



MICHIGAN USA WRESTLING
Michigan's Leader in Freestyle and Greco-Roman



MUSAW Freestyle & Greco-Roman State Championships May 13th & 14th, 2022

Hosted by: Michigan USA Wrestling

Where: Mundy Sports Complex 5431 Hill 23 Drive Flint, MI 48507

Entry Fee: \$20 if pre-registered, 2nd style \$15 (pre-register at: www.trackwrestling.com)

\$40 for walk-ups, 2nd style \$30 (*Note: must have USA Card. Go to www.usawrestlingmembership.com)

Admission: \$5.00 per person – USA Leadership Members are free

Awards: Medals for top 4 placers in each style

2022 - USA MEN'S AGE DIVISIONS and WEIGHT CLASSES

AGE DIVISIONS	BIRTH DATES	FREESTYLE/GRECO MATCH TIME LIMITS	FOLKSTYLE MATCH TIME LIMITS	WEIGHT CLASSES
8U	Born 2014-2015	Two two-minute periods with 30 second rest between periods	Championship and Consolation: 3 one-minute periods	43 lbs, 45 lbs, 49 lbs, 53 lbs, 56 lbs, 62 lbs, 70 lbs, 85 lbs
10U	Born 2012-2013	Two two-minute periods with 30 second rest between periods	Championship and Consolation: 3 one-minute periods	49 lbs, 53 lbs, 56 lbs, 59 lbs, 63 lbs, 67 lbs, 71 lbs, 77 lbs, 84 lbs, 93 lbs, 105 lbs, 120 lbs
12U	Born 2010-2011	Two two-minute periods with 30 second rest between periods	Championship: 1 one-minute and 2 1:30 periods; Consolation: 3 one-minute periods	58 lbs, 63 lbs, 67 lbs, 70 lbs, 74 lbs, 78 lbs, 82 lbs, 86 lbs, 92 lbs, 98 lbs, 108 lbs, 117 lbs, 135 lbs, 160 lbs
14U	Born 2008-2009	Two two-minute periods with 30 second rest between periods	Championship: 1 one-minute and 2 1:30 periods; Consolation: 3 one-minute periods	71 lbs, 77 lbs, 83 lbs, 87 lbs, 92 lbs, 97 lbs, 102 lbs, 106 lbs, 110 lbs, 114 lbs, 119 lbs, 125 lbs, 130 lbs, 136 lbs, 149 lbs, 165 lbs, 187 lbs, 250 lbs
16U	Born 2006-2007	Two two-minute periods with 30 second rest between periods	Championship: 3 two-minute periods; Consolation: 1 one minute and 2 two-minute periods	88 lbs, 94 lbs, 100 lbs, 106 lbs, 113 lbs, 120 lbs, 126 lbs, 132 lbs, 138 lbs, 145 lbs, 152 lbs, 160 lbs, 170 lbs, 182 lbs, 195 lbs, 220 lbs, 285 lbs
USA Junior	* Born 9/1/2002 & after, plus enrolled in grades 9-12	Two three-minute periods with 30 second rest between periods	Championship: 3 two-minute periods; Consolation: 1 one minute and 2 two-minute periods	100 lbs, 106 lbs, 113 lbs, 120 lbs, 126 lbs, 132 lbs, 138 lbs, 145 lbs, 152 lbs, 160 lbs, 170 lbs, 182 lbs, 195 lbs, 220 lbs, 285 lbs

6U (2016 and younger) 32, 36, 40, 44, 48, 52, 56, 60, 60+ (max 8 lb difference)

Contacts:

Kids Director/Tournament Director:

Kids Director At Large:

Questions Regarding Officiating:

Questions Regarding Membership:

Steve Richardson srichardson@musaw.org

Nick Simmons info@saw121.com

Eric Frandsen frandsen.eric@gmail.com

Dawn Haase membershipdirector@musaw.org

Information for Officials:

- **Cannot referee your own age group**
- **Mandatory mat official's clinic will be held Friday, May 13th at 5:30 pm at the tournament site. All officials working the State Tournament must attend this clinic.**



