



INDIANA STATE WRESTLING ASSOCIATION NEWS & UPDATES -----

MARCH 2024

Team Indiana opportunities will become available at the awards podium for those teams requiring qualification. Information can be found online at www.iswa.com/teamindiana. The TEAM INDIANA SELECTION PROCESS can also be found on this weblink.

2024 HEARTLAND DUALS March 28-28th@ COUNCIL BLUFFS, IOWA Best of luck to ALL TEAM INDIANA!

Clubs: Thank you in advance for communicating this with your members. Freestyle/Greco is the International Wrestling styles, clinics, RTC, camps are available for those wrestlers wishing to expand past Folkstyle season. Visit our website for new inspirational video's to share with your club members:
www.iswa.com

RTC schedule - Regional Training Centers info can be found here:
<https://www.iswa.com/rtc>

2024 CULTURAL EXCHANGE Lou Silverman, ISWA's cultural exchange director is planning a special cultural exchange opportunity in Hawaii. For more info please visit: <https://www.iswa.com/culturalexchangetrip>

2024 ISWA SCHOLARSHIPS The scholarship DEADLINE is – APRIL 1st! Visit our website for more information. Eligible seniors must complete the application form for consideration. More info can be found here:
<https://www.iswa.com/scholarshipandrecruiting>

FOLKSTYLE STATE FINALS Thank you to all coaches and wrestlers who participated in this year Folkstyle State Finals at Warren Central. We appreciate all those who helped run, plan and ensure this event was the best quality event.

Team Results: Congratulations to the following Teams/Academies

Top Academy: Contenders

Large Team (23+)

- 1st: Bulldog Premier Wrestling Club (58) 311.5 points**
- 2nd: Bloomington South Wrestling Club (51) 250 points**
- 3rd: Center Grove Wrestling Club (40) 180 points**

Medium team (13-22)

- 1st: Patriots Wrestling Club (22) 160 points**
- 2nd: Delta Wrestling Club Inc. (22) 135 points**
- 3rd: Floyd Wrestling Club (19) 132 points**

Small Team (8-12)

- 1st: Columbus East Wrestling Club (10) 90 points**
- 2nd: Rochester Wrestling Club (11) 59.5 points**
- 3rd: Carroll Wrestling Club (9) 58.5 points**

Top Women's Team: Whiteland WC (13) 106 points

Top Women's Academy: Contenders (18) 129 points

2024 MEN & WOMENS FREESTYLE/GRECO STATE FREESTYLE STATE FINALS

For the most current info visit: [2024 FS/GR State Finals \(iswa.com\)](https://www.iswa.com)

May 3-5th, 2024 @ AVON HS Registration will be online at www.usawmembership.com. NOTE* Two qualifying Freestyle events are required in order to register for this event. A drop down menu of freestyle events will be available to select the qualifiers wrestlers competed in.

Attention Clubs - Table Help is Needed! Please note a week prior to event each club will be emailed a form to complete for table help volunteers from your club. Teams fulfilling Table Help Guidelines should contact Jennifer.Pierson@iswa.com for more information about team points and requirements.

3XGEAR 2024 ISWA Men & Womens Freestyle/Greco State Final Event shirts will be for sale at Avon High School. If you want your wrestler to be listed on the back of the tournament shirt make sure to register before 4/30/24.

Coaches please note; to receive a coaches band, to coach matside, you must be a current USAW Wrestling Leader member, which includes a NCSI background check, completed the Safe Sport certification, and have minimum Copper certification. Please contact the ISWA office to confirm your USAW membership is eligible to coach matside for this event. (317)780-1885 or email office@iswa.com. Coaches are required to sign a code of conduct before getting a coaches band. Note coaches can upload a profile photo to make check in faster at the coaches band table. Visit www.usawmembership.com to begin the 5-7 day processing procedure for new members. THIS YEAR COACHES ARE REQUIRED TO PRE-REGISTER FOR COACHES BANDS WITHIN WWW.USAWMEMBERSHIP.COM-EVENT-SEARCH EVENT-COACHES BAND.