

# DOH COACHING CLINIC-ATOMS/MITES/SQUIRTS



Tuesday, October 21st, 2025

Tire Hops-Low Level Example

Power Pulls On Lines

? skating

Corkscrew

Figure 8 Reads w/ 6 guys

Reads w/ Partner/Pressure Pockets

Figure 8 Turns and Crosses

Loading Skating-X-ice

