



2024 BOYS BASKETBALL RULES & REGULATIONS

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Unless otherwise stated herein, Minnesota State (National Federation) High School League rules will apply. All rules and penalties stated herein are open to interpretation by the League Director on a case-by-case basis.

1. LEAGUE OBJECTIVES

- 1.1. Teach teamwork and basketball fundamentals.
- 1.2. Promote good sportsmanship by coaches, players, and spectators.
- 1.3. Provide fun for all players.

2. GENERAL RULES

- 2.1. The use or influence of drugs, alcohol, or tobacco is prohibited in the presence of players or upon school grounds.
- 2.2. No food, candy, or colored drink is allowed in the gyms. *Water is ok.*

3. COACHES

- 3.1. Coaches participate at the invitation of the League Director.
- 3.2. Coaches must be at least 15 years old.
- 3.3. Coaches are expected to comply with the rules and regulations stated herein.
- 3.4. Coaches will regularly conduct practices. Only 1 hour of gym time is allowed per week plus possible Sundays. Additional classroom based instruction is permitted at the coach's discretion.
- 3.5. Coaches are expected to be present at all scheduled games and practices, or to have arranged in advance with a qualified assistant who will present themselves to game officials prior to the start of play. Substitute Coaches must know these rules.
- 3.6. *Winning coaches must post results on Sports Engine within 24 hours. For games ending in a tie, the home-team Coach should post results*

4. BENCH PERSONNEL

- 4.1. Each team must supply scorekeepers who must sit together with the timekeeper either at mid-court between the team benches or at a Scorer's table if one is present. Both scorekeepers should compare tallies at the end of each period.
 - 4.1.1. In the event of a dispute concerning score, possession, fouls, or players' court time, information in the home team's scorebook takes precedence, but only if Officials can determine that the scorebook has been properly maintained.
- 4.2. The visiting team must supply a timekeeper at least 12 years of age.
- 4.3. Only players, one head coach, two assistant coach, a scorekeeper, and a timekeeper are allowed in the team bench area.
- 4.4. The coach and assistant coach must sit in the chairs closest to the centerline and may only move within an area the width of 3 chairs (referred to as the "Coaching Box").
 - 4.4.1. *The coach and assistant coach must stay in the coaches box, which is defined as the space between the players chairs and the sideline of the court, extending sideways to the end of each team bench.*
 - 4.4.2. In grades where Coaches act as the Referees, only one Coach from each team should be out on the floor.

5. INFECTIOUS DISEASE CONTROL

- 5.1. Any player, coach, or official who is bleeding or who has blood on their uniform will be prohibited from further participation in the game until the following conditions are met:
 - Bleeding has stopped.
 - The injury is covered.
 - Clothing affected has been changed (color changes are allowed), disinfected, or covered.
- 5.2. Game play may not continue until all blood present in the competition area or on equipment has been removed and the affected area(s) disinfected.

6. SPORTSMANSHIP

- 6.1. Good sportsmanship must be maintained before, during, and after the game by coaches, players, and spectators. Coaches will be held responsible for the conduct of their players, assistant coaches, scorekeepers, timekeepers, and players' parents and guests.
- 6.2. Violations may result in a warning, Technical foul, and/or ejection from the game and playing area at the referee's discretion. After review by the League Director, additional game suspensions may be added to the penalty.
- 6.3. Use of profanity by any player, coach, or spectator will result in a Technical foul and immediate ejection from the game and playing area, and is grounds for suspension or expulsion from the league after review by the League Director. For these purposes, "profanity" is defined as commonly known "swear" or "curse" words, and do not include words that would be considered profane due to religious connotations.
- 6.4. Any threats or violent physical contact by players, coaches, or spectators against other players, coaches, spectators, or officials will result in a Technical foul and immediate ejection from the game and playing area. Such actions will also result in immediate suspension from subsequent games until such time as the Board of Directors can convene to review the incident. Such actions can also be deemed to be criminal and dealt with accordingly.
- 6.5. Individuals refusing to leave the playing area after ejection will be given one warning to leave, after which their team will be considered to have forfeited the game.
- 6.6. Individuals receiving an ejection may not attend any AAA Boys Basketball events until they have reviewed the incident with the Director – The incident review may not happen prior to 48 hours from the time of ejection.
- 6.7. A coach, player, bench personnel, or spectator who attempt to attend games during a suspension will be issued one warning to leave, after which their team will be considered to have forfeited the game.
- 6.8. Officials may rule a game in forfeit if in their judgment, conditions are out of control.
- 6.9. Players or Coaches may be suspended or expelled from the League after receiving 3 Technical fouls during a single or consecutive seasons. If offense is a major, player or coach will be suspended until AAA board hearing.
- 6.10. 9th through 12th graders receiving sportsmanship related technical fouls will be required pay a poor sportsmanship FEE in addition to regular registration fees. Players who are ejected may not return to play prior to meeting with the Director and paying fee. Players receiving technical fouls may play in games for that day, unless it is their 3 for the season but may not play in any other games prior to meeting the Director and paying fees. Meetings to discuss technical fouls will not occur prior to 24 hours from incident. This 24 hour waiting period still applies to the tournament. Fees must be paid to the Director within 48 hours. If the fees are not paid, the player may not return to team events. Any games played with said player, shall result in forfeit. Poor Sportsmanship Fee schedule:

