



## **OWFL LEAGUE (GIRLS BORN IN 2014, 2015)**

### **PROGRAM INCLUDES**

EARLY BIRD TOURNEY • LEAGUE PLAY • LEAGUE FEES  
SPEED TRAINING WITH SPEED DEE • TEAM WATER BOTTLE  
PRACTICE FIELDS • TEAM BUILDING EVENT • PHOTO PACKAGE  
PRACTICE SHIRT • TEAM TRAINERS SUPPLIES  
PROVINCIALS - JULY 26-28, 2024 • ATHLETIC BANQUET  
OLA FEES & INSURANCE COVERAGE  
ONTARIO LACROSSE MAGAZINE

### **PRACTICE NIGHTS**

TUESDAY AND THURSDAY

### **GAME DAYS**

SUNDAY AM GAMES  
POSSIBLE MIDWEEK GAMES

### **SEASON KICK OFF**

PLAYER PARENT MEETING TBD  
U11 PRE-SEASON TOURNAMENT APRIL 27, 2024 IN OSHAWA  
EARLY BIRD TOURNAMENT MAY 18-19, 2024  
TRAINING BEGINS APRIL 16, 2024

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### **U11 COMPETITIVE REP COST \$650-\$850**

OPTIONAL CAMP TBD - NOT REQUIRED ON COMMITMENT FORM  
- PAID SEPARATELY

### **TRYOUT FEE \$60**

LBK REGISTRATION IS SEPARATE AND PAID BEFORE TRYOUTS