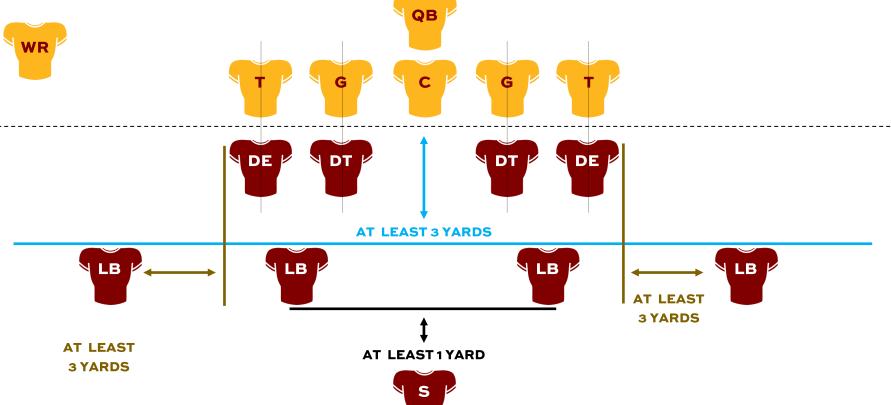
DEFENSIVE ALIGNMENT 2nd GRADE NOTE: The Offensive Alignment is not accurate and is being used as an example in this document. HB DL's must be off LOS at least 3 yards UB's must be at least 3 yards outside of DE's OLB's must be behind LB's at least 1 yard



DEFENSIVE ALIGNMENT

3rd/4th GRADE

4-3 Defense

NOTE:

Goal Line Defense is allowed when the offense is inside the opponents 5 yard line.

NOTE:

and is being used as an example in this document.

The Offensive Alignment is not accurate





AT LEAST 1 YARD



- Must be at least 1 yard off LOS and 4 yards outside of DE
- NO BLITZING

Must be in "down" stance 3-point or 4-point

AT LEAST 4 YARDS

- Head up or outside shade on the TE
- No TE? Can "reduce down" to outside shoulder of OT



Must be head up on the GUARD and in a "Down" stance -3-point or 4-point



AT LEAST 4 YARDS



- Must be in "down" stance 3-point or 4-point
- Head up or outside shade on the TE
- No TE? Can "reduce down" to outside shoulder of OT
- Must be at least 1 yard off LOS and 4 yards outside of DE
- NO BLITZING

- Line Up Anywhere
- Must be 4 yards off LOS

FS

NO BLITZING







RB

- Must be head up with the Center
- Must be at least 3 yards off the LOS
- **NO BLITZING**



- Will be aligned over the OT and cannot stack over DE's
- If DE's reduce down to the outside shoulder of the OT because there is no TE, then OLB's can either stay in the box (but outside the DE) or walk out to cover a second WR.
- Can NEVER be tighter than head up on the tackle.
- NO BLITZING



- Line Up Anywhere
- Must be 4 yards off LOS
- NO BLITZING

DEFENSIVE ALIGNMENT 5th/6th GRADE 4-3 Defense NOTE: RB NOTE: The Offensive Alignment is not accurate C-GAP C - GAP and is being used as an example in this Goal Line Defense is allowed document. when the offense is inside the opponents 5 yard line. AT LEAST 4 YARDS AT LEAST 4 YARDS AT LEAST 1 YARD AT LEAST 1 YARD CB Must be in "down" stance Must be in "down" stance Must be head up on the GUARD 3-point or 4-point 3-point or 4-point and in a "Down" stance -• Head up or outside shade on the TE • Head up or outside shade on the TE Must be at least 1 yard off LOS and 4 yards 3-point or 4-point Must be at least 1 yard off LOS and 4 yards • No TE? Can "reduce down" to No TE? Can "reduce down" to outside of DE outside of DE outside shoulder of OT outside shoulder of OT NO BLITZING NO BLITZING MLB OLB • Line Up Anywhere Must be at least 3 yards off the LOS Must be 4 yards off LOS • Must be head up with the Center SS NO BLITZING NO BLITZING Will be aligned over the C - Gap - and cannot stack over DE's • Line Up Anywhere FS If DE's reduce down to the outside shoulder of the OT because there is no TE, then OLB's can either stay in the box (but outside the DE) or walk out to cover a second WR. Must be 4 yards off LOS • Can NEVER be tighter than the C - Gap. NO BLITZING NO BLITZING

DEFENSIVE ALIGNMENT

5th/6th GRADE

NOTE:

Goal Line Defense is allowed when the offense is inside the opponents 5 yard line.



NOTE:

The Offensive Alignment is not accurate and is being used as an example in this document.



- Must be at least 1 yard off LOS and 4 yards outside of DE
- **NO BLITZING**

DE

- Can line up head up on the TE, outside shoulder of the TE or as wide as 1 stride outside the TE or where the TE would be if not lined up next to the OT.
- Must be head up or outside shoulder of the OT and down in a 3 or 4 point stance



• Must be head up on the CENTER and in a "Down" stance -3-point or 4-point



LB 1

Must be head up or outside shoulder of the OT and down in a 3 or 4 point stance

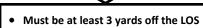
SS



Can line up head up on the TE, outside shoulder of the TE or as wide as 1 stride outside the TE or where the TE would be if not lined up next to the OT.



- Must be at least 1 yard off LOS and 4 yards outside of
- **NO BLITZING**



- Must be head up with the Guards
- NO BLITZING

LB



- Line Up Anywhere
- Must be 4 yards off LOS
- NO BLITZING