

# Age and Stage of Development Focus

<u>LTPD STAGE</u>	<u>AGE</u>	<u>Playing Format</u>	<u>Focus</u>	<u>Level of Decision Making</u>
Active Start	U4/5	N/A	Physical Literacy	Individual
Fundamentals	U6	3v3	Movement with the Ball	Individual
	U7	4v4		
	U8	5v5	Sharing the Ball	Pairs Decision Making
Learn 2 Train	U9	7v7	Small Group Interaction	Small Group Decision Making
	U10	7v7		
	U11	9v9	Interaction Between Lines	
	U12	9v9		
Train 2 Train	U13	11v11	Implementing Playing Philosophy	Large Group Decision Making
	U14	11v11		
	U15	11v11	Individual Specialization Within Team Playing Style	
	U16	11v11		
Train 2 Compete	U17+	11v11	Maintain Playing Style Against Opposition	Complete Team