



IGN Winter Wonderland AAU Invitational

DoubleTree Cedar Rapids Convention Complex
 350 1st Ave NE, Cedar Rapids, IA 52401
 Friday, February 20, 2026



EVENT	TU	DM	NOTES
12:30	Doors Open		
12:40	Coaches & Judges Meeting		
12:40	Staging for First Flights		
1:00	1 - Sub-Beginner (4U,5-6,7-8, Boys)	1 - Advanced and Elite	Elite DM line up first, compete last
1:15	2 - Beginner (5-6,9-10, Boys)		
1:30	3 - Beginner (7-8)	2 - Sub-Advanced (9-10,15+, Boys All)	
1:45	4 - Advanced Beginner 1 (5-6,7-8,9-10,11-12)		
2:00	5 - Advanced Beginner (7-8,9-10,11-12,15+)	3 - Sub-Advanced (11-12,13-14)	
2:15	6 - Sub-Novice 1 (5-6,7-8), Sub-Novice (7-8, Boys)		
2:30	7 - Sub-Novice 1 (13-14,15+), Sub-Novice (13-14)	4 - Intermediate (9-10 Flight 1 & Flight 2)	
2:45	8 - Sub-Advanced, Advanced, Elite (All)	5 - Intermediate (7-8,11-12)	Elite TU line up first, compete last
3:00		6 - Intermediate (13-14,15+)	
3:15	9 - Novice (9-10,11-12,13-14)	7 - Beginner (4U,5-6, Boys)	
3:30	10 - Intermediate (9-10,11-12,15+)	8 - Sub-Beginner (4U,5-6, Boys)	
3:45	11 - Sub-Novice 1 (11-12), Sub-Novice (11-12)	9 - Beginner (7-8 Flight 1)	
4:00	12 - Sub-Novice 1 (9-10), Sub-Novice (9-10)	10 - Beginner (7-8 Flight 2)	
	TR		
4:15	13 - Novice (5-6, Boys)	11 - Novice (7-8)	
4:30	14 - Sub-Beginner (All), Beginner (Boys)	12 - Novice (11-12)	
4:45	15 - Beginner (4U,5-6)	13 - Beginner (9-10 Flight 1)	
5:00	16 - Beginner (7-8 Flight 1 & Flight 2)	14 - Beginner (9-10 Flight 2, 11-12,15+)	
5:15	17 - Beginner (9-10,11-12)	15 - Novice (9-10 Flight 1 & Flight 2)	
5:30	18 - Novice (7-8)	16 - Novice (5-6,13-14,15+, Boys)	
5:45	JUDGE DINNER BREAK	JUDGE DINNER BREAK	
6:00	19 - Synchronized Trampoline (All)		
6:15		SM	
6:30	20 - Novice (13-14,15+)	17 - Sub-Beginner, Beginner (5-6, Boys), Novice (Boys)	Novice SM line up first, compete last
6:45	21 - Novice (9-10)	18 - Beginner (7-8), Novice (7-8)	Novice SM line up first, compete last
7:00	22 - Novice (11-12)	19 - Intermediate (13-14,15+), Sub-Advanced (13-14,15+)	
7:15	23 - Intermediate (9-10)	20 - Novice (9-10,11-12,13-14,15+)	
7:30	24 - Intermediate (11-12,13-14,15+)	21 - Beginner (9-10,11-12,15+)	
7:45	25 - Sub-Advanced (9-10,13-14,15+)	22 - Intermediate (11-12), Sub-Advanced (9-10,11-12, Boys)	
8:00	26 - Sub-Advanced (11-12, Boys)		
8:15	27 - Elite, Advanced (9-10,13-14,15+)		Elite TR line up first, compete last

- * Please arrive at least 1 hour prior to your first event (with the exception of the first two flights), as events may run up to 30 minutes early.
- * Enter venue at the Alliant Energy Powerhouse Ticket Box Office off 1st Ave. Admission paid at ticket office.
- * Awards will be presented on the competition floor directly following each flight, unless noted above

LIVE RESULTS POSTED AT www.iowagymnestevents.com