1st Technical	\$25
2nd Technical	\$35
3rd Technical	\$45
Ejection	\$100

- 6.11. For grades 6 and under, players may not attempt to distract a player in the act of shooting by shouting, foot stomping or excessive arm waiving. The first player infraction will result in warning. The second player infraction will result in an Intentional foul with Free-Throws awarded per the normal rules of fouls against shooters plus retaining possession of the ball. *No distraction are allowed during Free Throws at any level.*

7. PROTESTS

- 7.1. No protest of game results is allowed. Rules violations must be reported to Officials or the League Director prior to the end of the game in which they occur. Other requirements for reporting violations may apply as indicated in the rules contained herein.
- 7.2. Head Coaches are permitted to politely ask officials for a brief explanation of officials' calls if time allows and play is not in progress. Only Head Coaches are permitted to address officials before, during, or after games.
- 7.3. Requests for review of officials' decisions for the purpose of possible mid-season rule modification may be made to the League Director. However, under no condition will game results be reversed.
- 7.4. Suspensions and expulsions may be appealed to the Andover Athletic Association Board of Directors that meets the 4th Tuesday of each month at 7:00pm.
- 7.5. Videotapes of games will not be accepted for the purposes of reviewing rules violations.

8. APPAREL

- 8.1. Players must wear appropriate athletic footwear, deemed in satisfactory and safe condition by the officials.

- 8.2. Players must be wearing a uniquely numbered team shirt to be eligible for play.
- 8.2.1. Shirts must be tucked in.
 - 8.2.2. If a player's jersey becomes "unwearable" and they re-enter the game wearing a new number, the change must be reported to the opposing team's Bookkeeper and the Referees in order to avoid a Technical Foul against the player.
 - 8.2.3. Players' shirts may not be altered except to add player names across the top of the shirt back, or to add or modify a number to make it unique.
- 8.3. Referees will not permit the wearing of any apparel that they judge to be dangerous, distracting, or otherwise inappropriate for the purposes of playing basketball.
- 8.3.1. Players are prohibited from wearing jewelry of any kind, including piercings that are visible or exposed. Tongue piercings that are on that part of the tongue that can be extended past the lips are also prohibited. Covering piercings with tape or bandages is not acceptable. Referees have the final decision on what constitutes a safety issue.
 - 8.3.2. Players may not wear casts, braces, or guard made of any hard substance on elbows, hands, fingers, wrists, or forearms, even if covered with soft padding. The use of artificial limbs will be at the discretion of the League Director.
 - 8.3.3. Players may not wear head coverings, other than a headband or elastic bands for controlling hair, unless required for medical or religious reasons. Documented evidence is required for the last two exceptions.
 - 8.3.4. Players may not wear garments with pockets, belt loops, or other features that could cause injury to other players, unless the garment is made of elastic materials such as spandex, fleece, or stretch cotton.
 - 8.3.5. The waist-band of shorts or pants must be worn above the hips.

