

David Ross

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Girls' Basketball

Program Goals, Philosophies, and Procedures

PROGRAM PHILOSOPHIES	PROGRAM VISION	PROGRAM GOALS
The Cedarburg girls basketball program believes they will continue to develop individual and team skills that produce a winning culture. 1. Work with the youth programs. 2. Run well designed camps that facilitate basketball drills that provide improvement. 3. Develop a culture where student athletes believe that they can compete at the highest level (ex. Regional Champions 2022 and 2023)	To develop highly skilled student athletes that possess the knowledge and skills to represent Cedarburg High School and the community. 1. Continue to encourage and reinforce academic achievement in the classroom while performing at a high level of play. 2. Demonstrating what being a High-Achieving Student Athlete entails (ex. CHS Girls Varsity Basketball Team 1st Team All-State 2022 and 2023 both years #1 in GPA)	To emphasize the year long, off-season weight lifting program. 1. Program continues to make significant progress in strength and conditioning. (ex. In the off-season Coach Ross was contacted and asked how his athletes were so well conditioned). To build a culture that resembles the qualities that include being humble, hard-working, dedicated and unselfish basketball players. 1. We provide opportunities for athletes to develop basic life skills to help in their future. Leadership discussions are part of practices and games. 2. Coaches expressed to the team that they were the best TEAM ever.



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TEAM PHILOSOPHIES VARSITY JV1 JV2 Varsity teams are intended to be competitive. Junior Varsity will place a greater emphasis on JV2 will even further emphasize ensuring ensuring adequate playing time for all Coaches of varsity teams will select players adequate playing time for all student-athletes. who can compete/contribute at the varsity student-athletes. Winning is still a goal, but Playing/participation time at the JV2 level may level. Not all players will have the opportunity not be equal among players at each event, developing the skills and knowledge to play in every competitive event. When student-athletes will need to be successful at but almost all student-athletes should considering underclass students for the the varsity level is also a goal. Playing compete at almost all events. At the JV2 level, varsity level, player readiness and time/participation may not be equal among developing interest in the sport and promoting development should be considered along with players for each event, but most skills and positive attitudes are critically the potential for team success. student-athletes should participate in most of important. the competitive events that include practice. At the JV level, promoting skills and positive attitudes is critically important.



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TEAM SELECTION

The four criteria below are the main areas upon which decisions are made when selecting team members.

Skills & Talent Attitude & Work Ethic Potential Team & Program Needs

PLAYER RESPONSIBILITIES

PARENT RESPONSIBILITIES

Commitment to the team that includes attending all practices, team meetings/ events, and following coaching staff directives.

Great work ethic Great sportsmanship

Commitment to the CHS activities code Positive support for Student Athletes and Coaches

Good sportsmanship towards officials, players and coaches.
Understanding that the coaches build a program through their philosophies and concepts that may differ from other programs or their beliefs.

COACH RESPONSIBILITIES

Role model good sportsmanship, appropriate language, professional and respectful behavior
Structured and well-planned practices that coincide with the coaches philosophies and game plans that may differ from week to week due to scouting and playing to our teams strengths.

PLAYER & COACH COMMUNICATION

All coaches must avoid group texts and texting with athletes.

Each team/coach is expected to have an immediate form of communication to use with athletes outside of traditional texting.

The girls basketball team will use a parent email list for any specific communication that needs to be shared with each team or throughout the program. All parents should notify the coaching staff if their email needs to be changed.

COMMUNICATION EXPECTATIONS

Communications should begin with the player to the coach in person. If player and coach cannot resolve, then a parent can contact coach to have a meeting with coach, player and parent. If the problem is not resolved, the AD can get involved with all parties.



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VARSITY LETTER CRITERIA

To be determined on a case by case basis by the coach. The player who receives a letter has made contributions to the team through extensive practice and/or game participation. All players who receive a varsity letter must play in a minimum of 30% of the regular season games (7) or who have been on the varsity team for the entire season. If a player who has not qualified for a letter at the end of the season and continues to make contributions throughout the playoffs, a varsity letter may be earned as an exception by the coach.

CAPTAIN CRITERIA

Qualities observed by the coach are based on any of the following traits: leadership skill, team involvement during in-season and out of season activities, and character displayed during competition.

Any player who would like to be a captain will nominate themself and then talk to the players and coaches as to why they should be a captain. Players and coaches will then decide who will be the captains for the 2023-24 season.

MISSED GAME & PRACTICE POLICY

MIssing practices and games will have consequences that include not only starting games and/or not playing in a game or games determined by the coach on a case by case basis.

STRENGTH & CONDITIONING EXPECTATIONS

Student athletes will continue to utilize opportunities at CHS to increase their strength & agility through in-season and off season training. The varsity coach expects all players to participate in the in-season and off-season programs to not only improve the athlete physically but to build team chemistry which is essential to team success.