



## **WHO'S EXCITED FOR THE 2021-22 CLUB VOLLEYBALL SEASON? WE ARE!**

Kraken Volleyball Club is headed into our 8th season of providing excellent volleyball education, training and competition opportunities for the youth athletes of the Puget Sound Region. We are fortunate to have our own state of the art training and competition facility, Fieldhouse USA in Auburn. We know where and when our teams will be practicing for the entire season, and we host many of the power league dates and tournaments that our teams compete in.

### **YOUR FAMILY'S 2ND HOME - FIELDHOUSE USA AUBURN**

The Auburn Fieldhouse is the best privately owned sports facility in the Pacific Northwest, located at the Outlet Collection Mall in Auburn. Over 157,000 square feet of sports, fitness and family entertainment. Kraken has 8 giant-sized hardwood volleyball courts with 16 live streaming video cameras. Our facility is home to Kraken's youth and adult clubs with the following sports: volleyball, Basketball, Baseball & Fastpitch as well as our full-service apparel print and sports store, Kraken Ink. The newest addition is Kraken @ Bat, our indoor baseball/softball training center with over 7,500 square feet of turf and batting cages. Fieldhouse is also home to Fitness Quest, a full-service fitness center that also offers mixed martial arts and self defense training. Airhouse is a family entertainment adventure park with ziplines, trampolines, extreme lasertag and birthday parties. Grubhouse is our resident concessions restaurant.



### **KRAKEN / FITNESS QUEST PARTNERSHIP**

We are thrilled to announce that we have partnered with Fitness Quest, Fieldhouse's resident full-service fitness and health center with an additional location in Puyallup. Kraken athletes will receive a full Fitness Quest membership, 1 private personal training session per month with a FQ trainer, and a weekly Strength & Conditioning session with Fitness Quest before or after a Kraken team practice. Families/Parents aren't left out, they may enroll with Fitness Quest at a special Kraken family rate. So when you drop off your athletes for practice, you can work out while you wait and enjoy all of the benefits and programs Fitness Quest offers. Memberships are for both locations.



### **Fitness Quest Benefits**

- Full Fitness Quest Membership with access to both locations, Auburn Fieldhouse & Puyallup
- 1 Private Personal Training Session per month with a Fitness Quest Trainer
- Weekly Strength & Conditioning with Fitness Quest before or after a team practice
- Families/Parents can join Fitness Quest at a special Kraken family rate



## **GOLD MEDAL SQUARED METHODOLOGY & COACHING STAFF**

Kraken is a Gold Medal Squared Certified Club. To achieve GMS certification, we invest heavily in continued coaching education in the Gold Medal Squared system and methodology. GMS is used by many of the top youth club and collegiate volleyball programs in the country including the University of Washington and the University of Nebraska. The USA Volleyball Olympic teams are exclusively Gold Medal Squared programs. GMS teaching methods are backed by science, research and data. GMS provides structure for coaches to provide the right environment and guidance that lead to athlete and team success. We are proud to be a GMS club!

## **CLUB TEAM SEASON DETAILS**

- The Season for U10/12, 13s & 14s teams begin Nov 9th and conclude by mid-June
- The Season for 15s, 16s, 17s & 18s teams begin Dec 7th and conclude early to late June
- Twice weekly 2-hour practices scheduled on Tuesdays & Thursdays
- Teams have a 3rd skills training/practice 1-2 times per month
- Weekly Strength & Conditioning with Fitness Quest before or after a team practice
- Teams compete in 2-3 tournaments per month on average January thru end of team season
  - See team pages on our website for tentative tournament schedules
- Training and practice sessions with live video feedback via our PlaySight Camera system

## **2021-2022 KRAKEN CLUB VOLLEYBALL TEAMS**

We have the resources to establish as many as 4 teams in an age group this season. We have listed the projected teams below and provided the ranking we use in the naming of our teams. Reef Girls and Boys Abyss are the top teams across all of our age groups. At other clubs the top teams may be referred to as a “National Team” and a 2nd team as a “Regional Team”. We simply label our teams differently as our Breaker, Surf and Ripple teams may travel and play in the same tournaments as our Reef teams. Athletes should strive to play on a team which is matched to their current volleyball abilities and maximizes growth opportunity.

