



# Association Guidelines for Managing Confirmed COVID-19 Cases

*Each association should have its own plan in place for returning to the rink and be prepared for the possibility of positive cases occurring within participants or their families. Local rinks and associations need to follow the guidelines set forth by the Center for Disease Control and Prevention (CDC), the Minnesota Department of Health (MDH) and local government or health officials in returning to the rinks and managing confirmed cases of COVID-19.*

*The information in this document is not intended or implied to be a substitute for professional medical advice, diagnosis or treatment. These guidelines are designed to assist associations in creating their own emergency and alert plans for confirmed positive cases.*

## Family

- Inform your team and/or association COVID-19 contact of a player testing positive, someone in their household testing positive or have been exposed to someone confirmed to have COVID-19.
- Stay home for a minimum of 10 days since symptoms first appeared and until there is no fever for at least three days without medication AND improvement of other symptoms.
- Siblings and household members should also stay home for 14 days and follow the [MDH Decision Tree](#) on when to return.

## Team

- Designate a coach, manager or volunteer position who will be responsible for responding to COVID-19 concerns and will help coordinate with local health authorities regarding positive COVID-19 cases. All team coaches, players and parents should know who this person is and how to contact them.
- Coordinate with association COVID contact to notify all team members if a positive test is confirmed, while maintaining that person's confidentiality in accordance with the Americans with Disabilities Act (ADA).
- Notify any opponents or teams that practiced with the infected player over the previous 14 days.
- Notify any opponents or teams scheduled to practice with the player's team over the upcoming 14 days.
- Pause team activities until you can consult with local health officials and/or the Minnesota Department of Health on additional testing or requirements before returning to play
- Teams should not be penalized for forfeiting games due to COVID-19 concerns.



## Association

- Designate a person within the association who will be responsible for responding to COVID-19 concerns and will help coordinate with local health authorities regarding positive COVID-19 cases. All association members should know who this person is and how to contact them.
- Send communications to members and post signage at the arena requesting that people who have been symptomatic not enter the building and should not participate in any hockey-related event.
- Have a plan in place and an established area for people who become symptomatic while at the arena.
- Upon learning of an association member testing positive for COVID-19, notify MDH of confirmed COVID-19 cases among players, coaches and family members (as required by Minnesota Rules, Chapter 4605.7050). An MDH inbox has been established for sport organization COVID-19 case reporting: [health.sports.covid19@state.mn.us](mailto:health.sports.covid19@state.mn.us). Minnesota Department of Health can also be reached at 651-201-5000.
- Consult with MDH and local health officials and be prepared to communicate to any players, coaches, officials and volunteers who had close contact with that player notifying them of a positive test. Maintain the confidentiality of anyone with a positive test in accordance with the Americans with Disabilities Act (ADA).
- Notify the arena of the positive test and close off areas used by the sick person within the last 24 hours and do not use these areas until after cleaning and disinfecting them.
- Any positive cases should be logged and tracked. They should also be communicated to the Minnesota Department of Health.

## References

As stated previously, this document is not intended or implied to be a substitute for professional medical advice, diagnosis or treatment. Associations must adhere to guidelines set by the CDC and MDH. The knowledge and circumstances around COVID-19 are changing constantly and, as such, Minnesota Hockey encourages all programs engaging in activities to stay up-to-date on future developments. Below are some additional resources for programs to reference.

MDH Guidance for Sports – <https://www.health.state.mn.us/diseases/coronavirus/sportsguide.pdf>

MDH Planning Guide for Schools (p. 10-13) –  
<https://www.health.state.mn.us/diseases/coronavirus/schools/k12planguide.pdf>

CDC Considerations for Youth Sports - <https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/youth-sports.html>

CDC Youth Sport Program FAQs - <https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/youth-sports-faq.html>