



Swim course / Schwimmstrecke

1 Lap, 1.9 km | 1.18 miles



Run course / Laufstrecke

2 Laps, 21.1 km | 13.1 miles



Bike course / Radstrecke

1 Lap, 90.1 km | 56 miles



Transition area / Wechselzone



Aid station / Verpflegungsstation



Turning point / Wendepunkt

RÖKA

IRONMAN
GLOBAL SERIES

OFFICIAL SWIM WEAR PARTNER

HOKA

IRONMAN
GLOBAL SERIES

OFFICIAL RUNNING SHOE