the inside/outside the helmet. Use a piece of tape and write their name on that if you feel it is necessary.

Bats: While CGFS has a few bats to share, most girls benefit by having their own bat. Bats must be fastpitch softball bats with ASA Approved with a 2004 or newer date sticker on the bat. If you are unsure about what type and/or size to get your daughter, please ask your coach for some recommendations.

Fielders Mask-Fielders masks are required for infielders and strongly encouraged for all players.

Games:

12U plays Interleague for rec games. Interleague consists of softball leagues from all over the South Bay. Game locations and days/times will be determined by the Interleague board. Some games may be as far away as Palo Alto or Morgan Hill, but these games are usually reserved for weekends to allow for travel time. Please check with your coach and team parent about game locations.

### **Player Expectations:**

Players are expected to conduct themselves in a sportsmanlike manner. They are expected to be respectful to their coaches, teammates and other players. Players are expected to be on time and come to every practice and game. We understand that family and school commitments come first. If your daughter is unable to make a practice or game, please communicate with your Head Coach and let them know when you will be missing days. Be sure to keep your availability updated on your team share site.

Players are expected to arrive at practice ready to play which includes proper attire (sweats or softball pants- NO SHORTS...for safety) cleats and a glove. For games, players are expected to be in full uniform.

For the 12U division, here is a basic outline of the number of practices and games per week.

| Division | Events per week | Practice Days | Practice length | Games per week | Game Length | Game Days           |
|----------|-----------------|---------------|-----------------|----------------|-------------|---------------------|
| 12U      | 4               | 2             | 2 hours         | 2              | 1 ½ hours   | Thursday & Saturday |

Cell phones, tablets and other electronic devices are not allowed in the dugouts. We ask if your daughter has a phone, we ask that they keep it in their bag and refrain from using it at practices and games.

#### **Parent Expectations:**

CGFS is an entirely volunteer managed, 501 (C) non-profit. Our league success is because of the parent volunteers. All positions from the Board, coaches and snack shack are all non-paid volunteer positions.

Every family who has a player registered to play in the spring is EXPECTED to work a league field cleanup day, two (2) snack shack shifts this season and help with field preps before and after games and help with the cleanup of the fields. Field cleanup day is set for a date to be determined (TBD).

A signup sheet will go out before the start of the season to sign up for your required snack shack shifts. If you do not want to work the required snack shack shifts, you can opt out and forfeit your \$125 snack shack deposit. For those who plan to work, you will have two weeks to sign up for your desired times and days to work. After two weeks, we will close the signup sheet and automatically assign days and times that you will be required to work. Failure to show up to your assigned shift will cause you to forfeit your \$100 snack shack deposit. More information about signups and opt outs will be provided to you via your Team Parent.

Head Coaches are exempt from working the snack shack since they already do so much for the league. Deposits for those who work the snack shack will be returned at the end of the season.

#### **Behavior:**

A reminder to all softball families: This is just a game. We want every girl to learn, improve and most of all have fun while playing softball. We ask that parents be encouraging of the girls. Attached is the Code of Conduct for anyone affiliated with CGFS including players, parents, and coaches.

We ask that you refrain from any unsportsmanlike conduct and teach your daughter the same. Any player, parent or coach who violates the Code of Conduct can be suspended for two weeks up to a lifetime ban depending on the seriousness of the offense. All conduct complaints will be held in front of the Disciplinary Committee who will investigate all complaints, then make recommendations to the Board on punishment.

### **General Field Rules**

**NO DOGS** allowed at the CGFS fields.

**NO ALCOHOL** at CGFS fields. This is a state law that no alcohol is allowed on school grounds at any time.

If it is not a designated parking spot, please do not park there. Please **DO NOT PARK** in the alley between the school and fields. **DO NOT PARK** in Daycare only slots during school days. Violators will be towed. There is also no parking in the parking roundabout, in the planters or on the tan bark by the Mini Fields. If parking on the street, please be mindful of our neighbors and do not block driveways.

No jewelry. Players must remove earrings, necklaces, bracelets and rings while at practice and for games.

Players must wear proper clothes for practice and games. We ask that **NO SHORTS** be worn at practices for safety.

### **Problems or Issues:**

If you have any issues or questions, we ask that you talk with your coach or team mom first. If you still need help, please contact your division player agent: Jen Nunes:

[cgfs12uagent@gmail.com](mailto:cgfs12uagent@gmail.com)

We look forward to an exciting 2023 season!