

TOWN HALL Outdoor Volleyball Return to Play for Stage 3 Regions

JULY 27, 2020



AGENDA

- Outdoor Volleyball Return to Play Protocols for Stage 3 regions
- Event Beach Friendlies
- Q & A
- Future Town Halls Schedule





Return to Play Protocol

Eager to Play!

PSOs RTP - How Safely?

- Government Regulations
- Public Health Authorities
- Insurance and Legal
- Volleyball Canada
- Facilities/Permit Issuers



Tool – RTP for Outdoor Volleyball and RTP for Indoor Volleyball



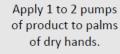
Return to Play Local Public Health

- Be familiar and comply with both provincial and local requirements
- OVA working with local public health authorities
 - Shared Return to Play/Training Protocol
- Utilize their fact sheets and educational resources

How to use hand sanitizer





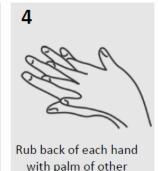




Rub hands together, palm to palm.



Rub in between and around fingers.



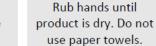
hand.

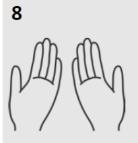


Rub fingertips of each hand in opposite palm.



hand.





Once dry, your hands are clean.



Return to Play Protocols – Volleyball Canada

Guidelines

- Progression
- Outdoor deemed safer than indoors
- Group size minimized
- Volleyballs designated for a group
- Clean Volleyballs
- Eliminate unnecessary contact high fives
- Good hygiene

HOW DO WE BOUNCE BACK:

A SAFE RETURN TO VOLLEYBALL

As our nation begins to loosen restrictions, it is important for us to do our part in mitigating the ongoing risk of contracting and spreading the COVID-19 virus.

FACILITY CONSIDERATIONS





Outdoor activity has been deemed safer than indoors.



Beach and grass volleyball would be deemed safer than indoor volleyball at this time.



Minimize the total amount of users in one space at



Avoid or minimize contact with commonly touched surfaces.

PARTICIPANTS



Group sizes should always be minimized



Stay at home if displaying symptoms of COVID-19 in the past 14 days.



People over 65 years of age or people with underlying health conditions are deemed to be higher risk.

CONTACT MINIMIZATION



Physical distancing should be practiced whenever possible.



Spectators should be



discouraged and if present must abide by physical distancing guidelines.



Participants should not be sharing equipment.



Keep volleyballs designated for specific groups of participants.



Use sanifizing spray or wipes on balls at frequent intervals.



Unnecessary contact between participants handshakes, high-fives, hugs, etc. should be avoided

GOOD HYGIENE



Hand washing or sanitizing at Intervals throughout should be encouraged.



Avoid touching ones face throughout play.



Consider wearing a mask and gloves.

RETURN TO VOLLEYBALL **PROGRESSIONS**

The return of volleyball will adapt as restrictions and policies change regionally.

The following is a likely progression of allowable activities. Mitigation strategies will need to be practiced throughout all stages.



INDIVIDUAL TRAINING AND SKILL WORK



SMALL GROUP SKILL WORK. NO COMPETITIONS



SMALL GROUP COMPETITIONS



LARGE GROUP COMPETITIONS





Return to Play Protocol Insurance

No Return To Play Protocol -> NO INSURANCE

- Illegal Activity
- What is Covered / Not Covered
- Sport Accident vs Liability
- What does exclusion mean?
- Risk Mitigation





Return to Play Protocols **Government Regulations**



PHYSICAL DISTANCING

Physical distancing means keeping our distance from one another What is physical distancing? When outside your home, it means staying at least 2 metres and limiting activities outside the home. (or 6 feet) away from other people whenever possible.

