At Willowbrook Volleyball our players, coaches, and parents are of our utmost concern. We have taken many precautions at our facility to make sure that we are constantly sanitizing all our playing equipment, training environment, restrooms, and concession areas so we can now Open our door back to our family.

This first Phase will be closed practices (ONLY PLAYERS will be allowed in the gym). We will have a 30-minute window in between waves for cleaning and traffic in the facility, so we asked everyone to please arrive no earlier than 10-15 minutes prior to your practice time. We appreciate your understanding and support during this fluid situation.

Below are some important Information: Please read.

**EACH PLAYER:**

**A. Before Activities**
- Be symptom free for at least 14 days prior to any activity.
- Stay home if you are sick or do not feel well.
- Be aware of and disclose any potential contacts with affected individuals.
- Wash and sanitize your hands before entering the court and do it often after that.
- Bring your own water bottle, and please bring enough to stay properly hydrated.
- Do not touch your face, eyes or mouth with unclean hands.
- Practice social distancing regularly.
- Cover your mouth and nose with a tissue or your elbow if you cough or sneeze.
- Keep a list of people you have been in contact with each day if possible.

**B. During Activities**
- Refrain from attending any activity if displaying any COVID-19 symptoms.
- Comply with all permissible regulations approved for the venue.
- Wash and sanitize your hands often.
- Do not touch your face, eyes or mouth with unclean hands.
- NO SHARING water bottles or anything
- Refrain from contacting other participants and attendees (high fives and huddles).
- Practice social distancing as often as possible.
- Cover your mouth and nose with a tissue or your elbow if you cough or sneeze.
- Bring hand sanitizer and sanitizing wipes.
- Properly dispose of your personal drinking cups, bottles, or utensils used.
- Keep a list of people you were in contact with during the activity.
C. After Activities

• Follow Facilities rules for sanitation of balls and ball carts after practice
• Players will exit the building instructed by the staff
• Wash and sanitize your hands right after practice.
• Do not touch your face, eyes or mouth with unclean hands.
• Monitor your health and report any symptoms after every activity.
• Practice social distancing as often as possible.
• Wear a face mask when possible to reduce exposure to airborne particles.
• Cover your mouth and nose with a tissue or your elbow if you cough or sneeze.
• Wash and sanitize all gear, uniforms and apparel used during the activity.

WILLOWBROOK SPORTS COMPLEX has:

• Disinfected the venue and all equipment, including volleyballs, where the club activities will take place.
• Verified that venue staff, club staff and participants are symptom free before participating in any activities.
• Provide hand washing or sanitizing stations throughout the venue.
• Turned off water fountains at the venue.
• Established social distancing protocols.
• Created and displayed signage clearly outlining the venue’s COVID-19 policies.

During Activities Willowbrook Staff will:

• Continue to clean and disinfect the venue and equipment, including volleyballs, where the club activities will take place.
• Enforce social distancing requirements.
• Regularly sanitize commonly touched surfaces during the club activity.
• Remove anyone from a club activity if they exhibit any COVID-19 symptoms.
• Limit the number of people in the facility to be compliant with local guidance.
• Modify drills or activities to limit/reduce potential violations of social distancing requirements including but not limited to: high fives, huddles, and team meetings.
• Use hand whistles as opposed to regular whistles when possible.

After Activities Willowbrook Staff will:

• Sanitize all surfaces and volleyballs that were used during club activities.