



As part of our transition to an online athletic forms system, ***All*** student athletes ***must*** fill out and complete their athletic forms on Rank One online and have a current physical to participate in any school related activities!

- Even if your student athlete has a physical on file with the school already, you *still* must go online to fill out the Rank One information or they will not be permitted to participate!

To ensure your student is able to participate in their activity, follow these easy steps:

- Go to <https://www.rankonesport.com/content/>
- Click on “Parents Click Here”, Then select online forms, select our state and then finally select our school district to begin.
- There are only **2 sheets** students are required to turn into the school. This is their ‘Physical Examination Form’ and their ‘Medical Eligibility Form’, each must be filled out and signed by a family physician or Doctor; the rest can be done online through Rank One Sports.

By utilizing this new system, the physical process will be streamlined and physicals will be kept online with easy access for parents, coaches and EMS rescue.

*****Student athletes will not be allowed to participate in any school related activities until we have a physical AND the forms filled out through RankOneSport.*****

Please see coach Lyons in room 617 for any questions