

## **BYSO Game Rules**

1. Shin guards must go UNDER socks. If not, player needs to correct before game starts.
2. No jewelry, no exceptions. Band-aids over earrings and wrist bands NOT allowed for any reason.
3. Check cleats. No toe cleat allowed.
4. No bandanas.
5. Home team provides game ball, visiting team calls the coin toss. Winner of coin toss chooses side to defend. Winner of coin toss may choose to kick off.
6. U4/5/6 players-Goal does not count if they score in their own goal. A corner kick is awarded to the other team.
7. Ball Size:
  1. 8U and below – Size 3 ball
  2. 12U and below – Size 4 ball
  3. 13U and up – Size 5 ball
8. Players:
  1. 6U - 4 v 4, no goalie, can have defender, need 3 to start game
  2. 8U - 4 v 4, need 3 to start game
  3. 10U - 7 v 7, 1 goalie, need 4 to start game
  4. 12U and Rec Plus 9 v 9, 1 goalie
9. Kick Off:
  1. Ball does not have go forward.
  2. NO DOUBLE TOUCHES!
    1. 8U - stop play and restart.
    2. 12U (all formats) - if double touch, indirect kick to the other team.
10. Throw-Ins:
  1. 6U - kick-ins, NOT throw-ins. Defending players must be at least six feet from the ball. NO DOUBLE TOUCHES! Stop and restart.
  2. 8U - throw-ins with one additional try. Can't throw in to self. Stop and restart.
  3. 12U - throw-ins. No second chances.
11. Goal Kicks:
  1. 6U - taken from any point on the end line NOT in front of the goal. Defending players must be at least six feet from ball. NO DOUBLE TOUCHES! Stop and restart.
  2. 8U - taken from box in front of goal. If there is no box refer to above. NO DOUBLE TOUCHES! Stop and restart.
  3. 12U - taken from goal box.
12. Corner Kicks:
  1. U8 - NO DOUBLE TOUCHES! Stop and restart.
  2. 10U - double touch results in indirect free kick to the other team
13. Fouls/Free Kicks:
  1. U8 - ALL fouls are indirect
  2. 12U - indirect and direct fouls awarded
14. Substitutions may only be made at the following times:

1. Substituting team doing kick-in/throw-in only
2. Either team's goal kick
3. Either team's kick off
4. NO subs allowed on corner kicks or free kicks by either team

15. Coaches on the Field:

1. 4U – one coach from each team may be on the field during the game
2. 5U – one coach from each team may set up players on the field, then must step back to sideline
3. 12U – no coaches on the field during the game must be at least three feet from the sideline
4. No coaches are allowed behind the goals or anywhere along the goal line

16. Offside:

1. 8U 4v4 no offside called
2. 12U 9v9 offside called
3. 13U and above 11v11 offside called

17. Game Length:

1. 4U – Four 7.5-minute quarters with two 1-minute water breaks, one two-minute half time.
2. 5U – Four 7.5-minute quarters with two 1-minute water breaks, one two-minute half time.
3. 6U – Four 10-minute quarters with two 1-minute water breaks, one two-minute half time.
4. 8U – Four 12-minute quarters with two 1-minute water breaks, one two-minute half time.
5. 10U – Two 25-minute halves with one 5-minute half time.
6. 12U – 2 30-minute halves with one 5-minute half time.
7. 14U – 2 35-minute halves with one 5-minute half time.
8. 16U – 2 40-minute halves one 5-minute half time.

For 10U and above If the weather is real hot be sure and ask both teams if they would like a water break half between each half, clock keeps running, do not add time.