

IRONMAN 70.3 SWANSEA ROAD CLOSURES – SUNDAY 14 JULY



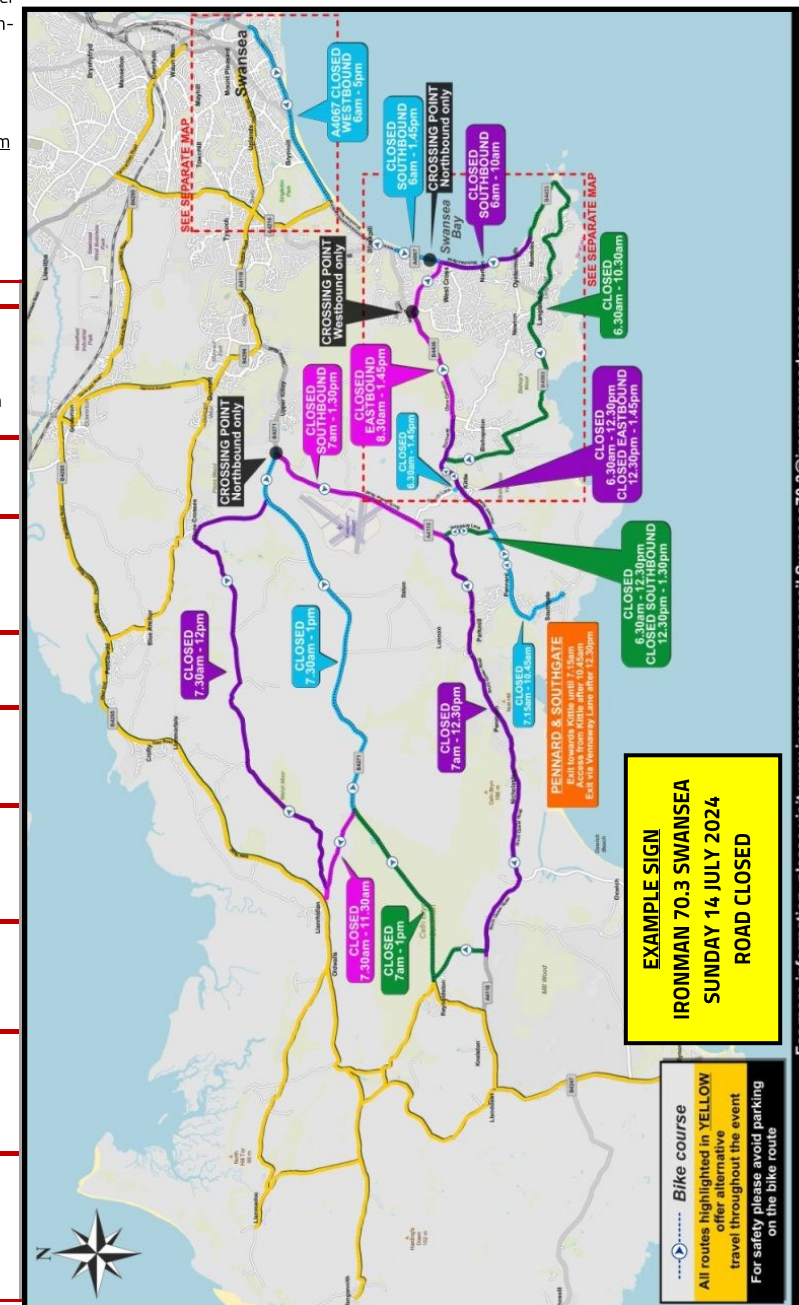
Temporary road closures will be in place on IRONMAN race day to ensure the safety of athletes and the public. These legal road closures are implemented under the Road Traffic Regulation (Special Events) Act 1994, and apply to all vehicles, bikes and horses that are not involved in the event. We apologise for the inconvenience caused by the road closures.

- Please avoid parking on the bike course for safety reasons.
- Pedestrians **CAN** cross the course at any time when safe to do so.
- Essential access for carers will be facilitated, we request pre-arranging prior to 10 July to reduce delays. Please contact swansea70.3@ironmanroadaccess.com
- There are **NO RESTRICTIONS** at any time to any of the Emergency Services.
- Please see the map for detailed information and possible diversion routes.

Access Enquiries – 03330 11 66 00 or swansea70.3@ironmanroadaccess.com

General E-mail Enquiries – swansea70.3@ironman.com (Where possible please submit your access enquiries ahead of the event weekend.)