9. EQUIPMENT

	K/1 st	2nd	3rd	4th	5th	6th	7 th	8 th	9th/ 10th	11th/ 12th
Ball Size	25.5 or 27.5	Junior (27.5")			Intermediate (28.5")		Official (29.5")			
Rim Height	8 FT		9FT		10 Feet					

- 9.1. Home Teams wear Dark color jerseys – Visting Teams wear Light color jerseys.
- 9.2. Players requiring eyewear must use safety straps.
- 9.3. No school equipment, other than backboard adjustment tools can be used at any time. Only the league director, coaches, and officials are allowed in equipment rooms.
- 9.4. Intentionally touching the backboard, rim, or net other than as part of shooting or defending results in a Technical Foul being called against the player. This rule is in effect whenever Referees are present in the gym. This rule does not replace regular rules regarding basket interference and goal tending.

10. GAMES

	K/1st	2 nd	3 rd	4 th		5 th /6 th	7 th	8 th	9 th / 10 th	11 th /12 th
Time*	4 Six minute Periods									
Game Clock*	N/A		Stops on all whistles.							
Maximum Game Time*	None		55 Minutes, including overtime							
Time-Outs*	Unlimited		2 – <i>per half</i> , one (1) per overtime period.							

Scorekeeping	No	Yes	
Overtime	None	3 Minutes if time permits	
Lane Violation	None	5 Seconds	3 Seconds
Rest Periods	1 Minute between periods, 3 Minutes for half-time		

Free-Throws	
K/1 st Grade	NA
2 nd and 3 rd grade	<ul style="list-style-type: none"> • 3 feet in front of regulation line • no intentional movement towards basket until ball contacts rim • rebounders occupy spaces closest to end-line
3 rd - 4 th Grade	<ul style="list-style-type: none"> • Behind Regulation Line • Can Jump over regulation line • rebounders occupy spaces closest to free-throw line • Rebounders may enter lane upon release
5 th – 12 th Grade	<ul style="list-style-type: none"> • Behind regulation line • rebounders occupy spaces closest to free-throw line • Rebounders may enter lane upon release

- 10.1. Maximum game time is waived during tournament games.
- 10.2. At the discretion of the losing coach, they may request to switch to a running-clock for the remainder of the game. The clock stops only for time-outs (both by teams and officials) and to administer foul shots.
- 10.3. When games are behind schedule, referees may choose to limit warm-up time and/or reduce half-time, or switch to a running clock in the **4th period**.
- 10.4. Tournament games still tied after the overtime period will continue with a “sudden-death” period. Regular-season games still tied after the overtime period end in a tie.
- 10.5. *A game is considered forfeit if a team cannot field at least 3 players five minutes after scheduled start time. When games are running behind the start time for the forfeiture purposes is 5 minutes after the conclusion of the previous game.*
- 10.6. The first infraction of calling a Time-Out after all Time-Outs have already been used results in a loss of possession only. All subsequent infractions result in a Technical Foul; 1 point if against a player, 2 points if against the Coach.
- 10.7. Jump-balls are performed only at the beginning of the game and overtime periods. For all other jump-ball situations, including the start of each period, teams will alternate possession.
- 10.8. During throw-ins from either the sidelines or baselines, the defending team must stand back at least 3 feet from the thrower unless the referee determines that sufficient space exists outside the boundary line for the thrower to back up.
- 10.9. Coaches must put their teams on the court immediately when beckoned by referees at the end of rest-periods and time-outs. A final warning will be whistled 10 seconds after time expires and the ball will be put into play regardless of whether both teams are on the court.

11. PLAYERS

- 11.1. No roster changes without approval from the Director. Teams will forfeit any games played with unregistered players.
- 11.2. Players will be assigned to teams based upon current grade level, with the following exceptions:
 - 11.2.1. A player may play at a higher grade level if:
 - There is space available in the higher grade level, and ...
 - A parent or relative of the player volunteers to be their Head Coach, or ...
 - The player has a sibling playing at a higher grade level and the Coach of the older player agrees to have the younger player on the team.

