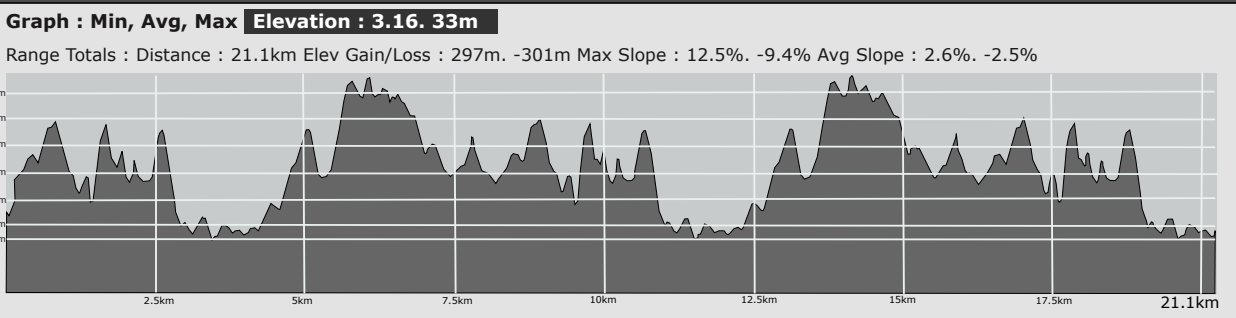


- Run Route
- Aid Station
- Red Bull Aid Station
- Gatorade
- Turn around



**RUN 21.1 km**  
2 & 1/2 Laps

**Mossel Bay**