

2020 LIBERTY FOOTBALL TRAINING CAMP INVITE

Army and Navy Academy

WHAT TO EXPECT

The 2020 Liberty Summer Football Team Camp is heading to California for the 9th time. The team will depart early Sunday (6:00 am) on July 19th and return Wednesday, July 22nd. At camp, all athletes should expect to room with other team members in camp dorms, attend all football activities, and perform team building activities as well. All transportation, meals and lodging are included in the camp price along with training camp apparel. Most importantly, each athlete will receive complete football instruction that will increase his football knowledge and improve his athletic performance in preparation to the upcoming season.

RECOMMENDED ITEMS TO BRING TO CAMP

- Sleeping Bag/Blankets/Pillows
- Towels
- Toothbrush/Toothpaste
- S&C/Soap/Deodorant
- Sun screen/lip balm
- Sunglasses/Hats
- Insect repellent
- Athletic/workout clothes
- Athletic/workout shoes
- Football cleats (extra pair if possible)
- Football gloves/accessories
- Anti chaffing
- Several pairs of socks and underwear
- Casual/everyday shirts and shorts
- Jacket/sweatpants (temps will get into the 50s-60s at night)
- (breakfast, lunch, & dinner is provided)
- Bottled Water/Recovery Drinks
- Notebooks/Paper/Pencils
- *Spending Money (optional)*
- *iPod/Radio/Travel clock (optional)*
- *Photo Camera (optional)*

LION TRAINING CAMP - GENERAL INFORMATION

COST IS 350.00

IF PAYING IN INSTALLMENTS

1ST PAYMENT DUE \$175.00 by 2-28-20 10AM

2ND PAYMENT DUE Paid in Full(\$350) Fee Night in May

PAYMENT TO LIBERTY FOOTBALL BOOSTERS (turn in to Travis Mast, Coach Smith, or Coach Thomas)