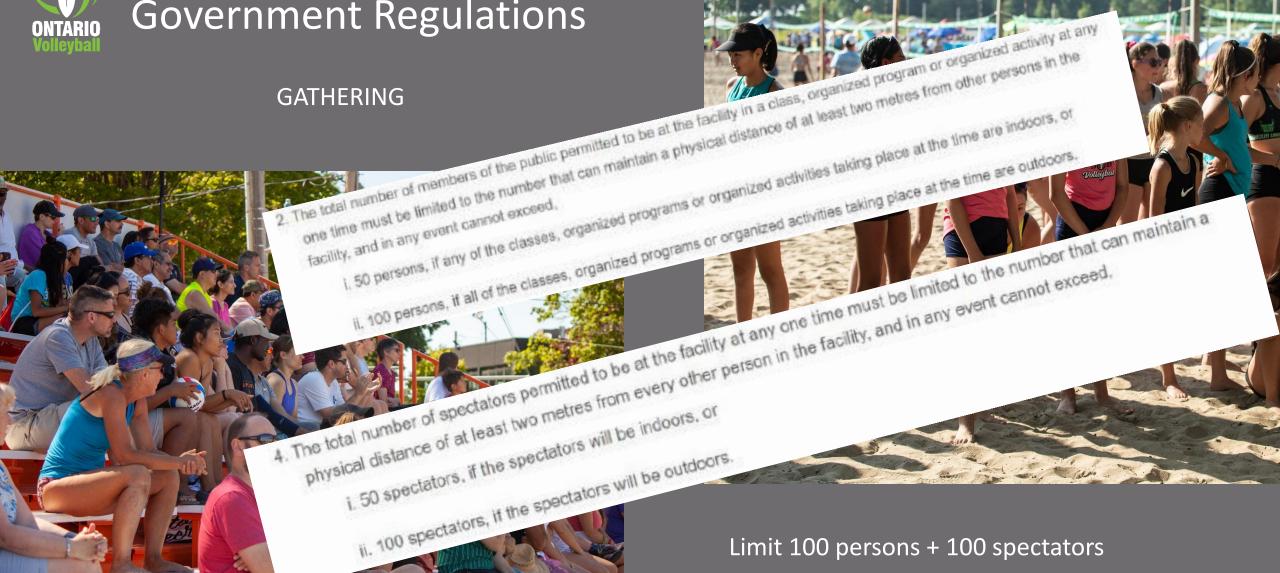
Stage 3 Regulation



Social Circle not apply to organized training activity.



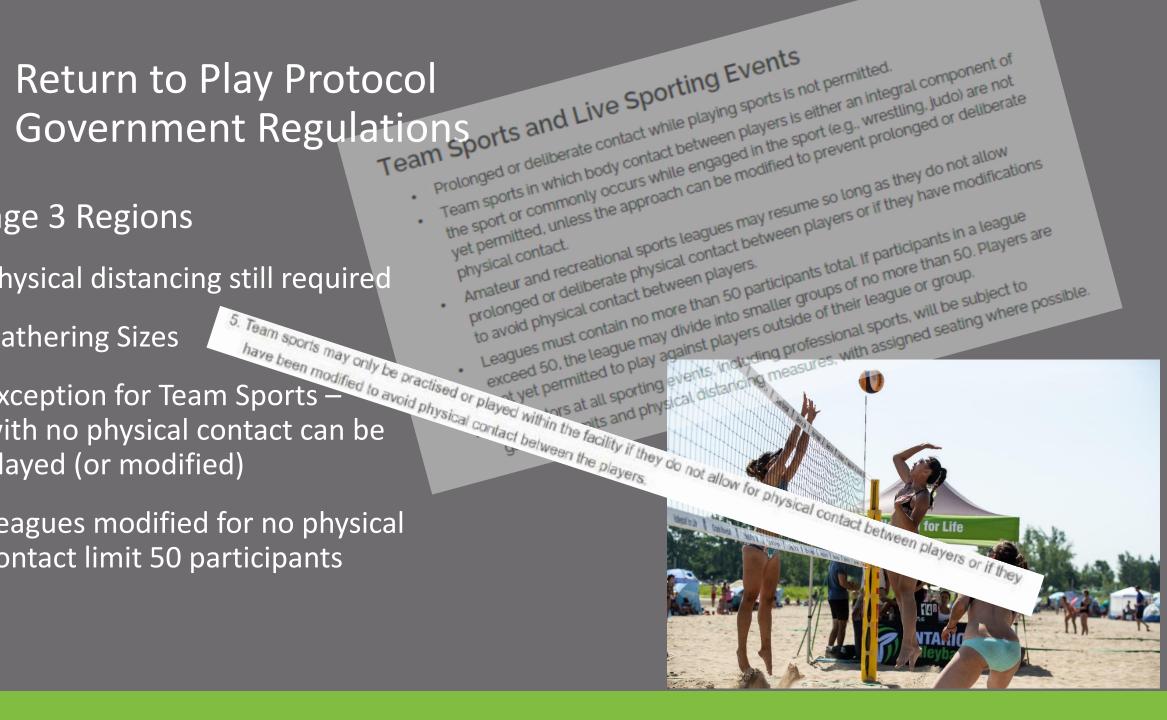
Return to Play Protocol Government Regulations