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- 11.2.2. A player may play down at their “natural” grade level if they provide documentation of grade acceleration due to academic ability.
- 11.2.3. The League Director may adjust grade levels for home-schooled players based upon the “natural” grade level indicated by their birth date and minimum age requirements for school attendance as set forth in Minnesota Statute 120A.20 Subd. 1.
- 11.3. Players must play in 50% of a team’s games to be eligible for tournament play, unless they miss regular season games due to an injury or scholastic extracurricular activity conflict. The League Director must approve eligibility in such cases.
- 11.4. No team may have more than 2 players who are currently playing on or within the past 12 months have played on one or more of the following types of teams: AAU, High School Team or other youth traveling teams
- 11.5. **No high school active players can participate.** Active players are considered those who have made the high school team 9-12.
- 11.6. In Grades K through 5, coaches are expected to regularly rotate players through all positions which they are capable of playing during the course of the regular season. Capable is defined as having the minimum skills necessary for a position, not mastery.
- 11.7. Every player must play a minimum of **2 periods and a maximum of 3 periods with playing time being equal.** Coaches are asked to make sure playing time is equal throughout the year. Scorekeepers, not Officials, are required to keep track of playing time. Failure to comply with this rule may result in forfeiture upon review by the League Director.
- 11.7.1. Violations must be reported to Officials at the next stoppage of play. Coaches may correct the violation at that point without penalty.
- 11.7.2. The only valid reasons for playing less than the minimum are fouling out or injury. A player planning to leave a game early for other reasons must play the minimum.
- 11.7.3. Players showing up for late for a game may have their playing time reduced by a pro-rated amount. For example, if a player shows up at halftime, the coach will reduce the players playing time by half. In this case, the player is not required to play the minimum. The coach is not required to make up the players missed playing time that was scheduled during the first half.
- 11.8. No substitutions for 3rd grade through 8th grade are allowed during regular or overtime periods; players starting a period must finish it unless unable to do so due to injury, or physical or mental limitations.
- 11.8.1. When a substitution must be made because of an injury, the player having played the majority of the period will be considered to have played the entire period. Once a substitute has played the majority of the period, they must complete it. Prior to that point, an injured player who is ready to return may do so.
- 11.8.2. When a substitution is made for a player who has fouled out, the substitute will be considered to have played the entire period regardless of time played. Therefore, the substitute cannot be a player who has already reached maximum playing time, unless all remaining players have played the maximum.
- 11.8.3. In overtime periods, each team may field any players regardless of their playing time during regulation periods. If 2nd overtime is needed, all remaining players not playing in first OT must play in second overtime period.
- 11.8.4. A player may play 4 quarters in a game if team starts game with 6 or less players.
- 11.8.5. Teams with more than 10 players may sub players during the quarter to create equal time. Coaches must agree on what quarter this will take place prior to the start of the game.
- 11.8.6. 9th through 12th grade. Teams are allowed to sub one player in with less than 1 minute to go in quarter 2 and 4 only if spread of the game is by less than 5 points. Referees whistle or time out by the team with the ball for substitution to be allowed. The same player can not be subbed in for both the second and fourth quarter.
- 11.9. Only rostered players are allowed to play on your team. Teams who will be short players may choose to use temporary players.
- 11.9.1. Temporary players must be;
- Registered to play with AAA for the current season.
 - From a younger division
- 11.9.2. Temporary players may not play more periods than rostered players unless due to injury or physical or mental limitations.
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- 11.10. Teams in any grade level leading by 20 points or more are allowed to sit better players, regardless of playing time, during the last period in order to avoid running up the score. Teams may also call a time-out, even if none are left, to instruct their teams to avoid fast-breaks, three-point shots, and any other actions that may run up the score. The team losing may not take this opportunity to change their line-up for the period.
- 11.11. Coaches may suspend a player for consistently missing scheduled practices or games, or for other disciplinary problems after receiving approval by the League Director. The opposing coach and officials must be notified of the suspension prior to the start of the game. Suspended players must still attend the game from which they are being suspended or incur an additional suspension.

