

## 7<sup>th</sup> Annual Duck Pond Invite

Welcome to the 7th Annual Duck Pond Cross Country Invite to be held at Duck Pond Recreation Area in Fontana on Sept. 24, 2019.

Teams include: Big Foot/Williams Bay, Brodhead/Juda, Catholic Central, Clinton, Delavan-Darien, Edgerton, Elkhorn, Home School Eagles, Holy Family, North Boone, Pecatonica/Argyle, Poynette, Rockford Christian, Shoreland Lutheran, Turner Middle School Only - Woods Middle School, Harvard Middle School, Turner Middle School, Walworth Middle School, Palmyra-Eagle Middle School, Parkview Middle School, Reek Middle School, Fontana Middle School, Sharon Middle School

The following is the time schedule:

4:00 Middle School (2500 meters)  
4:30 Girls Varsity and JV (5000 meters)  
5:15 Boys Varsity and JV (5000 meters)  
6:00 Awards

We will award medals for 1<sup>st</sup> – 15<sup>th</sup> in the varsity race, 1<sup>st</sup> – 5<sup>th</sup> in JV, and 1<sup>st</sup> – 3<sup>rd</sup> in the Middle School. The Middle School awards will be presented in the finish chute. We will award a trophy to the first place and second place varsity teams.

This year we will be using electronic timing (Accuracetime). It should make things go much quicker and allow for an awards presentation. Please enter your athletes on **directathletics.com** by Saturday Sept. 21 at noon. Please note we are running only 3 races this year since we have the timing system. Your first seven runners will count toward varsity with the remaining as JV.

The course is incredibly simple. I will have maps for you the day of the race. You certainly do not need them in advance. The course is very spectator friendly and not a difficult one – mainly flat.

Please have your buses drop off the athletes by the shelter house and proceed to the gravel area for parking.

We will have a small concession stand available (water, Gatorade, fruit)

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