

## Sporting Columbia Recreational Rules 9v9 U12 Coed & U11/U12 Girls

<b>Players on the Field</b>	8 plus a goalkeeper
<b>Roster Maximum</b>	16
<b>Duration of Match</b>	2 x 30 minute halves / 5 minute halftime
<b>Ball Size</b>	4
<b>Throw-ins</b>	No second chance. Explanation for infraction.
<b>Corner kicks</b>	Corner kicks taken within 1 yard spot of corner.
<b>Goal kicks</b>	Goal kicks taken within the 6 yard box.
<b>Free kicks</b>	All opponents must be at least 8 yards from the ball.
<b>Offside</b>	Yes, will be called.
<b>Restart</b>	Indirect free kick for opposing team.
<b>Substitutions</b>	Any stoppage of play (ball out of bounds, foul, kick-off), time keeps running.
<b>Playing time</b>	Every player shall play a minimum of 50% of the total playing time.
<b>Referee</b>	One official per game, more if available.
<b>Slide tackling</b>	No slide tackling. Players are permitted to slide to play a ball provided they are NOT in proximity to any other player.
<b>Field</b>	75x50
<b>Coaches on the field</b>	Coaches on the sideline unless acting as the referee
<b>Fouls</b>	Pushing, pulling, kicking opponent, handing the ball, and dangerous play (ex: high kick with opponent nearby). Fouls result in an indirect free kick or direct free kick for the opposing team (referee to signal). A goal can be scored from an indirect free kick if the ball is touched by another player (teammate or opponent) after the kicker before it enters the goal. Direct free kicks do not need to touch another player for a goal to be scored. A penalty kick is awarded if a player commits a direct free kick offense inside their penalty area.
<b>Practice</b>	Two 60-90 minute sessions per week
<b>Heading the ball</b>	HEADERS ALLOWED

**Recreational Program/Game Day Contact:  
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