

## Defensive Practice Topics

### Cutoff man situations

- Standard - Short and Long Fields
- Balls past OF (3rd base priority)
- Deep/Home

### Rundowns

- General (ball out, call ball, etc.)
- 1st-2nd
- 2nd-3rd
- 3rd-Home
- 1&3 switch off plays for out at home

### Bunt Defense

- Standard
- With Runner (1st only)
- With Runners -Wheel/Stay Home (2nd)?

### Pitcher Coverages

- 1st base
- Backup (prefer 3/4)
- Deep cutoff on short fields with small backstop?

### Other Coverages

- 1st to backup 4?
- Catcher behind 1st

### 1st and 3rd plays

- 1, 4, and 6 option based on batter/fielder
- Go for out situations

### Catcher Training:

- Blocking
- Slide and/or angle to backstop
- Back pick keys if allowed
- Cut and relay verbal responsibilities

## Questions

- How much pitcher/catcher freedom on pickoffs?
- Pitch calling (may be catcher dependant)
- General bunt defense preference

## Pitching

- 1st and 3rd situations
- Pickoffs (how open, timing, signal options)
- Defense Safe situations (no picks)
- Pitch calling
- Slide step/Obvious steal situations
- Pitcher fielding practice

## Signals/Plays

- Pitch signals
- Pickoff (pitcher)
- Pickoff (catcher) - Must judge position!
- Defense Safe
- 1st/3rd (including no play)
- Bunt Coverages in obvious situations?

## Infield Topics

- Left side Lookbacks
- Double plays
- X-3-5 plays
- X-3-2 plays
- Must throw home
- Infield Fly
- OF/IF Option balls
- Positioning/situational positioning

## Outfield Topics

- OF/IF Option balls
- Converging routes
- Angle of attack
- Situational throw awareness  
(See Cutoff man situations)
- 9-3 plays
- Backup plays and responsibilities