## REGISTRATION

July  $1^{st}$  –  $14^{th}$ RETURNING 2018-2019 RHL PLAYER PRIORITY REGISTRATION

July 15th - 21st

ELIGIBLE LTP & RETURNING SPRING 2019 RHL PLAYER PRIORITY REGISTRATION

July 22nd

**OPEN REGISTRATION** 

ALL PLAYERS MUST REGISTER FOR THEIR BIRTH YEAR, NO EXCEPTIONS Registration begins at 10am for each time period.

Online registration is encouraged.

## **GOALIE REGISTRATION**

Goalie registration time periods are the same as player registration. A separate Goalie registration link is available for goalies (Squirt, Peewee, and Bantam/Midget). There are no full-time goalies at Mini-mites or Mites.

Questions about eligibility or enrollment?
Contact Hockey@MedStarCapitalsIceplex.com

RHL fills quickly, so PLEASE REGISTER EARLY. Once a level is full, a waitlist will be available. Ensure that you have your 2019-20 USA Hockey number available during registration. You are encouraged to have your 2019-20 USA Hockey number at least 24 hours in advance. Hint: the fourth digit will be a 0.

## **USA HOCKEY REGISTRATION**

We require all House League participants to register independently with USA Hockey at www. USAHockeyRegistration.com. Registration for ages 6 and under is free. You will not be able to participate in the evaluation skate or the RHL season without a valid 2019-20 USA Hockey registration.



AMERICAN DEVELOPMENT MODEL

The American Development Model provides age-appropriate guidelines and curriculum to hockey associations across America to help more kids play, love and excel in hockey.

# RHL MISSION STATEMENT:

The Mission of the Rooftop Hockey
League is to provide a fun, competitive,
and safe hockey environment which
improves skills, develops selfconfidence and respect for others,
and fosters teamwork in our student
athletes. RHL is committed to the
development of hockey players and
teaching life skills through individual
and team concepts, resulting in a
lifelong enjoyment of hockey. Our
program is designed to provide the
opportunity to play for enjoyment and
healthy competition.

627 N. Glebe Rd Suite 800 Arlington, VA 22203 www.MedStarCapitalsIceplex.com



## 2019-2020 FALL/WINTER



MedStar Capitals Iceplex

## MINI-MITES:

## Birth Years 2013, 2014

- Practices: Players will be divided into small groups and placed into stations. Each station will incorporate drills for skill development and fun.
- Anticipated practices/games on Sunday mornings OR Sunday afternoons.
- 10-week season begins in September.
- A second 10-week season will be offered January-March 2020.
- Maximum number of players in the league: 40
   Cost: \$440

## **TES:**

## **Birth Years 2011, 2012**

- •We anticipate that practices will be held on Mondays.
- Games will be cross-ice with a warm-up and two 25-minute periods.
- There are no full-time goalies in Mites. The coach will rotate goalies each game. RHL provides goalie gear for Mites.
- Anticipated games will be held on Sunday mornings OR Sunday afternoons.
- Maximum number of players in the league: 120
   Cost: \$1,380

## UIRTS:

### Birth Years 2009, 2010

- We anticipate that practices will be held on Mondays.
- Multiple teams will practice together during each practice session.
- Games until January will be half-ice and consist of a 3-minute warm-up and three 20-minute running clock periods.
- After the first half of the season, we will evaluate whether to continue with half-ice games or move to full-ice games.
- Anticipated games will be held on Saturday mornings OR afternoons.
- Maximum number of players in the league: 96

Cost: \$1,390



## **EEWEES:**

### Birth Years 2007, 2008

- We anticipate that practices will be held on Mondays.
- Three teams will practice together during each practice session.
- Games are full-ice and consist of a 3-minute warm-up and three 12-minute periods.
- Anticipated games will be held on Saturday mornings OR afternoons.
- Maximum number of players in the league: 96
   Cost: \$1.390

BANTAM/MIDGETS:

## Birth Years 2003, 2004, 2005, 2006

- Anticipated games on Saturday evenings.
- The sessions will alternate and consist of 10 practices and 10 games.
- This is a non-checking league.
- Maximum amount of player in the league: 68
   Cost: \$1,050



## **PLAYER NOTIFICATION**

Following the RHL draft, players will be notified of their team within a few days. Practice days/times, game schedules, and coaches will be announced once the draft is complete and certified by the Hockey Director. All information will be posted on www.MedStarCapitalsIceplex. com and will be emailed to all participants.

\*Once the RHL season has begun, coaches will keep teams and players updated in addition to direct contact from the Hockey Director.

# **FALL 2019-20 SEASON**

- The Fall/Winter 2019-20 hockey season is here!
   Season runs September-March.
- Skill development is incorporated for all teams through USA Hockey's American Development Model recommended guidelines. ADM provides age-appropriate guidelines and curriculum to hockey associations across America to help more kids play, love, and excel in hockey.
- Hockey Director and RHL Coaches will evaluate and divide players into balanced teams for the season.
   Coaches are USA Hockey certified.
- Team Jersey included.
- Prerequisite: All players must have completed at least 2 sessions of Youth Learn-To-Play classes or have previously played in the house league.
   Evaluation Skates and Training Camp will be held in September. A schedule will be posted in August for the Evaluation Skate and Training Camp See back for GOALIE registration information.
   Goalie fees are the same as player fees.

# **ECT TEAMS 2019-20:**

The House Selects program is for the experienced house player that is looking for additional opportunities to develop as a hockey player. By playing in the Selects program, these players will have the opportunity to participate in additional practices and games against local area teams and in tournaments.

Program details coming in August!
RHL Select Teams will be fielded based on interest and ice availability. We anticipate having teams at the Mite, Squirt, Peewee, and Bantam levels and hosting tryouts in September. RHL Selects requires players to participate in RHL and is an additional fee.