

ST. ANTHONY BOOSTER BASKETBALL DURING COVID-19

Guidelines and protocols, while complicated at times, are put in place for the safety of everyone. Please show good sportsmanship to other players, coaches, and staff by following these guidelines. Your compliance and honesty of your current health status will be imperative to allow our season to continue.

GUIDELINES AND SAFETY MEASURES

- The [Minnesota Department of Health Decision Tree](#) will be used to determine if a child has symptom(s) or recently had a close contact and will or will not attend practice, games, or tournaments. “More common symptoms” include: fever greater than 100.4 degrees F, new onset and/or worsening cough, difficulty breathing, new loss of taste or smell. “Less common symptoms” include: sore throat, nausea, vomiting, diarrhea, chills, muscle pains, excessive fatigue, new onset of severe headache, new onset of nasal congestion or runny nose
- Participants should **NOT** attend St. Anthony Booster Youth Basketball Association (BYBA) programs if they are:
 - sick with COVID-19
 - were recently exposed (within 14 days) to someone with a lab confirmed positive COVID-19 diagnosis and considered a close contact (follow page 4 of [MDH Decision Tree](#))
 - or have symptoms (i.e., fever, cough, or shortness of breath)
- Participants observed with symptoms will be asked to leave their current session, with future follow-up from team personnel.
- If any player has had a direct COVID-19 exposure, taken a COVID-19 test, or has tested positive for COVID-19, you **must** contact your team's COVID-19 manager immediately. The team COVID-19 manager will then contact the program director and we will work with MDH to determine the exposure risk to others, the length of quarantine, and communicate to those impacted when appropriate.
- A player **must** have a negative COVID-19 test prior to returning to practice regardless of the quarantine period in the event that they are required to quarantine.
- The COVID-19 vaccination of all those ages 12 and older is strongly recommended. If a participant is not vaccinated, they should be tested regularly.
- Self-screenings should be done by all participants, coaches, and spectators prior to coming to practice or games. If your player is not feeling well, they are **not** to come to practice. Reference the [MDH Decision Tree](#) for symptoms of COVID-19.
- Masks must be worn by anyone entering a school building as this is a [district wide policy for SANB](#). Players are required to wear masks as they enter the building until they are actively participating in practice/games and then again when the session is done and they are exiting the building. Masks should be worn when participants are not actively playing. Coaches are required to wear masks throughout practice/games.
- Participants should not arrive more than 5 minutes before the start of their practice/game in attempts to eliminate crossover of teams. Teams are expected to leave the playing area immediately after their session. Do not enter the gym until the teams from the previous session have exited completely.
- Coaches should track attendance at every practice and game in case contact tracing is needed for their team.
- Wash or sanitize hands upon entering the building and just prior to exiting.
- Arrive ready to play with only what you need and leave other items at home.
- Participants are asked to bring their own water bottle(s).
- Refrain from contacting others (i.e., no high fives, handshake lines, and chest bumps). Team discussions or huddles should be conducted with 3 feet of social distancing whenever possible. When not engaged in a drill or play, coaches and players will maintain 6 feet for social distancing.
- The COVID-19 procedures for off-site games/tournaments will be determined by the governing host site.
- We cannot guarantee that you and/or your child(ren) will not become infected with COVID-19. Further, attending session activities could increase your risk and your child(ren)'s risk of contracting COVID-19.

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Other COVID-19 resources:

[COVID-19 Organized Sports Recommendations](#) MDH 9/17/2021

[2021-2022 Minnesota Youth Basketball Alliance Recommendations For COVID-19](#) MYBA 10/8/2021

[COVID-19 Interim Guidance: Return to Sports and Physical Activity](#) American Academy of Pediatrics 9/20/2021

[CDC: Delta Variant: What We Know About The Science](#) CDC 8/26/2021

[2021-2022 Minnesota Youth Basketball Alliance Recommendations For COVID-19](#) MYBA 10/8/2021

General Guidance: <mailto:Health.schools.covid19@state.mn.us>

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