



# FAQ'S

## Registration:

### When is registration?

There is a rolling registration period from March 1st - April 15th. Registration will be online only. Link will be posted when it goes live.

### What is the cost of registration and what does that include?

The cost is \$375 for football and/or cheer. We are not doing a multi-child discount.

Registration fee includes:

- Football: jersey for you to keep, rented pads, rented helmet, rented practice pants, rented game pants, practice field fees, home game stadium fees, league fees, light tower rentals and trophies.
- Those items marked "rented" will need to be returned at the end of the season.
- Cheer: uniform, shoes, bows, backpack, jacket, practice field fees, home game stadium fees, league fees, light tower rentals and trophies. Nothing will need to be returned at the end of the season.

### What will I need for registration?

You will need your child's birth certificate and their most recent report card. Birth certificates and the most recent report cards are **MANDATORY** for registration and in order for your child to be eligible to play.

### What team do I register my child for?

- You will register your child based on incoming grade level for the 2022-2023 school year. It is **NOT** based on your child's age. Only their grade level. For example, if you will have a 1st grader this upcoming school year, you'd register them for the 1/2 team.
- For the 1/2 team, you **MUST** only register a 1st or 2nd grader. For the 3/4 team, you **MUST** only register a 3rd or 4th grader. For the 5/6 team, you **MUST** only register a 5th or 6th grader. For the 7/8 team, you **MUST** only register a 7th or 8th grader.
- A maximum age limit has been established by the league. This age limit does **NOT** apply to new players. New players must play in their respective grades. If a player reaches the maximum age listed before August 31st, they are ineligible to play in that age group and must move up.

#### Ages

1st/2nd: 9 years old

3rd/4th: 11 years old

5th/6th: 13 years old

7th/8th: 15 years old

### Will there be payment plans or financial assistance available?

Yes, both will be available during the registration process.

## **Practices:**

### **When do practices start?**

August 1st, practices will be held Mon/Tues/Wed/Thurs from 6-8pm at the Lions Field.

After Labor Day weekend, on September 6th, practices will move to Tues/Wed/Thurs from 6-8pm at the Lions Field. Our mini cheer squad will practice the same days as the above, however their practices will only go from 6-7pm.

### **What does my child need for practice?**

Your child should arrive 15 mins prior to the start of practice, dressed appropriately, well fed and hydrated. They may bring water to practice (and this is HIGHLY encouraged) but any other drink will need to be disposed of prior to the start of practice.

### **Can I stay and watch my child practice?**

We are big on family in our organization and encourage you to stay and watch your child learn and grow on the field. It is also a great opportunity to meet other parents. However, if your presence becomes a distraction and/or is a hindrance to other parents enjoying practice, the organization may no longer allow you to be at the fields during practice.

### **What's your weather policy for practices?**

Our football players practice rain or shine. So as the Fall becomes colder, make sure your players have layers on. Our cheerleaders will practice in our Quonset during this time.

## **Game Day:**

### **What does game day entail for my child?**

- We ask that our football players show up an hour prior to the game start time. This allows them to get warmed up and to start mentally preparing for the game. This means fully suited up and ready to go.
- We ask that our cheerleaders show up 30 minutes prior to game time. This allows them to get stretched and complete a stunt warm-up. They need to have their hair up, bows in and be in full uniforms (as directed by the coach).
- If your football player or cheerleader shows up late on game day, there may be consequences, such as not being able to play or cheer during the first quarter or first half of the game.
- Our Mini Cheer Squad will only cheer for the first half of the game.

## Volunteers:

### How can I volunteer for my child's team?

Our organization is 100% volunteer led and we are so thankful to the parents, grandparents, siblings etc who volunteer each season. There are many opportunities within the season for volunteering:

- During practices, our Snack Shack is open at the Lions Field. Proceeds for these sales go directly back into the program.
- On Game Days at our Home Stadium, we have a variety of volunteering positions available. We'll need volunteers for the gate admissions, concessions, and shout-outs (which fund our scholarship program).

This year, we will be requiring volunteer hours. However, if you choose to buy-out those hours, that will be an option as well.

## Misc:

### What other important dates should I know about?

- There will be a **MANDATORY** Parent Meeting for football and cheer (separate meetings, times TBD) on April 23rd at the Lions Field.
- Football Gear Fittings and Cheer Uniform Fittings will be on April 30th at the Lions Field. Times are TBD.
- Gear Handout Football - July 28th
- Uniform Hand Out Cheer - TBD, when they arrive
- **MANDATORY** Football and Cheer Roster Pictures - August 4th
- Season Kick-Off Party - August 13th at the Lions Club
- NJFL Jamboree - August 20th (traditionally)
- Season Starts - Week One Games - August 27th (traditionally)
- Football and Cheer Season Pictures - TBD

We will NEVER have a season game during Labor Day weekend.