

## On Ice Etiquette for VFSC

- All skaters will get on the ice on the south side of the rink
    - No parents or skaters are allowed in the hockey box (except during volunteered music playing times) This is for coaches only!
  - No skaters allowed on ice when the session is done. Please be respectful of the arena schedule and VFSC schedule. Coaches will let you know when it is time for skaters to enter and exit the ice.
  - Moves in the Field (MIF) sessions are for MIF patterns only. No jumps, spins, freestyle programs, or music during this time.
  - Freestyle sessions are intended for practice your skating skills, this is not for skating in pairs, goofing around, socializing with friends, standing by the boards.
  - When skaters are doing their music programs they must wear the yellow vest. These skaters have the right of way on the ice.
  - Be on time for ice sessions and lessons
  - Skaters who are in a private lesson have priority for playing music and use of ice space.
  - Please be polite and address skaters by name when you need to pass them or have the right of way on the ice. Please use appropriate manners when it is necessary for another skater to move out of your way.
  - If a skater and coach are using the harness, please be aware of their presence and move to another end of the ice.
  - Be respectful to all coaches on the ice. If you have any concerns please bring it to your coach or the Jr/Sr Club Director.
  - Practice spins in the middle section of the ice (between the blue lines).
  - Jumps should be done on the ends and corners.
  - No standing, sitting, or laying on the ice. If you need a break, please stand next to the boards or step off the ice on the south side.
  - No cell phones allowed on the area boards or in locker rooms. Please leave them in your bag, at home, or with your parents. Cell phones create a distraction for skaters on the ice and is a safesport rule for locker rooms.
    - Special permission may be granted for educational purpose
  - Wear proper skating attire.
    - See VFSC Handbook for approved skate wear.
  - No food, pop, candy or gum allowed on the ice.
  - No toys, stuffed animals or other trinkets allowed.
    - Special accommodations may be granted by your coach or Jr/Sr Director
  - All skaters under the age of 10 must have a parent present during all skating sessions.
- These policies are in place for the safety of skaters and coachings. Please report any violations or observations to the Jr/Sr Director .