Stage 3 Regions

- Physical distancing still required
- Gathering Sizes
- Exception for Team Sports with no physical contact can be played (or modified)
- Leagues modified for no physical contact limit 50 participants





Outdoor Return to Play Protocols How do you Comply?

- Risk Mitigation Assessment Checklist
- Share Protocol with Facility
- Acknowledgement Form
- Waiver for COVID
- Education Plan
- Response Plan
- Health Screening
- Participant Tracking
- Programming





Return to Play Protocol Programming

- Scrimmages and game play limited duration
- When training and playing deliberate physical contact NOT allowed
- Modify to minimize incidental physical contact
- Frequent breaks to clean and sanitize hands – guideline 30 mins
- Limit session duration (120 mins)





Return to Play Protocol Programming

- Eliminate all deliberate physical contact from sessions
- No huddles, high fives, handshakes, switching sides
- Any static interactions (coach instruction, time-outs) maintain 2m distance
- Off-court all individuals must respect physical distancing
- Ensure ample space between courts
- Utilize visual cues





Return to Play Protocol Programming

League Play

- Max 50 participants per league division
- No interplay between divisions
- Up to 4 participants per side on 8m x 8m
- Up to 6 participants per side on 9m x 9m





OVA Beach Friendlies

- Exhibition, fun events taking place at OVA's three locations across the province
 - London
 - Horseshoe (Barrie)
 - Pickering
- Multiple age groups offered
 - 13U, 14U, 16U, Youth Open
 - If your age group isn't listed above, please play up a division
 - Chronological age class





OVA Beach Friendlies

- Events will begin August 8th and run every Saturday and Sunday throughout the month
 - Registration will take place on NRS
- 2 waves offered each day, with a total playing time of 1hr 45min
 - 2 sets to 21, or 35min (whichever comes first)
 - 15min break in between each match
 - Matches are self-refereed, no scoreboards or score reporting required





OVA Beach Friendlies – COVID Protocols

- All OVA Return to Play Protocol must be followed
- Each participant will need to submit OVA waiver before competing (via Formstack) and only needs to be done once per season
- Contract tracing information (for both athlete and spectator) must be completed before each event via Formstack
 - Limit of 1 spectator per athlete
- Daily Health Screening Questionnaire will need to be completed via Formstack (per event)
 - Questions will also be asked at check-in
- NO WARM UP can begin until athletes have checked in





OVA Beach Friendlies – COVID Protocols

- Volleyballs will be disinfected between each match, nets and admin area will be disinfected between each wave
- Athletes must bring their own hand sanitizer and wipes for personal use
- Physical distancing of 2m must be maintained while NOT on the court
- No physical contact during game play
- Check-in times are 30min prior to start time, and teams must vacate the venue immediately after games are done





OVA Town Halls Schedule

Tuesday August 4

- Coach Eligibility
- Indoor What's New

Monday August 10

Indoor Volleyball RTP for Stage 3

Further to be scheduled

- Monday August 17
- Monday August 24



