

# VIKING BASEBALL CAMP

*Work Hard and Play Harder*

2024



★  
**Rabinowitz Field**  
**Voorhees**

[vikingcamp@gmail.com](mailto:vikingcamp@gmail.com)

Deadline to sign up  
is June 3, 2024

## **The Lineup:**

**Camp 1: June 24-June 28**  
Comprehensive Camp

**Camp 2: July 1 & July 2**  
Pitching and Catching Camp

**Camp 3: July 8 -July 12**  
Defensive Skills & Hitting  
Camp

**Camp 4: August 19-23**  
The Competition Camp

*(Friday camp dates are  
reserved for makeup days)*

At the Viking Baseball Camp, the Eastern High School baseball coaching staff will be involved in all aspects of developing future players in the varied skills necessary in optimizing baseball talent. The camps include young athletes ages 7-14 who love to play the game and hope to eventually compete at the high school level or beyond. With committed coaches who have been a part of baseball through the major league level, you will have the opportunity to learn from a staff known for maximizing individual player's ability. The staff includes members of the program ranked #1 by USA Today! Many current Eastern players were a part of previous camps and are now playing key roles in the Vikings' high school program or at college. This is a great chance to have fun while learning what it takes to be a championship caliber player. Find out why past campers are so enthusiastic about the staff, the giveaways, the activities, the fun and most importantly how they have improved as a result of Viking Baseball Camp.

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**All areas of baseball will be covered:**

**Pitching**

**Hitting**

**Running**

**Throwing**

**Fielding**

**Camp 1:** Each morning the camp will begin with exercises developed to increase the strength and quickness needed to become a premier athlete and baseball player. Then baseball skill development in the various areas will be addressed with each session building upon the last. One-on-one input from the camp staff will be provided daily and an award ceremony for top performers in all facets of the game will be held on the last day.

Each day will conclude with game play if time permits.

**Camp 2:** This popular two-day camp will feature position-specific drills and personalized instruction. Each player's mechanics will be analyzed and retooled. Camp attendees' abilities will be assessed by staff including the use of a radar gun.

\*Please Note: This camp will have very limited numbers to ensure maximum instruction.

**Camp 3:** This full week camp will emphasize the defensive aspects of the game in the early session and hitting in the second portion. Defensive areas covered in the camp will include: Throwing, Footwork, Infield, Outfield, Grip, Balance, Approach & Hitting Philosophy.

Each day will conclude with game play if time permits.

**Camp 4:** This full week camp features games throughout the session with insight from our staff when the game situation warrants. Learn the game by playing the game all morning against other campers in your age range. This was our most popular camp once again last year! Loaded with box seats for Phillies games, baseball gear, and other great prizes! Every player gets a special Viking Camp jersey.

**Each camper will receive a camp t-shirt. Awards or prizes will be given out daily to top attendees.**

# VIKING BASEBALL CAMP 2023 REGISTRATION FORM

Camp hours are from 9-12:30

Cost per camper includes t-shirt and other giveaways

Questions? VIKINGCAMP@GMAIL.COM

**Please check which camp(s) you will be attending:**

(Full week camps run Monday through Thursday with Friday allotted for weather makeup day)

\_\_\_\_\_ Camp 1 (June 24 –June 28)- Comprehensive Camp \$200

\_\_\_\_\_ Camp 2 (July 1 -July 2)- Pitching & Catching Camp \$135  
*(Please include if your child is a pitcher or catcher for this camp)*

\_\_\_\_\_ Camp 3 (July 8 -July 12)- Defense/Hitting Camp \$200

\_\_\_\_\_ Camp 4 (August 19 -August 23)- Competition Camp \$215

Two separate camps-\$25 discount Three or more-\$50 off(must all be paid at once)

Must submit all camp payments together for all discounts

\*\*\*\*Deadline for registration is June 3rd\*\*\*\*

We may not be able to accommodate everyone. Space is limited.

Late registration may result in no giveaway items.

Add additional \$25 For Late Registration

IF POSTMARKED AFTER JUNE 3<sup>rd</sup>

Inclement weather will result in cancellation of the day's events. (Makeup day Friday)  
Camps 1,3 & 4 make ups: on Friday. Other lost days: no makeups & no refunds awarded.

**(Checks payable to Rob Christ baseball camps)** Total \$\_\_\_\_\_

Mail to: **Rob Christ Baseball Camps 12 Kirkwood Drive Mt. Laurel, NJ 08054**

There is a \$50 cancellation fee for any reason.

Name\_\_\_\_\_Age\_\_\_\_\_

Address\_\_\_\_\_Town\_\_\_\_\_

Zip\_\_\_\_\_Phone\_\_\_\_\_

Email\_\_\_\_\_

**Select T-shirt size Circle YS YM YL AS AM AL AXL**

**VIKING BASEBALL CAMP  
RELEASE FOR MEDICAL TREATMENT**

Name of Camper (Please Print) \_\_\_\_\_

Any allergies to medicines, foods, etc.? If so, please list below-

Are there any medicines or medical devices that may need to be employed while at camp by the coaches or a physician? Please list below-

I hereby authorize any medical treatment which may be advised or recommended by the attending physician of \_\_\_\_\_  
(Camper's Name)

\_\_\_\_\_  
(ADDRESS)

\_\_\_\_\_  
(PHONE)

\_\_\_\_\_  
(Emergency Contact Name and Phone)

\_\_\_\_\_  
(Relation to Camper)

\_\_\_\_\_  
(Insurance Company) (Policy Number)

Signature of Parent or Guardian \_\_\_\_\_

**RELEASE AND WAIVER OF LIABILITY**

The undersigned hereby acknowledges that participation in this camp and related activities involves an inherent risk of physical injury, and the undersigned, on behalf of the registrant hereby assumes all such risk and does hereby release and forever discharge the camp, its founder, all employees and agents thereof from any and all liability of whatever kind or nature, arising from and by reason of any and all known and unknown, foreseen and unforeseen bodily and personal injuries, damage to property, and the consequences thereof, resulting from the registrant's participation in or involvement with this camp, including but not limited to any failure of equipment or defects on or of the premises.

Date \_\_\_\_\_

\_\_\_\_\_  
(participant signature)

\_\_\_\_\_  
(parent signature)