

# ATTENTION! PLEASE READ!

## NIKE TEAM APPAREL WASH & CARE INSTRUCTIONS

**\*\*POST EMBELLISHMENT IS NOT RECOMMENDED FOR DIGITALLY PRINTED UNIFORMS\*\***

1. PRE-WASH GARMENTS. WASH TWICE AT RECOMMENDED CARE WITH DETERGENT BEFORE WEAR.
2. FOLLOW CARE INSTRUCTIONS PERMANENTLY AFFIXED TO THE INSIDE OF EACH GARMENT. The special fibers used to achieve performance characteristics in some of Nike Team uniform and fundamental garments require COLD WATER WASH to avoid colorfastness issues.
3. WASH IMMEDIATELY AFTER WEAR. DO NOT ALLOW STAINS TO SET. Do not allow to lay on itself when wet.
4. WASH WHITE GARMENTS SEPARATE FROM COLORED GARMENTS.
5. DO NOT DRY CLEAN OR PRESS GARMENTS. Dry cleaning and ironing can discolor athletic uniform fabrics and can damage imprinting.
6. USE OXYGENATED CLEANERS, DETERGENT SPECIFICALLY FOR UNIFORMS/PERFORMANCE FABRICS, OR MILD DETERGENT (<10 pH).
7. DO NOT USE CHOLORINE BLEACH.
8. DO NOT DRY CLEAN OR IRON.
9. DO NOT USE FABRIC SOFTENERS. Fabric softeners deteriorate garments with spandex and can also restrict the effectiveness of Dri-FIT technology.
10. DO NOT SOAK NYLON OR SPANDEX GARMENTS.
11. FASTEN HOOK & LOOP TAPES (i.e. Velcro® or similar) to avoid snagging garments in wash.
12. DO NOT OVERLOAD MACHING. Make sure water level in machine is higher than garment level.
13. DO NOT LET WET GARMENTS LAY ON TOP OF ONE ANOTHER, REMOVE FROM MACHINE IMEDEIATELY AFTER WASH. This will help avoid color bleeding, particularly on color blocked garments.
14. INSPECT GARMENTS AFTER WASH. IF STAINS HAVE NOT BEEN REMOVED, WASH AGAIN. DO NOT DRY UNTIL STAINS ARE REMOVED.
15. LINE DRY WHEN POSSIBLE OR REQUIRED.
16. BE SURE GARMENTS ARE COMPLETELY DRY BEFORE STORING. Store in cool, dry place, away from direct sunlight & fluorecent light to prevent mildew or yellowing.
17. FOR BASEBALL & SOFTBALL UNIFORMS, SEE SPECIAL INSTRUCTIONS AT THE INTERNET ADDRESS BELOW;  
<https://www.nike.com/a/how-to-clean-white-baseball-pants>

**COMMUNICATE THE ABOVE CARE INSTRUCTIONS TO ALL OUTSIDE PARTIES THAT  
HANDLE OR LAUNDER YOUR UNIFORMS.**

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