



## 16 Silver Info Sheet

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**Team Cost: \$5,700**

\*Team cost does not include: travel fees for parents or athletes, USAV/AAU membership costs, scoring certification costs, or post-season.

**Coaching:**

Head Coach: Janessa Crawford

Assistant Coach: TBD

**Practices:** 2x per week starting in November (2 hours each)

(Schedule to be finalized by October)

Locations include Cottonwood Creek and Frisco ISD Middle Schools

**Tournaments:** 10 total

7 local (DFW- includes 2-3 Region Bid Events)

Lone Star National Qualifier (San Antonio)

2 Out-of-State National Qualifiers

(Schedule to be finalized by September)

**Adidas Uniform Package: (included in cost)**

3 jerseys, 2 spandex, 1 leggings, warm up top, arm sleeves, knee pads, socks, backpack, 2 practices tees, & shoes

**Video Resource & Statistics Profile: (included in cost)**

**Performance Training: (included in cost)**

Team training 1x per week