



Rules of Play U7 Division

The U9 division will focus on 2 key areas of development

- 1) **Hitting**- Coaches will work with players on improving their hitting skills.

- 2) **Fielding** - Coaches will run drills to improve fielding. Focusing on catching and throwing.

1. Field Set-Up - The home team shall be responsible for setting up the field as follows;

- a) Bases are 45 feet apart.
- b) A double 'safety base' (white/orange) must be used at 1st base for all games.

1B. Game set up - Games will be split up 30 min practice to start followed with a 60 min game

- One defensive coach is permitted in the outfield (behind the players) during the game
- Scores will not be kept

2. Pitching Rules:

- A coach or designated individual will be used to pitch the ball to their team.
- all batter hit the ball
- There will be no walks issued.
- The defensive player in the pitching position must stand on either side of the offensive pitcher coach or designated individual until the pitch is released (cannot stand in front of the coach or designated individual).
- If the coach or designated individual is hit with a batted ball it will still be live

3. Batters

- All players will bat each inning. No max runs.

4. Lead Off and stealing rule

- Lead offs are not allowed.
- Runners may not leave the base until the ball is hit.
- No stealing

5. Infield Fly Rule

- Not applicable for U7 division.

6. Equipment - Batting Helmets / Ball

- All batters will wear a batting helmet with straps done up while at bat and on base.
- Teams will use the 11" training Ball -

7. Base Runner Advancement

- After a fairly hit ball, the advancing of runners is not considered over until the ball is returned to the infield and is in the possession of a defensive player (any infielder)

8. Overthrows - Out of Play

- All runners, including the batter-runner, will be awarded the base that they are going to at the time of the throw. NO additional bases will be awarded. An overthrow is when the ball goes past the fence and into the dugout or past the fence in the outfield. If the ball goes past the fence the play is dead, runners go to the base there going to

9. Awards

- All team members will receive an award at the end of the season

10. Cheering

- Positive cheering only. The conduct of the team, its spectators and the coaches are the responsibility of the team coaches. In the event of harassment or derogatory remarks originating from the players, coaches or fans, the coaches will address the issue. Coaches may ask fans to leave the park if necessary

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