AREA	CLOSURES	DETAILS
MUMBLES	06:00 – 10:00	The course follows the coast on Mumbles Road past Mumbles Pier and turns right by Limeslade Bay outside Forte's Ice Cream onto Plunch Lane. Mumbles Road will be closed southbound ONLY up to Village Lane between 06:00-10:00. Cars will be able to travel northbound from Village Lane (towards Swansea) for the duration of the closure. ACCESS ADVICE – There will be a one-way diversion for residents needing to access. Residents will be able to travel west on the B4436, left onto Murton Green Road, then east on Mansfield Road, Murton Lane and Newton Road.
NEWTON (B4593), BISHOPTON	06:30 – 10:30	The course will then follow Plunch Lane and Higher Lane before turning left onto Southward Lane B4593 / Caswell Road through Newton passing Caswell Bay Beach. Following Caswell Road North, turning left onto Pyle Road/Bishopston Road and left onto Pennard Road B4436. The named roads will be fully closed between 06:30 – 10:30.
KITTLE, MURTON	06:30 – 12:30 12:30 – 13:45	The course continues west along the B4436 to the junction of Vennaway Lane. This section of the course has various closures due to bikes using these roads outbound and inbound. The B4436 from Murton Green to the Vennaway Lane Junction will be fully closed 06:30-12:30. It will open westbound (towards Pennard) from 12:30 and fully open for traffic in both directions by 13:45.
VENNAWAY LANE	06:30 – 13:30	As per above the route uses Vennaway Lane in both directions during the event. Vennaway Lane will be fully closed 06:30-12:30 and then will open for northbound traffic turning left and right on South Gower Road from 12:30. The road will be fully open by 13:30.
PENNARD, SOUTHGATE	07:15 – 10:45	The course follows Pennard Road through Kittle and Pennard before making a U-turn in Southgate outside the Three Cliffs Café. The bikes then travel back through Pennard and take a left onto Vennaway Lane. ACCESS ADVICE — Exit from Southgate/Pennard towards Kittle permitted until 07:15 and access from Kittle to Southgate/Pennard is permitted after 10:45. Exit towards Upper Killay permitted after 12:15.
PARKMILL, PENMAEN, NICHOLASTON, REYNOLDSTON, CILIBION	07:00 – 12:30 07:00 – 13:00	The course follows the A4118 through Parkmill, Penmaen, Nicholaston. The A4118 will be closed up to the Reynoldston junction between 07:00 -12:30. The course then travels North towards Reynoldston before turning east to Cilibion which will be fully closed between 07:00 -13:00.
LLANRHIDIAN, PENUEL, THREE CROSSES	07:30 – 11:30 07:00 – 12:00	From Cilibion the course travels to Llanrhidian which is closed 07:30 -11:30. The route then travels east through Penuel and onto Three Crosses, before heading southbound on Tirmynydd Road, this section of the course will be fully closed from 07:30 – 12:00.
UPPER KILLAY, LANGROVE, LUNNON, ILSTON, LLETHRYD	07:30 – 13:00 07:00 – 13:30	The bike course consists of one larger outer loop and a smaller second inner loop which travels through LLeithryd on the B4271 which will be closed 07:30 -13:00. South Gower Road A4118 from the Upper Killay junction to Vennaway Lane will be closed southbound 07:00-13:30. ACCESS ADVICE – Northbound crossing point available for traffic travelling north on South Gower Road towards Upper Killay as shown on the attached map.
CLYNE COMMON, WEST CROSS	08:30 – 13:45	The athletes will finish the bike course by following the B4436 (Clyne Common) eastbound before turning right onto Fairwood Rd through West Cross. The bikes will continue down the hill on Fairwood Rd and turn left onto the A4067 to return into Swansea City Centre. Clyne Common from Fairwood Rd - Murton Green will be closed eastbound from 08:30 – 13:45. Fairwood Rd will be closed eastbound from 08:30-13:45. ACCESS ADVICE – Residential access will be available northbound (up the hill) on Fairwood Rd throughout the day, along with a crossing point at the Fairwood Rd/Maylas Rd junction for cars travelling north towards Kittle.



IRONMAN 70.3 Cau Ffyrdd Abertawe — Dydd Sul 14 Gorffennaf 2024

Bydd ffyrdd wedi'u cau dros dro ar waith ar ddiwrnod ras **IRONMAN** er mwyn sicrhau diogelwch athletwyr a'r cyhoedd. Gweithredir cau'r ffyrdd hyn yn gyfreithiol o dan Ddeddf Rheoleiddio Traffig Ffyrdd (Digwyddiadau Arbennig) 1994, ac maent yn berthnasol i bob cerbyd, beic a cheffyl nad ydynt yn rhan o'r digwyddiad. Ymddiheurwn am yr anghyfleustra a achoswyd gan gau'r ffyrdd.

