



California USA Wrestling Inc.
Cadet/Junior Boys/Girls/Men/Women Folkstyle State Championships
March 1st, 2nd, 3rd 2024
Selland Arena 700 M Street Fresno, CA 93721

Friday:

Registration/Weigh-Ins Times

Time	Age Groups/Weight Classes
6:00pm - 9:30pm	<ul style="list-style-type: none"> All Cadet Girls-Folkstyle Cadets Boys (145-285)- Folkstyle Cadet Boys (88-138)- Folkstyle All Junior Boys/Junior Girls- Folkstyle All Open Men & Women- Folkstyle <p>**Some Age Groups/Weight Classes have multiple chances to weigh in*</p>

Saturday:

Time	Age Groups/Weight Classes
9:00am - 9:30am	<ul style="list-style-type: none"> Cadet Boys 88-138 (If they have <u>NOT</u> registered/weighed in already) All Junior Boys/Junior Girls (If they have <u>NOT</u> registered/weighed in already) All Open Men & Women (If they have <u>NOT</u> registered/weighed in already)
6:30pm - 7:00pm	<ul style="list-style-type: none"> All Junior Boys/Junior Girls (If they have <u>NOT</u> registered/weighed in already) All Open Men & Women (If they have <u>NOT</u> registered/weighed in already)

Sunday:

Time	Age Groups/Weight Classes
6:30am - 7:00am	<ul style="list-style-type: none"> All Junior Boys/Junior Girls ((If they have <u>NOT</u> registered/weighed in already) All Open Men & Women (If they have <u>NOT</u> registered/weighed in already)

Age Groups/Weight Classes

USA Junior* Boys-Born 9/1/2004 & after, plus enrolled in grades 9-12-100 lbs, 106 lbs, 113 lbs, 120 lbs, 126 lbs, 132 lbs, 138 lbs, 144 lbs, 150 lbs, 157 lbs, 165 lbs, 175 lbs, 190 lbs, 215 lbs, 285 lbs

16U/Cadets-Boys Born 2008-2009-88 lbs, 94 lbs, 100 lbs, 106 lbs, 113 lbs, 120 lbs, 126 lbs, 132 lbs, 138 lbs, 144 lbs, 150 lbs, 157 lbs, 165 lbs, 175 lbs, 190 lbs, 215 lbs, 285 lbs

16U/Cadet Girls Born 2008-2009-88 lbs, 94 lbs, 100 lbs, 106 lbs, 112 lbs, 118 lbs, 124 lbs, 130 lbs, 136 lbs, 142 lbs, 148 lbs, 155 lbs, 170 lbs, 190 lbs, 235 lbs

USA Junior Girls ** Born 9/1/2004 & after, plus enrolled in grades 9-12-95 lbs, 100 lbs, 105 lbs, 110 lbs, 115 lbs, 120 lbs, 125 lbs, 130 lbs, 135 lbs, 140 lbs, 145 lbs, 155 lbs, 170 lbs, 190 lbs, 235 lbs

Open MEN Born 2005 or Before-57 kg, 61 kg, 65 kg, 70 kg, 74 kg, 79 kg, 86 kg, 92 kg, 97 kg, 125 kg

Open Women Born 2005 or Before 50 kg, 53 kg, 55 kg, 57 kg, 59 kg, 62 kg, 65 kg, 68 kg, 72 kg, 76 kg