Kids Division Schedule & Information **(6U, 8U, 10U, 12U, & 14U)**

Friday, May 13th, 2022

- **4:30 pm – 5:30 pm Registration & Weigh-Ins 6U thru Junior, Greco-Roman**
(Competitors wrestling both styles weigh in one time; must actively compete in Greco to utilize this weigh-in)
- **6:30 pm – Check charts and notify pairings of potential mistakes by 6:45 pm**
- **7:00 pm – 6U thru Juniors Greco-Roman Wrestle**

Saturday, May 14th, 2022

- **7:00 am – 7:30 am Registration & Weigh-Ins 6U thru 14U Freestyle Only**
- **8:30 am – Check charts and notify pairing of potential mistakes by 8:45 am**
- **9:00 am – 6U thru 14U Freestyle Wrestle**

Other Kids Division Information:

Freestyle State Tournament Qualification: 6U thru 14U must have wrestled one regular season MUSAW Freestyle tournament to qualify for the Freestyle State Tournament.

Hardship petition must be emailed to State Director by May 9th, 2022.

Greco-Roman State Tournament Qualification:

- **No Qualification is required for the Greco-Roman State Tournament, but must have USAW Card.**
- **Red & Blue High Cut singlets strongly recommended for 6U thru 14U. 14U National Duals Team:** see www.musaw.org for details and check in at the National table at the State tournament for the most current information.
Central Regional Championships: Kids are able to compete May 20-22 in Fort Wayne, IN in the USAW Wrestling Central Regional Championships. All 8U through 14U that attend this event are qualified for the USAW Kids National Championships in Farmington, UT June 26-28, 2022. Please refer to the website (www.musaw.org) for important details regarding the USAW Kids Nationals.
- **Additional information about the National Duals Teams and National Championships will be available at the tournament**



16U, Juniors, Open, & Masters Schedule & Information

Friday May 13th Greco

- **4:30 pm – 5:30 pm Registration & Weigh-Ins 6U thru Junior Greco-Roman**
(Competitors wrestling both styles weigh in one time; must actively compete in Greco to utilize this weigh-in)
- **5:55 pm – Check charts and notify pairing of potential mistakes by 6:15 pm**
- **6:30 pm – 16U and Juniors Greco-Roman Wrestle, up to 6 mats to start**

Saturday, May 14th Freestyle for ALL

- **7:00 am – 8:00 am Registration & Weigh-Ins Open Masters**
- **9:00 am – Open & Masters Wrestle**
- **9:30 am – 10:30 am Registration & Weigh-Ins 16U & Juniors**
- **11:00 am – Check charts and notify pairings of potential mistakes**
- **Not before 11:30 am – 16U and Junior Freestyle Wrestle**

Other 16U, Juniors, Open, & Masters Information:

- **Qualification: No pre-qualification is required for The Cadet 16U, Junior, & Open/Masters State Tournament (Freestyle & Greco-Roman).**
- **Must have USAW Card. Cards can be purchased online at www.themat.com**
- **Open/Masters Licenses (USAW Card) must be purchased online at www.usawrestlingmembership.com for \$65**
- **Red & Blue High Cut singlets strongly recommended for 16U and Junior age groups.**
- **Red & Blue High Cut singlets strongly recommended for Open/Masters age groups.**

Central Regional Championships: 16U and Juniors are able to compete at Central Regional Championships. If you place in the top 6 at Central Regionals, you are qualified for Fargo and have some seeding criteria as well.



14U, 16U & Junior National Teams:

Additional information about the National Duals Teams and National Championships will be available at the tournament.

- 1. No Deposit for duals participants- Payment deadline is Monday, May 23.**
- 2. Fargo Deposits are needed to hold qualification spots. \$50 non-refundable is required for Men and Women qualifying at the MUSAW State Tournament.**

Kids Nationals- MUSAW is ONLY structuring 14U.

- Must compete in the Central Regional to qualify for Kids Nationals**
- Athletes must compete in their assigned region to qualify for Kids Nationals. Example: Athletes from Michigan cannot qualify for Kids Nationals by competing at the Southeast Regional.**
- If athletes do not compete in the Central Regional, they must receive a Hardship Waiver from the State Chairmen.**
- Payment deadline for Kids Nationals is June 4th**

16U/Junior Nationals (Boys)

