



Dear Storm Players and Parents,

SportQuest Skating Academy is offering 3 weeks of spring season power skating for Mites/8U through Bantam/15U players.

These clinics will continue to build on the foundations of proper skating skills and techniques that our SQSA coaching staff has set within the Minneapolis Youth Hockey program. Each session will cover agility, balance, strength, edge control and quickness. Stride analysis will also be available.

Space is limited, so please register early.

Dates: April 11th, 18th, 25th

Location: Parade South Arena

Times: 1:15-2:15 and 2:15-3:15, times to be assigned based on registrations

Cost: \$110 for 3 all three sessions

[Register Online Here](#)

Coaching Staff:

Katrina Stewart: SQSA Hockey Director

Sandy Wittman: SQSA Staff Power Skating Coach

Kirsten Vike: SQSA Staff Power Skating Coach

For questions please email sqsahockey@gmail.com