

KIRKLAND AMERICAN LITTLE LEAGUE COVID-19 RETURN TO PLAY SAFETY PLAN 2021

INTRODUCTION

- Kirkland American Little League's primary goal is to ensure the safety of our players, coaches, volunteers, and families.
- This plan is designed to minimize the risk of transmission of COVID-19 while allowing the play of Little League Baseball.
- This plan is created from and will be updated to align with the WA Governor's guidelines for youth sports – Here is the link to the WA State Updated Youth Sports COVID Guidelines:
<https://www.governor.wa.gov/sites/default/files/COVID19%20Phase%20%20and%203%20Sporting%20Activities%20Guidance.pdf>
- This plan pertains to both organized practices and games, and will be updated as Governor's guidelines are adjusted. This is an addendum to our primary KALL Safety Plan, located here: <https://www.kirklandamerican.com/page/show/3733498-safety>

TEAM HEALTH PROTOCOL PRIOR TO ARRIVING AT OUTDOOR ACTIVITIES

- Athletes, managers, coaches, plate umpires, field umpires, spectators and any other volunteers should stay home if they feel unwell and show signs of COVID-19 or are a close contact of a confirmed case.
- Any person with symptoms of COVID-19 or who is a close contact of someone with confirmed COVID-19 will not be allowed to participate – stay home instead.
- If any athletes, managers, coaches, plate umpires, field umpires, spectators and any other volunteers has COVID-19 symptoms, or if you have been exposed to someone with confirmed COVID-19, contact your health care provider for a test.
- People with underlying health conditions should consult with their medical provider regarding participation in athletic activities.

MASKS / FACIAL COVERINGS

- Masks/facial coverings required for athletes/participants directly before and directly after sporting activities and strongly encouraged whenever not engaged in strenuous activity.
- Any spectators must wear masks / facial coverings per the Department of Health facial covering order. Please see link to the order: <https://www.doh.wa.gov/Emergencies/COVID19/ClothFaceCoveringsandMasks>
- Masks can be removed when actively warming up / participating in the game.
- Coaches, umpires, managers, spotters, and any other paid or volunteer staff must wear face coverings at all times, with an exception for field umpires that need to run in the field of play.
- Masks must be worn when in the dugout, unless all players are spaced 6 feet apart, using the bleacher area as overflow.

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PHYSICAL DISTANCE

- Physical distance of 6 feet must be maintained between staff, volunteers, and any spectators at all times with the exceptions for training and medical personnel and volunteers performing their medical duties.
- 6 feet distance must be maintained among athletes when not engaged in sporting activities, huddles and team meetings must be physically distanced.
- Umpires – will need to call games from behind the pitcher’s mound, if 6 foot distance is not achievable.
- No spectators allowed except for one parent/guardian/caregiver for each minor-aged participant allowed. Spectators must maintain physical distance of at least six (6) feet between each person and wear facial coverings at all times.
- Sporting activities, of up to 50 people, unless a county’s then-current phase permits a greater number of people.

HYGIENE

- Required athletes, managers, coaches, plate umpires, field umpires, spectators and any other volunteers to practice good hygiene including washing their hands frequently and covering their sneezes and coughs.
- Sanitize hands before and after practice and games. Especially after touching shared objects.
- Avoid touching your eyes, nose, and mouth.
- Athletes should not share water bottles, uniforms, equipment (bats, gloves, helmets, catcher’s gear), towels, or snacks and should not spit (saliva, sunflower seeds, etc.)
- Coaches will add to their first aid kit: Hand sanitizer and/or other disinfectant wipes

PRE-GAME

- Alert your players and families that anyone feeling sick - SHOULD STAY HOME.
- Players and coaches may not enter the playfield until the start of the reservation, and no equipment can be brought to the field until the start of the reservation. Waiting on the sidelines prior to the start of the contest is not allowed.
- Hand washing stations and/or hand sanitizer must be available for all training or contests.
- Upon arrival, coach/team rep is responsible for the following:
- Ask players/coaches the following questions as they arrive:
 - Have you tested positive for COVID-19 in the past 14 days?
 - Have you been sick or running a fever in the last 48 hours?
 - Have you been in contact with anyone diagnosed with COVID-19? **If answer is YES to any of the above questions, player must leave the premises.**
 - All players & coaches wash / sanitize their hands.
 - Clean high touch surfaces and disinfect shared equipment.
 - Pre-game warmups - players should adhere to social distancing guidelines (stay 6 feet apart)
- Pre-game plate meeting
 - Coaches and umpires wear masks and stay 6+ feet apart to discuss game rules.