<b>Reef   Top Team</b>		<b>Breaker   2nd Team</b>	<b>Surf   3rd Team</b>	<b>Ripple   4th Team</b>
<b>U10-U12</b>	12 Reef	12 Breaker		
<b>U13</b>	13 Reef	13 Breaker	13 Surf	
<b>U14</b>	14 Reef	14 Breaker	14 Surf	14 Ripple
<b>U15</b>	15 Reef	15 Breaker	15 Surf	15 Ripple
<b>U16</b>	16 Reef	16 Breaker	16 Surf	16 Ripple
<b>U17</b>	17 Reef	17 Breaker		
<b>U18</b>	18 Reef	18 Breaker		
<b>Boys</b>	Abyss			



## KRAKEN CLUB TEAM TUITION | 2021-22 CLUB SEASON

Below is the information and tuition schedule for the 2021-22 Club Season

### U12 TUITION | \$2,695

\$995 - Signing Payment  
\$425 - November 25  
\$425 - December 15  
\$425 - January 15  
\$425 - February 15

### U13 & U14 TUITION | \$3,495

\$1,195 - Signing Payment  
\$575 - November 25  
\$575 - December 15  
\$575 - January 15  
\$575 - February 15

### BOYS TUITION | \$1,995

\$995 - Signing Payment  
\$250 - November 25  
\$250 - December 15  
\$250 - January 15  
\$250 - February 15

## PAYMENT PLANS & DISCOUNTS

**\$200 DISCOUNT FOR FULL SEASON PAYMENT MADE ON DAY OF OFFER**

**\$100 DISCOUNT FOR FULL SEASON PAYMENT AFTER DAY OF OFFER**

Alternate plans & sibling discount requests email: [membership@krakenvc.org](mailto:membership@krakenvc.org) for consideration

### TUITION INCLUDES

- Coach & Staff Salary
- Twice Weekly Practices
- Skills Training 1-2 Times / Month
- Fitness Quest Membership
- Strength & Conditioning Weekly (FQ)
- 1 Private Personal Training / Month (FQ)
- 2-3 Tournaments per month on average
- Facility, Equipment Costs & Insurance
- Tournament Entry Fees (Regular Season)
- 1/2 Off Camps, Clinics, Leagues thru August
- Discounted Kraken Beach Club - Summer 2022

### DOES NOT INCLUDE

- Athlete's Travel Costs
- Athlete's Accommodations
- Athlete's Uniform Package
- Athlete's Shoes & Equipment
- Athlete's Association (USAV) Memberships
- Team Elected Additional Tournaments
- Coach Travel Outside of Puget Sound Region
- Training Costs for Post Season
- Credit Card Processing Fees

## KRAKEN UNIFORM PACKAGE | \$400

The Kraken uniform package includes the following and payment is due upon commitment.

- 2 Jerseys
- 1 Spandex/Shorts
- Warmup Jacket
- Warmup Pants
- Backpack/Duffle Bag
- Kraken Long Sleeve Warmup Shirt
- 2 Kraken Short Sleeve Training Shirts

## TOURNAMENT TRAVEL FEES

If your team is scheduled to attend a tournament outside of the Puget Sound Region requiring an overnight stay, families will be charged a travel fee to cover the cost of the coach transportation, meals and accommodations. Pre-established rates have been assigned by length of stay, please see our Travel Policies page for complete details: <https://krakensports.org/travelpolicies>



## **POST SEASON TRAINING COSTS**

If a Kraken team qualifies or elects to attend a post season tournament, they will then have extended their training season. The club will establish a fee to cover the additional costs and will communicate a due date for payment to be made.

