

2025 Tier 1 150 League Playoff Game Rules & Regulations

GAME OPERATIONS

- 120-minute ice times.
- 5-minute warm-up prior to 1st period and 2-minute warm-up following the resurfacing break.
- Three (3) 17-minute periods with a resurface every two periods.
- Play is stop time unless there is a goal differential of Six (6) or greater during the 3rd period of the game. Play goes back to stop-time if goal differential is less than Six (6).
- Ties will be resolved by continuous overtime alternating ends in 8-minute intervals with 3-on-3 play.

RULES & PENALTIES

- Each team may take one (1) 60-second time out during the game.
- Icing on the Penalty Kill: **IS ALLOWED.**
- Checking is allowed.
- Penalties are assessed per USA Hockey and Minnesota Hockey Playing Rules.
- There is TAG UP offsides.

SCORESHEET

- Players not playing shall be labeled "not playing" via the Game Sheet App before the game begins.
- Officials will sign score sheet at end of game and verify all is correct on scoresheet.
- Coaches will sign the scoresheet prior to game and verify rostered players as playing/not playing.

Any questions, please contact:

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