Event Timeline: Wrestling Schedule

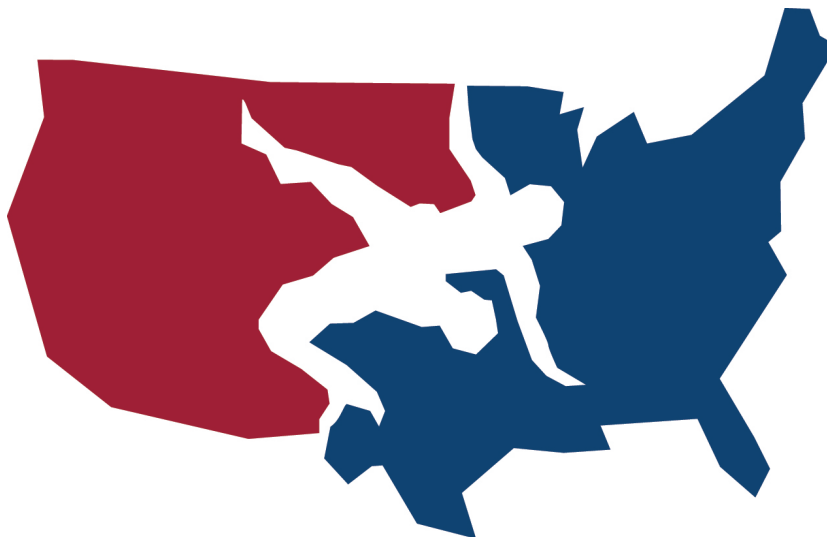
Cadet/Junior Boys/Girls Folkstyle State

Saturday:

Session	Time	Age Group/Weight Classes
1st Wrestling Session	8:00am - 2:00pm <ul style="list-style-type: none">••	All Cadet Girls Cadet Boys (145-285)
2nd Wrestling Session	2:00pm - 6:00pm <ul style="list-style-type: none">•	Cadet Boys (88-138)

Sunday:

Session	Time	Age Group/Weight Classes
3rd Wrestling Session	8:30am - until completion <ul style="list-style-type: none">•••	All Cadet Boys (if not yet completed) All Junior Boys/All Junior Girls All Open Men & Women



USA

WRESTLING

IMPORTANT REMINDERS FOR ALL STATE EVENTS

1.	Doors Open	<ul style="list-style-type: none"> 6:30am both days
2.	Admission	<ul style="list-style-type: none"> Adults \$17/daily, plus city fees Kids \$12/daily, plus city fees
3.	Singlet	<ul style="list-style-type: none"> Red/Blue singlet is not required (No school singlets)
4.	Medical Exam	<ul style="list-style-type: none"> Medical Staff have the authority to eliminate any wrestler who has a contagious skin disorder.
5.	Registration	<ul style="list-style-type: none"> All wrestlers MUST present a current USA Wrestling Membership Card along with a proof of date of birth. (Ex. Copy of Birth Certificate, driver's license)
6.	Weigh ins	<ul style="list-style-type: none"> All wrestlers will have two attempts on the initial scale and the right to challenge all available scales one time to make their desired weight. A wrestler who does not make weight will be allowed to compete in the weight class they weigh in at. At no additional cost. All wrestlers must weigh in with their singlets on, after the medical examination. All wrestlers will not be allowed to leave the weigh in area until they have weighed in. A wrestler may not initiate any activity for means of weight reduction in the weigh in area. (ex. Using the Restroom) All Parents/Coaches are not allowed in the weigh in area. They are allowed to watch from the stands.
7.	Coaches Credentials	<ul style="list-style-type: none"> All Coaches must have a current USA Wrestling Card and a Copper/Bronze/Silver/Gold-Level Coaching Certification Printed out.

IMPORTANT REMINDERS FOR ALL STATE EVENTS

		<ul style="list-style-type: none"> • Each Coach must present his/her current USA Wrestling Card and a Copper/ Bronze/Silver/Gold-Level Coaching Certification to each of the Mat Chairman before every match. • Will be handed out Friday in Box office area from 6:00pm - 8:00pm. • Will be handed out on Saturday in Box office area from 8:00am - 2:00 pm. • Will be handed out on Sunday in the Box office area from 7:00am - 10:00am
8.	Broken Athlete Credentials	<ul style="list-style-type: none"> • Will be replaced only if the athlete brings his/her broken band.
9.	Entry Fee	<ul style="list-style-type: none"> • \$70.00 on-line two weeks prior to the event. • \$90.00 two weeks until 2pm Friday before the event. • 100.00 after 2pm Friday before the event.
10.	Print your USA Card	<ul style="list-style-type: none"> • Make sure to have a r t k p w g f "copy of your USA Card