

John Marshall Girls Track and Field Lettering Criteria - 2019

All letters awarded are at the discretion on coaching staff.

To be eligible to earn a letter in track and field you must complete the entire season and meet the following criteria:

1. Receive recommendation for coaching staff.
2. Be a good citizen and abide by the MSHSL, school district and JM girls team guidelines.
3. Run at Conference and Section Meets.
4. Complete the season with fewer than 2 unexcused absences from practice.
5. Participate in all scheduled meets and team events unless excused by head coaches.
6. Participate in team service throughout the season (practice and meet preparation, fund raising, etc.)

If the above criteria are met the following standards must be met in order to earn a letter.

1. Place 8th or higher in an individual event at the conference or section meet
2. Place 5th or higher in a relay at the conference or section meet
3. Equal or better lettering standards.
4. Senior or manager having completed 3 years of participation and are in good standing