

CDM Baseball Player Contract

There will be high expectations for all involved in the CDM Baseball Program. The following expectations are in place to make you a better individual. If you fail to follow our team rules, you will be disciplined or dismissed from the program.

In general – do what is right, do your best, and treat others as you wish to be treated. **LEAD BY EXAMPLE!**

1. Attend all practices, meetings, competitions, and team activates and be on time. Our team rule is 5 minutes early is on time.
2. Email or text (Remind App) coach PERSONALLY before 10AM should you have to miss practice. Explain why you are missing. Parents should not be messaging coaches on the remind app. If parents need to get in contact with a coach, they should use email.
3. Report any personal injury/illness to coach immediately. You are still expected to attend both practices and competitions, depending on the circumstances of the injury/illness.
4. Come dressed correctly every single day. Shirts are to be tucked in and CDM baseball hats will not be worn backwards.
5. Attend school on a daily basis and not be tardy to class. 4 Tardies in a quarter equals a U in citizenship.
6. Maintain at least a 2.0 GPA. We will have grade checks and any student with a C- or lower in any class will report to study hall.
7. Lead by example on and off the field.
8. Be Coachable. We know you bring a lot of experience but keep an open mind.
9. Always exhibit good sportsmanship and leadership on and off the field.
10. Be well mannered and respectful on campus. Disrespect for coaches, faculty, or staff will not be tolerated. Follow our 5 H rule with regards to all players in the program, coaches, and administrators while on campus.
11. Be accountable for your actions. Accept ownership, not excuses.
12. ZERO tolerance for inappropriate language.
13. Sprint on and off the field at all times.
14. Be a team player and ALWAYS support your teammates.
15. Do not borrow your teammates equipment without permission.
16. Treat all equipment with respect, i.e. throwing helmets/glove/bat.
17. The use of alcohol, tobacco, and any other drug will not be tolerated. If you are caught on or off campus, you will be suspended from the team for a minimum of 10 school days. Any suspension will be in addition to the school's punishment. If there is an issue with drugs/alcohol in the fall/winter, your suspension will begin when our season starts in the spring.
18. Return or replace any equipment or uniform issued to you at the end of the season. If you don't, you will need to make a payment to replace the cost of those items.
19. If you are not happy with something, you (player) need to contact the coach. You will not contact the coach on game day about playing time. Parents will follow the school's complaint procedures.
20. **BE ALL IN!** Come to the field with a positive energy every day. Be a team player and look to do things that will help the team. Always practice hard at game speed. Have fun, learn the game, and enjoy the ride with your teammates and coaches.

By choosing to play in the CDM Baseball program, I am agreeing to abide by these expectations described on the sheet.

Players Name (Print) _____ Players Signature _____

My child has informed me of the required expectations to be a baseball player at CDM. We have discussed these expectations and I will ensure that these expectations are realized.

Parent Name (Print) _____ Parent Signature _____

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