



Florida Duals 2024

Minnesota



Sidney Eagle Intensive Camp

June 10-15, 2024

University of Minnesota Camp

June 16,-18 2024

Disney Duals Orlando, Florida

June 20-26, 2024

Sidney



Wrestling

Dear Coaches and Wrestlers,

We are in the process of assembling teams from Montana to compete in the National Duals at Fort Lauderdale, Florida June 21-26, 2024. It is a great event with lots of wrestling and fun on the side. There are 150 teams in attendance with two days of pool wrestling, then two days of bracket wrestling.

There are 3 Divisions:

- All Star (State Placers-Champions very experienced)
- Developmental (Non-State placers – Developing to be)
- High School (Mixture of both)
- Girls (Developmental & All Star)

We have been sending teams to the duals the past 24 years and have been very successful. What is great about the National Duals is that each wrestler will have 15-20 matches. The style of wrestling is folk style. We are planning an outstanding training camp the week preceding the tournament (June 10-15 @ Sidney) featuring Terry & Troy Steiner. We will also be attending the University of Minnesota Dual Team Camp for two days. **We will get 8-10 duals at the camp before we leave for Florida.** Wrestlers interested in attending must fill out an application and send it in by April 15, 2023. A \$500.00 non-refundable deposit must accompany the application. This is the basic time line for this event. You will receive more information after you send in your application.

June 10th Saturday- 6:00 P.M. Check in First Workout

June 10th-15th in Sidney (Troy & Terry Steiner -Providence - UMary)

June 14th- Sidney Duals

June 15th 10k & BBQ

June 16-18th- University of Minnesota Team Camp

June 19th- Fly to Florida

June 19th-26th Disney Duals

June 26th - Fly Back

APPLICATION FOR NATIONAL FOLKSTYLE
DISNEY DUAL CHAMPIONSHIPS ORLANDO, FL

June 10th-15th (Sidney) – June 16th-18th (Minnesota Dual Camp) – June 19th-26rd (Florida)

If you are interested in participating, please complete and return the following information to:

Guy Melby

615 4th St SW Sidney, MT 59270

Phone: 488-6624 (Home)

433-2330 (Work) 489-2831 (Cell)

E-mail- melbs57@hotmail.com

sidneywrestlingclub.com for copies and additional information

The Montana National Folkstyle All- Star Team will consist of fourteen wrestlers, up to three alternates, three coaches and one official. The weight classes will be national high school high school weights plus five pounds (i.e. 106+5=111; 113+5=118; 120+5=125; 126+5=131; 132+5=137; 138+5=143; 145+5=150; 152+5=157; 160+5=165; 170+5=175; 182+5=187; 195+5=200; 220+5=225; 285+5=290

First & Last Name: _____

Parent or Gaurdian: _____

Address: _____

City: _____ State/Zip: _____

Phone number: _____ E-mail: _____

Cell phone: _____ Birthdate: _____

Place in the MHSA State Wrestling Tournament: _____

Place in the State Folkstyle Qualifier: _____

Weight you would like to Wrestle: _____

Name of Wrestling Club (if any): _____

AAU Number: _____

The initial deposit of \$500 will be due by April 15, 2024. The total cost of the trip will be **\$2000**. Applications can be accepted late, but the cost of flights will increase so it would cost you \$300 more. For the cost of **\$2000**, the team members will receive six days of an intense training camp. Clinicians from Minnesota, University of Mary and Providence. Entry fees. Competition against 150 all-star association teams. Air travel to/from and during your stay in Orlando, Sidney, Minnesota. Housing in Sidney, three hotel night in Minnesota. Coaching. Team singlet, Warm-Up, T-Shirt, and Shorts. Trip to Beach, Baseball Game, etc. Two days at University of Minnesota Dual Camp. 30 plus live matches. Fun in the sun, Condos with pools and Hot tubs. The athletes will have to provide their own food and spending money.

- All forwarding information can be located at sidneywrestlingclub.com.
- Venmo Deposit sent to this account – Team Montana Wrestling
- CC# _____ Exp _____ CVV _____ Zip _____

There is a spot for everyone with the three different divisions. State Champs and non-state placers.
This is a great way for you to become better.

