



PITTSBURGH OUTLAWS 9U thru 13U PROGRAM OUTLINE

Overview:

The program has several parts, all of which have the ultimate goal of improving a player's baseball skills. Our programs main focus is player development, however, we also want the players to experience success playing the game we love wearing quality uniforms and playing at quality venues against quality opponents.

Winter Practice:

Team practices are every Sunday for 1 ½ hours. Each team has mechanics practices every other Wednesday or Friday. (Total of 14 Sunday workouts and 7 mechanics practices.).

Team Sunday practices consist of 45 min of on field training and 45 min of hitting practice. Hitting practice includes cage work, tee work, situational hitting drills etc. Field training includes infield and outfield drills, base running, etc...

Our Winter Training is broken out as follows:

- **Defensive Work:** Each team will be on the field each Sunday for 45 min and will work on all aspects of good fundamental defense. There is not another program out there that can compete with our defensive training. We also include base running instruction during our on field Sunday practices.
- **Hitting:** Each team will be in the cage for 45 min every Sunday and will work on their individual swing. We are excited to announce they we are adopting a data driven development program with regards to our hitting training. Please see the attached "Outlaws Data Driven Development Plan" for more information with respect to this. We will also video all of our players and evaluate their swings and build from there.
- **Pitching:** Pitching training will take place every other Wednesday. With our 9U and 10U and possibly some new 11U players, we start with basic pitching mechanics. 12U & 13U players will start with review and evaluation of their existing mechanics. We will also start implementing our new data driven development plan and also possibly a Driveline Arm Care Program for Youth Players.

The Pittsburgh Outlaws are excited to continue the half hour private lesson with a C-Side/Outlaws instructor. These lessons are included in the Outlaw fees. The lessons are scheduled by you directly with the C-Side Staff. Priority for Sunday lesson times will be given to those that live the furthest from the facility. The Outlaw staff and C-Side staff will be in constant communication with respect to what each player works on in their lessons. These lessons will be an important part of the **Data Driven Development Plan**. We cannot force players to participate in these lessons. **Please note that your fees will not be reduced if you elect not to take the lessons.**

Data Driven Development plan and resource. Please see "Outlaws Data Driven Development Plan" document with regards to this important addition to the program.



Tournaments:

The registration fee includes 7 tournaments. Most of our teams will play additional tournaments. Anything over 7 tournaments is additional cost to each player. Teams will typically participate in 2 or 3 local tournaments and travel for 2 or 3 tournaments that are around a 3 to 5 hour drive from the Canonsburg area. Most of our teams go to Cal Ripken's youth facility in Aberdeen, Maryland. This is an incredible facility that we are glad to be able to have all of our teams participate. For more information about Ripken Youth Baseball please go to www.ripken.com.

Cooperstown Dreams Parks:

Our 12U teams will go to Cooperstown Dreams Park for a weeklong tournament. This is a once in a lifetime experience for the player and family. Please go to www.cooperstowndreamspark.com for more information. The cost for Cooperstown is in addition to the Outlaws fees. The cost for Cooperstown will be around \$1250/player.

Uniforms:

Each player will receive 2 full uniforms including 2 hats, 2 game jerseys, 2 pair of game pants. Each player also will get a Texas orange practice t-shirt with number and a black practice t-shirt and Texas orange shorts. Each player also receives a batting helmet and bat bag every other year. **If uniforms don't change from year to year we may ask returning players to reuse their game jersey from the prior year. If the items are in poor condition or no longer fit, new ones will be purchased. There is no fee discount for uniform reuse.**

Each player is required to wear their orange practice shirt, white hat, plain white baseball pants (not provided by Outlaws), and black socks for all Sunday practices. Shirts must be tucked into pants.

Each player is required to wear their black practice shirt, Texas Orange shorts and white hat to all mechanics practices.

Being part of a TEAM and preparing together is a critical part of any organization. This is one of the first organizations your son will have to dress appropriately for, in order to participate.

Practice Facility:

Our teams will be practicing at C-Side Sports Academy. This facility is located in North Strabane, PA near the Meadows Casino and Race Track. C-Side is one of the largest and most state of the art sports facility in Western Pennsylvania. For more information about C-Side, please go to www.csidesports.com.

Outdoor Fields:

For outdoor practices and league games the Outlaws utilize North Strabane Field which is located behind the North Strabane Township Building on route 519.

Fundraising:

There are multiple fundraising opportunities throughout the practice and game season. Information about these fundraisers will be distributed as it becomes available.



Website:

Our website is www.pittsburghoutlawsbaseball.com. We use this website to provide everyone in the program updated information. The practice schedule, tournament schedule, fundraising info is all kept up to date on the site. We will also be using the website as a learning tool this year. We will be posting videos of the hitting and pitching drills that we assign to the players. This way, parents can monitor their son and will know what we are looking for in the drill and what we are trying to accomplish.

Program Cost:

The total cost for the program is \$2300.

1. The registration fee is \$2300. This fee covers the cost of all uniforms, team insurance, 6 tournament team entrance fees and indoor practice facility rental. Full payment is welcome at any time prior to February 28th, however we have the following payment plan for your convenience:

Upon Acceptance of Roster Position	\$600 (Deposit)
October 31 st , 2023	\$400
November 30 th , 2023	\$400
December 31 st , 2023	\$300
January 31 st , 2024	\$300
February 28 th , 2024	\$300