PLAYER/TEAM CELEBRATIONS

- Limit physical contact; no large group celebrations (walk-offs, homeruns, etc.)

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PLAYER GATHERING

- Masks must be worn when in the dugout, unless all players are spaced out 6 feet apart, using the bleacher area as overflow.
- The bleacher area at each field should be available for player overflow based on the size of the dugout.
- Fans will be limited to sitting and/or standing down the foul line and outside the outfield fence, making the bleacher area available for player overflow.

POST GAME

- No post-game handshakes - alternate ways to acknowledge your opponent - hat tip, etc.
- Clean high touch surfaces and disinfect shared equipment.
- All players and umpires must vacate the field within 15 minutes of the end of the reservation. All equipment and garbage must be removed from the field within 15 minutes of the end of the reservation.
- If another game follows at the same site, exit the facility quickly.
- Space games out accordingly to allow for all pre/post-game protocol.
- New teams must wait until all players have exited to enter facility.
- Coaches for next game follow pre-game sanitization protocol

PARENT / FAN POLICY

- Social distance in the bleachers or bleacher area – this area might be needed for players; Fan area will be down the foul line fences (beyond the bases) and behind outfield fence.
- Required to bring their own chairs or stand 6 feet apart - practice social distancing guidelines (exception for those that live in the same household)

CONTACT TRACING

- Teams are required to keep a roster of every athlete, staff and volunteer present at each practice, training session, and contest to assist with contact tracing in the event of a possible exposure.

GENERAL INFORMATION

RETURN TO PLAY COVID-19 REQUIREMENTS AND RECOMMENDATIONS:

Per King County's COVID-19 requirements, pertaining to Kirkland American Little League, sporting activities of up to 50 people, unless the county's then-current phase permits a greater number of people, full team practices, and spectator-less games and competitions, can resume, regardless of phase if all the following conditions are met:

- Teams follow both league-wide and team-specific "return to play" safety plans.
- The league-wide plan is approved by KALL Board.
- KALL must report in advance to: City of Kirkland, LWSD and King County DOH with dates when full team practices and spectator-less pre-season games will occur.

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ALLOWABLE ACTIVITY PER COVID-19 CASE LEVELS

HIGH LEVEL COUNTY COVID ACTIVITY >75 cases/100K/14 days OR >5% positivity

Outdoor team practices and/or training can resume at this level. No spectators allowed except for one adult parent/guardian/caregiver for each minor-aged participant allowed. Spectators must maintain physical distance of at least six (6) feet between each person. Attendance rosters must be kept.

MODERATE LEVEL COUNTY COVID ACTIVITY >25-75 cases/100K/14 days AND <5% positivity

Scrimmage, intra-team competitions are allowed at this level and below. No spectators allowed except for one adult parent/guardian/caregiver for each minor-aged participant allowed. Spectators must maintain physical distance of at least six (6) feet between each person. Attendance rosters must be kept.

LOW LEVEL COUNTY COVID ACTIVITY <25 cases/100K/14 days AND <5% positivity

Scrimmage, intra-team competitions allowed at this level and league games allowed. Tournaments are also allowed.

KING COUNTY COVID LEVEL	PRACTICES	KALL GAMES	CROSS LEAGUE GAMES	MASKS (DUGOUTS)	MASKS (PLAYERS)	SPECTATORS IN MASK
HIGH	YES	NO	NO	YES	OPTIONAL	1 PER PLAYER
MEDIUM	YES	YES	NO	YES	OPTIONAL	1 PER PLAYER
LOW	YES	YES	YES	YES	OPTIONAL	YES

Check COVID Levels here:

<https://coronavirus.wa.gov/what-you-need-know/covid-19-risk-assessment-dashboard>

