



HUSKY

2018-19

PUCK

THE SECOND SEASON

The Huskies have been preparing for this moment since November. The second seasons starts tonight when the Huskies face off against RAM at 7:30 at Hobbs Ice Arena. When each game could be the last, Coach Parker and the Huskies are focused and ready to step it up. This last week was a time to refocus, to study themselves and their opponents, and to commit to showing others what #HuskyPride really means. As they head into the playoffs, the Huskies are ready for every player, every shift to give it 100%.

LOOKING AHEAD

2/14 REGIONALS
HUSKIES VS RAM
7:30

2/18 SECTIONALS

**The bigger you
dream, the bigger
you play.
Own the moment.**



RECORD 14-9-1

HUSKIES—2 MEMORIAL--7			HUSKIES--10 RICE LAKE--1			HUSKIES--1 NOTRE DAME--4		
GOALS	ASSISTS	GOAL KEEPING	GOALS	ASSISTS	GOAL KEEPING	GOALS	ASSISTS	GOAL KEEPING
Urdahl Akervik	Stange Vance	Schreiter 51:00 SV% .806	Plante Koller (2) Stange (2) Urdahl (4) Akervik	Echternach Akervik Stange (5) Vance Koller (2) Fitch Fadness Martin Urdahl	Schreiter 17:00 SV% 1.00 Pace 34:00 SV% .933	Stange	Koller Urdahl	Schreiter 51:00 SV% .897

WISCONSIN PREP HOCKEY—February 10, 2019

RANKINGS

1. Northland Pines
2. University School
3. Wausau West
4. Superior
5. SPASH
6. Verona
7. Neenah/Hortonville/Menasha
8. Onalaska/LaCrosse
9. Eau Claire North
10. Sun Prairie

HONORABLE MENTION

- Eau Claire Memorial
- Hudson
- Notre Dame
- Waukesha

HUSKIES— 2 CHIPPEWA--6

GOALS	ASSISTS	GOALKEEPING
Stange	Urdahl (2)	Schreiter
Vance	Koller	34:00
		SV% .818
		Pace
		17:00
		SV% .909

PEAKING IN THE POST-SEASON

As the post-season approaches and the pressure to perform intensifies, coaches and players look to build on what's gone well and to overcome the challenges of the regular season. According to the Janssen Sports Leadership Center, post-season success is about more than just game time. According to Janssen, during post-season play teams need to remember:

- **You don't have to be the best team, just the better one on that day.**

Don't feel like you have to be the absolute BEST team when all you need to do is to be the better team on the day you play each opponent.

- Stick to the routine that got you there. Stay consistent with your routine.

Remember that consistent preparation leads to consistent performance.

- Execute the little things. Don't beat yourself. Focus on the top 3-5 battles that you need to control to win the overall war.

- Maintain your poise and work your plan. Trust your game plan and know that it will give you the best shot of being successful, even if you start off behind.

Post season success is about generating and maintaining positive psychological momentum, To read more, see Janssen's full article at the [Team Captains Network](#).

PLAYER PROFILE



NAME: **Zach Urdahl**

YEAR: **Junior**

JERSEY NUMBER: **17**

PREGAME RITUAL OR

SUPERSTITION: **Pre-game stretch is always the same**

SECRET TALENT: **Being smart** 😊

TV SHOW: **Blue Mountain State**

FAVORITE THING ABOUT BEING A HUSKY: **The Boys**



[ECN Hockey](#)



Eau Claire North
Boys Hockey



@Husky_Hockey



[Link to Husky TV](#)