

LAHS WRESTLING BOOSTER CLUB

PARENT MEETING – MARCH 18, 2021



COACHES

Mark Ruiz – Head Coach

Dave Lorenzo – Head Coach

Kevin Lopez- Assistant Coach

Volunteer Coaches:

Peter Petrosyan

OVERVIEW

- 2020 Second place in Sunset League
- 2020 First place Girls Sunset League Champions
- 2020 Qualified 13 Wrestlers for CIF
- Participants in CIF Individual Championships (Boys/Girls)
- Participants in CA State Masters
- Participant in CA State.
- 6th Place State Placer
- 2020 Los Alamitos High School Athlete of the Year
- All-County Honorees
- Multiple Scholar Athletes

BUDGET

Coaching for Fall and Spring, school only funds for Winter season

Bus Transportation - Due to Covid this will not be a readily available option.

Costs – transportation, tournament fees, mats, hydration test, ropes, cleaning supplies, conditioning coach, insurance, Senior Night, Alumni Night, End of the Year Banquet, Awards

Estimated Budget - \$25,000.00 for the year



COMMUNICATION

Website: www.LosAlWrestling.org

All communication will originate through the email and cell numbers you provide.

Public Facebook Page: [Los Alamitos High Wrestling](#)

Private Group (Facebook): [Los Alamitos High School Wrestling](#)

Instagram: [@LosAlamitosWrestling](#)

YouTube: [Los Alamitos Wrestling](#)

Mail: LAHS Booster Club PO Box 1946 Los Alamitos, CA
90720-1946 Tax ID: 20-4689287

ATHLETIC CLEARANCE

- **All physical forms must be uploaded to athleticclearance.com**
 - Create your account, get the physicals.
 - Activities office will upload for students.

Covid Testing;

Will occur weekly.

Please visit www.LosAlWrestling.org for forms that will be required at weekly testing.

ADIDAS STORE

ITEMS REQUIRED:



Red 1/4 Zip Top



Polo Shirt



Adidas Sweat Pants

ITEMS SUGGESTED:

Blue Fleece Hoodie



Workout T-Shirt

(cotton or dry fit)



Workout Short



Place your orders through Squadlocker.

Link is on www.LosAlWrestling.org

recommend Express Production & Shipping



LOS ALAMITOS WRESTLING
Booster Club

2020- 2021 EXECUTIVE BOARD

- Lisa Allen – President
- Gisele Ewell – Vice President
- Georgianna Montalvo– Treasurer
 - Mindy Ruiz - Secretary