- 1-2 places in each style automatically qualify for 16U/Junior Nationals. Athletes who qualify through the State Tournament are qualified at the weight class in which they compete in at the State Tournament.**
- 1-6 places at the Central Regional Championships (Ft. Wayne, IN, May 20-22) qualify for 16U/Junior Nationals.**
- Returning (must be last season) 16U/Junior All-Americans and age group World Team Trials placewinners are automatically qualified.**
- Open slots for Fargo will be filled on a first-come, first-serve basis beginning on Monday, May 23rd.**
- Payment deadline for Fargo is June 25th**

16U/Junior Nationals (Women)

- Top 4 placement at the MUSAW State Tournament**
- Participant at Women's World Team Trials (Ft. Worth, TX, May 6-8)**
- Participant at Central Regionals (Ft. Wayne, IN, May 20-22)**
- Returning 16U/Junior All-Americans and age group World Team Trials placewinners are automatically qualified.**
- Open slots for Fargo will be filled on a first-come, first-serve, basis beginning on Monday, May 23rd.**
- Payment deadline for Fargo is June 25t**



Women's Freestyle all ages information

Saturday, May 14th, 2022

- **Qualifications – 14U and under need to participate in at least one event. NO Qualifications for 16U & Junior**

- **7:00 am – 7:30 am Registration & Weigh-Ins 6U thru 14U Freestyle Only**

- **8:30 am – Check charts and notify pairings of potential mistakes by 8:45 am**

- **9:00 am Wrestling starts 6U – 14U**

- **11:00 am – 11:30 am Registration & Weigh-Ins 16U and Junior Freestyle Only**

11:30 Check charts and notify pairings of potential mistakes by 8:45 am

- **Check charts and notify pairings of potential mistakes by 11:45 am**
- **12:00 pm Wrestling starts 16U & Junior**

2022 - USA WOMEN'S AGE DIVISIONS and WEIGHT CLASSES

AGE DIVISIONS	BIRTH DATES	FREESTYLE/GRECO MATCH TIME LIMITS	FOLKSTYLE MATCH TIME LIMITS	WEIGHT CLASSES
8U	Born 2014-2015	Two two-minute periods with 30 second rest between periods	Championship and Consolation: 3 one-minute periods	45 lbs, 50 lbs, 55 lbs, 60 lbs, 70 lbs, 85 lbs
10U	Born 2012-2013	Two two-minute periods with 30 second rest between periods	Championship and Consolation: 3 one-minute periods	50 lbs, 55 lbs, 60 lbs, 65 lbs, 70 lbs, 75 lbs, 80 lbs, 90 lbs, 100 lbs, 110 lbs
12U	Born 2010-2011	Two two-minute periods with 30 second rest between periods	Championship: 1 one-minute and 2 1:30 periods; Consolation: 3 one-minute periods	65 lbs, 70 lbs, 75 lbs, 80 lbs, 85 lbs, 90 lbs, 95 lbs, 100 lbs, 110 lbs, 120 lbs, 130 lbs, 145 lbs
14U	Born 2008-2009	Two two-minute periods with 30 second rest between periods	Championship: 1 one-minute and 2 1:30 periods; Consolation: 3 one-minute periods	72 lbs, 79 lbs, 85 lbs, 92 lbs, 97 lbs, 101 lbs, 105 lbs, 110 lbs, 119 lbs, 127 lbs, 136 lbs, 145 lbs, 185 lbs
16U	Born 2006-2007	Two two-minute periods with 30 second rest between periods	Championship: 3 two-minute periods; Consolation: 1 one minute and 2 two-minute periods	94 lbs, 100 lbs, 106 lbs, 112 lbs, 117 lbs, 122 lbs, 127 lbs, 132 lbs, 138 lbs, 144 lbs, 152 lbs, 164 lbs, 180 lbs, 200 lbs
USA Junior	** Born 9/1/2002 & after, plus enrolled in grades 9-12	Two three-minute periods with 30 second rest between periods	Championship: 3 two-minute periods; Consolation: 1 one minute and 2 two-minute periods	100 lbs, 106 lbs, 112 lbs, 117 lbs, 122 lbs, 127 lbs, 132 lbs, 138 lbs, 144 lbs, 152 lbs, 164 lbs, 180 lbs, 200 lbs, 225 lbs

Coaches Credentials:

All coaches must have the following to be allowed matside – NO EXCEPTIONS

- **Current USA Wrestling Leadership card – Printed with Picture and bar code (worn on a lanyard)**
- **Current Safesport certification & Photo ID**