

***ATHLETES’ Outline…G.R.E.A.T.***

**“G”--**GET IN THE GAME

**TRUSTFUL PLAYER…**

*“Trust the Coach, Trust the System”*

I can’t. We can.

-Game Prep- ***GEAR UP + WORK OUT***

<Surrender vs Pretender>

**“R”--**RENEWABLE EFFORT

**TOUGH PLAYER…**

*“Play Hard, Play Right, Bounce back.”*

The Progress Process.

-Game On-***SKILL + WILL***

<Weight room vs Hate room>

**“E”--**ENGAGE IN TEAM

**TEAM PLAYER…**

*“Pass, and it will be Passed to you.”*

**Givers** gain**.**

-Game Shoes-***GIVE-n-GO + ASSISTS***

<Teamwork vs Team Jerk>

**“A”--**ALERT GAME SENSE

**TEACHABLE PLAYER…**

*“Read the Court, Study your Sport.”*

Ears and eyes make us wise.

-Game Experience-***THANKING EYES + THINKING EYES***

<Court Awareness vs Couldn’t care less>

**“T”--**TIMECLOCK MANAGEMENT

**TENACIOUS PLAYER…**

*“Work the clock, Finish Strong.”*

First things first**.** End in Mind.

-Game Plan-***GAME DAY* + *END GAME***

<Real Choices vs Feel Choices>

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