NEWSLETTER



WELCOME BACK!

Welcome to the 2022-23 WGBA basketball season! Our WGBA Board and volunteers are working hard to get this season up and running. In my 6 years of being a part of the Board these are the strongest registration numbers we have ever had! The season officially gets started tonight with 6th-8th grade travel team tryouts and won't stop until the end of February. Whether your daughter plays recreational, or travel basketball please be on the lookout for communications coming from the WGBA about schedules, coaches, teams, and opportunities to get in a gym and have fun playing hoops. We will see you in a gym!

Chad Greenway WGBA President

SUMMER SHOT CLUB

Forms are due to SarahHoughland13@gmail.com

KEY DATES

TRAVEL TRY OUTS

- Varies by Grade
- View Calendar <u>here</u>

JUNIOR JAMMERS

- Oct 8 & 15
- Register here

TROJAN MADDNESS

• Nov 18

It is best to check the <u>WGBA Calendar</u> for the most up-to-date event information.

TRAVEL TRY OUT - TIPS

Basketball season is back – and the WGBA is ready for another successful year! With the start of every association season comes the "T" word. Tryouts. Tryouts can be nerve-wracking and anxiety-provoking for some kids – and MOST parents. Here are top tips for tryouts from our Travel Director, Paul Kieser:

Kids: control the controllables

- Listen
 - Evaluators definitely recognize and appreciate attentiveness
- Be positive
 - With yourself AND with your teammates
- Work as hard as you are able in every component of the tryout
 - A rebound, a stop on defense, a deflection...the game is bigger than just scoring

Parents:

- We have a process that is designed to place each girl in a situation where we believe they can thrive and grow. We want your daughter to succeed as much as you do.
- These are 9-14 year old kids. College scholarships are not won or lost at this age but love and enjoyment of the game is. Be positive with your kids it'll help them with #2 above!
- Time flies have fun while they are having fun!