12. FOULS

- 12.1. Fouls committed against a player in the act of shooting will result in one free-throw if the basket is made, two free-throws if the basket is missed, or three free-throws if the miss was attempted from outside the 3-point line in levels where 3-point shots are allowed.
- 12.2. Intentional fouls will result in two points and the ball out-of-bounds.
- 12.3. Flagrant fouls will result in a 2-point Technical against the offending player, and ejection.
- 12.4. One-and-one bonus free throws will be awarded starting with the 7th team foul in each half. Double bonus free-throws will be awarded starting with the 10th team foul in each half. Team foul totals for the 2nd half of a game, stay in effect during overtime periods.
- 12.4.1. Bonus free-throws are not awarded if the foul is a player-control foul (fouls committed by the player in control of or shooting the ball).
- 12.5. Players will "foul-out" with their 5th personal foul in the game. If such a situation would result in a team having fewer than 5 eligible players, the team may continue to play with less than 5 players on the court if the Officials deem that the team still has a reasonable chance to win the game.
- 12.6. Technical fouls automatically result in 2 points plus the ball being awarded to the opposing team unless otherwise stated within these rules.
- 12.6.1. Technical fouls called against the team or bench personnel are assessed to the person(s) committing the violation and to the coach. Points are only awarded once, unless separate Technical Fouls are being called against multiple people.
- 12.6.2. In cases where an individual violator can't be identified, the Technical Foul is called against the team and assessed to the coach.
- 12.7. Coaches, players, or spectators will be ejected from the playing area upon receiving a 2nd Technical foul in any single game, but can be ejected earlier if the Referee decides the situation warrants.

13. DEFENSE

	K/1 st	2nd	3 rd	4 th	5th	6th	7 th	8th	9th/ 10t h	11th/ 12 th
Stealing	None		Allowed							
Defenses	Man-to-Man Only				Any					
Double-Teams	Not allowed-		Allowed in the Lane		Allowed					
Press	Not allowed				Allowed, unless leading by 20 points or more *					
Fall Back*	Required on all possession changes. Defender may engage ball- handler in the back-court if ball- handler does not allow defense to fall back				Not Required					

- 13.1. In mandatory Man-to-Man defenses, defenders must stay within 6 feet of their assignment. Defenders waiting for their man to cross the centerline must be within 6 feet of the centerline. Teams will be warned for the first 2 infractions of this rule. Starting with the 3rd infraction, a Personal foul will be called against the player who is out of position.

13.1.1. Coaches may change assignments during a period to adjust for skill misalignments. Defenders may swap assignments "on the fly" to respond to screens or being beaten the dribbler. Verbal indication is not required.

13.2. No full-court press is allowed 4th and below. 5th through 12th grade may press unless leading by 20 points or more. Teams will be warned for the first 2 infractions of this rule and play will be restarted. The 3rd infraction will result in a team Technical Foul.

13.2.1. For grades in which full-court press is not allowed, during the last minute of a game, any throw-ins by the team ahead in scoring must be made into the Front Court. The throw-in spot will be at the sideline on the front-court side of the center line. Throwing into the Back Court in this situation results in a loss of possession.

13.3. In grades where full-court press is prohibited, the defense is permitted while falling back, to engage ball-handler attempting a fast break, to intercept passes within a defender's normal reach or fumbles in the back-court. It is the offense's responsibility to maintain ball control.

13.4. Although stealing from the ball-handler is prohibited in some grades, interceptions, blocks, and fumble recoveries are allowed.

14. OFFENSE

	K/1st	2nd	3 rd	4th	5th	6 th	7 th	8th	9th/ 10th	11th/ 12th
Carry, Double-Dribble, Travel	Called but no loss of possession		Loss of Possession							
Fast Breaks*	None		Allowed, Coach leading by 20 points or more should exercise sportsmanship restraint							
Back Court Violation*	None		10 seconds after defense falls back.		10 seconds after possession obtained					
Three-Point Shots	Not Counted				Allowed					

14.1. In grades required to use "man-to-man" defenses, all players must participate in all offensive plays. Isolation plays where offensive players lead all defenders to the back-line, same corner, one side, away from the Lane or similar are not permitted. Likewise, plays where all offensive players except the ball-handler remain stationary for the entire play are not permitted. Warnings will be issued for the 1st violation. Subsequent violations will result in a Technical foul against the coach.