

Try Lacrosse for Free!!!

Hosted by Woodbury United Lacrosse

A great event for those looking to try lacrosse for the first time!

Choose one Date:

February 9th

February 23rd

11:00 AM – 12:00 PM

Health East Sports Center

No equipment necessary, lacrosse sticks will be provided

Members from the East Ridge and Woodbury HS boys and girls programs will be present

Woodbury United youth lacrosse board members will be on site to help answer questions

ES Lacrosse store will be on hand to answer questions on equipment



Did you know?!?!

Minnesota is the fastest growing lacrosse state in the country

Minnesota loves lacrosse: In 2017, there were 3,761 boys and 3,986 girls playing high school lacrosse

There are 6 East Ridge and Woodbury boys and girls currently on NCAA Division 1 rosters

Nationally, lacrosse ranks #1 for boys (12.7%) and #2 for girls (12.6%) for sports that have the highest percentage of HS players that go on to play in college