

2025-2026 CHEYENNE MOUNTAIN WRESTLING CLUB

What: Youth Wrestling Program

Who:

- Available for athletes in grades K-8 (2025/2026 academic year).
- No prior wrestling experience is required.
- Coaching staff includes members from CMJH and CMHS.

When:

- Program runs from October 6th to February 21st.
- Sessions for grades 3-8 are held on Mondays, Wednesdays, & Fridays at Cheyenne Mountain High School.
- Sessions for grades K-2 take place on Tuesdays at Cheyenne Mountain High School.
- Sessions for grades K-8 occur on Friday's at Cheyenne Mountain Junior High School.
- All sessions are scheduled from 6:30 pm to 8:00 pm.

Where: Cheyenne Mountain High School Wrestling Room / **Cheyenne Mountain Junior High School.**

Cost: \$400 for Team Registration which includes team shirt & shorts. If your wrestler needs to purchase a singlet, this will be an additional \$100. Follow steps to register <https://www.cmwrestling.com/howto>

All athletes must have medical insurance, possess a current [USA national wrestling card](#), and complete a liability waiver please affiliate with our club Cheyenne Mountain Wrestling Club number 2200018702.

USA Wrestling Website - <https://www.usawmembership.com/login>

Waiver -

https://docs.google.com/forms/d/e/1FAIpQLSf_OoFAAMFuTG4GcnMJxBugQKbmeh1-5LVkhHKTz2wdEi7QvA/viewform?usp=sharing

Cheyenne Mountain Wrestling is a premier athlete development program in D12, relentlessly dedicated to competing and winning at the highest level. We develop student athletes of character, and our program embodies the values of our school, families, and community. Our core values of Teamwork, Discipline, Respect, Excellence, and Toughness help our young men and women to be the best version of themselves.

For more information, please reach out to Coach Johnathon Gonzalez, cmwcwrestling@gmail.com.