## **FUNDRAISING**

We make every effort to keep the costs of our programs down through various club fundraising efforts. Club Fundraisers help offset our operating costs, and we welcome and expect participation from our families. We have a Family Fundraising Coordinator that implements and manages all of the programs we offer. Individual funds raised go directly to athlete accounts. Use towards monthly dues, travel expenses and Gear. Kraken does not offer financial aid or scholarships. Families determine their level of participation in individual fundraising programs. We have had many athletes raise 100% of their season tuition costs through fundraising programs.

## **OFFER PROCESS**

This season, players can commit and sign on the day of tryouts. Kraken will be extending offers and forming teams on our primary tryout dates. Parents should come to tryouts prepared to make a signing decision. Should you choose to leave the gym without accepting an offer, you have 72 hours to come to a decision. After 72 hours the team spot will be open. Please keep Kraken informed of your decision so that we can continue to work towards completing teams and extend offers to athletes that would like to sign.

## **SIGNING COMMITMENT & PAYMENT PROCESS**

Your athlete wants to play at Kraken and you are committing. Complete and turn in the PSR Commitment Letter and see a staff member to complete your Signing and Uniform payments before leaving the gym. Take advantage of the Full Payment on Day of Offer \$200 discount. If you are committing after the day of offer, you can come by the Fieldhouse and complete your payments and turn in your hard copy commitment letter. After 72 hours and without a signed commitment letter and completed payments, your spot on the team will be open and the Kraken coach will extend the spot to the next athlete on their list.

## **HOW TO PAY FOR TUITION AND OTHER PROGRAMS**

Kraken's facility and payment management system is called DASH. This is the same system that you use to register for Kraken Camps and Clinics. When enrolling in a payment plan, you are required to store a credit card in the system for automatic payments. After plan enrollment, there is no need to return, your card will be auto billed on the plan due dates.



## **COMPETITION SCHEDULE**

We have posted tentative tournaments schedules to all team pages on our website. Keep in mind that we have more tournaments listed than each team will attend. We will pair down the schedule as we get closer to the start of the competition season. Our teams will compete in the Puget Sound Region Power League as well as the new PAC Northwest Series hosted by Kraken, DaKine, NPJ and Puyallup Juniors. Many of our teams will also travel to Spokane, Oregon and West Coast USAV Qualifier events. Some teams may also travel to postseason events outside of the Pacific Northwest, with their season extending into late June/early July.

## **TEAM ELECTED TOURNAMENTS**

Teams may elect to attend additional travel tournaments outside the Pacific Northwest. If a team elects to attend an additional tournament, a travel fee will be charged for each attending athlete. The fee covers entry fees, coach airfare & car service, coach meals and accommodations. Costs are based on # of athletes and on a sliding scale. Athlete's travel, accommodations and meal expenses are not included. Please see our Travel Info & Policies Page for complete details on travel.

## **PLAYER & TEAM DEVELOPMENT**

Kraken believes in assessing athletes by not only their current abilities but also their potential. It is our goal to place athletes on teams that are similarly skilled and drive improvement and development with challenging game-like training drills. All athletes will be developed in the entire game, we build well rounded volleyball athletes.

### **U12-U13-U14 Strategy/Philosophy**

- All players will train in all volleyball skills
- Teams will run a 5-1 or 6-2 offense dependent on player skill level
- Players will train in all blocking mechanics including swing blocking
- Offensive schemes will include a variety of set tempos including middle quicks

### **U15-U16-U17-U18 Strategy/Philosophy**

- All Players will train in all volleyball skills but will train more in the team position played
- Teams will preferably run a 5-1 but may run a 6-2 dependent on team personnel
- Teams will be developed in advanced offensive and defensive systems
- Positions are determined by current & potential of the player to contribute to the team
- Middle Hitters will continue to train in the skills of serving, passing and defense
- Every player will be trained in out of system offense, whether that is setting or hitting

## **PLAYING TIME**

Every player is given the opportunity to work hard and show improvement at team practices. Playing time in tournaments is earned through the hard work at those team practices. Abyss, Reef and Breaker team athletes know that they must earn time in tournaments through the hard work put in during the week. Surf and Ripple teams may be more focused on player development and have more opportunities for playing time. Playing time is at the discretion of the coaches.