- Osgowch barcio ar y cwrs beic am resymau diogelwch, os gwelwch yn dda.
- **GALL** cerddwyr groesi'r cwrs ar unrhyw adeg pan fydd yn ddiogel i wneud hynny.
- Bydd mynediad hanfodol i ofalwyr yn cael ei hwyluso, rydym yn gofyn I chi drefnu hyn ymlaen llaw cyn 10 Gorffennaf er mwyn lleihau oedi. Cysylltwch â swansea70.3@ironmanroadaccess.com
- **NID OES UNRHYW GYFYNGIADAU** ar unrhyw adeg i unrhyw un o'r Gwasanaethau Brys.
- Gweler y map am wybodaeth fanwl a llwybrau dargyfeirio posibl.
- Gall ffyrdd fod ar agor yn gynharach na'r hyn a hysbysebwyd.

Ymholiadau Mynediad - 03330 11 66 00 neu swansea70.3@ironmanroadaccess.com Ymholiadau Cyffredinol E-bost — swansea70.3@ironman.com

ARDAL	CAEADAU	MANYLION
Y Mwmbwls	06:00 - 10:00	Mae'r cwrs yn dilyn yr arfordir ar Heol y Mwmbwls heibio i Bier y Mwmbwls ac yn troi i'r dde ger Bae Limeslade y tu allan i Forte's Ice Cream i Lôn Plunch. Bydd Heol y Mwmbwls ar gau tua'r de DIM OND hyd at Lôn y Pentref rhwng 06:00-10:00. Bydd ceir yn gallu teithio tua'r gogledd o Lôn y Pentref (tuag at Abertawe) am gyfnod y cau. CYNGOR MYNEDIAD — Bydd gwyriad unffordd i drigolion sydd angen mynediad. Bydd modd i drigolion deithio tua'r gorllewin ar y B4436, i'r chwith i Heol Murton Green, yna tua'r dwyrain ar Heol Mansfield, Lôn Murton a Heol Newton.
Newton (B4593), Llandeilo Ferwallt	06:30 - 10:30	Yna bydd y cwrs yn dilyn Lôn Plunch a Lôn Uwch cyn troi i'r chwith i'r Lôn tua'r DeB4593/Heol Caswell trwy Newton yn pasio Traeth Bae Caswell. Yn dilyn Heol Caswell i'r Gogledd, gan droi i'r chwith i Heol y Pil/Heol Llandeilo Ferwallt ac i'r chwith i Heol Pennard B4436. Bydd y ffyrdd a enwir ar gau yn llawn rhwng 06:30 — 10:30.
Kittle, Murton	06:30 - 12:30 12:30 - 13:45	Mae'r cwrs yn parhau tua'r gorllewin ar hyd y B4436 i gyffordd Lôn Vennaway. Mae gan y rhan hon o'r cwrs amrywiol gaeadau gan fod beiciau'n defnyddio'r ffyrdd hyn wrth fynd allan a dod i mewn. Bydd y B4436 o Murton Green i Gyffordd Lôn Vennaway ar gau yn gyfan gwbl 06:30-12:30. Bydd yn agor tua'r gorllewin (tuag at Pennard) o 12:30 ac yn agor yn llawn ar gyfer traffig i'r ddau gyfeiriad erbyn 13:45.
Lôn Vennaway	06:30 - 13:30	Yn unol â'r uchod mae'r llwybr yn defnyddio Lôn Vennaway i'r ddau gyfeiriad yn ystod y digwyddiad. Bydd Lôn Vennaway ar gau yn gyfan gwbl 06:30-12:30 ac yna bydd yn agor ar gyfer traffig tua'r gogledd yn troi i'r chwith ac i'r dde ar Ffordd De Gŵyr o 12:30. Bydd y ffordd yn hollol agored erbyn 13:30.
Pennard, Southgate	07:15 - 10:45	Mae'r cwrs yn dilyn Heol Pennard trwy Kittle a Phennard cyn gwneud tro pedol yn Southgate y tu allan i Gaffi'r Tri Chlogwyn. Yna mae'r beiciau'n teithio yn ôl trwy Bennard ac yn cymryd y chwith i Lôn Vennaway. CYNGOR MYNEDIAD — Caniateir gadael o Southgate/Pennard tuag at Kittle tan 07:15 a chaniateir mynediad o Kittle i Southgate/Pennard ar ôl 10:45. Caniateir gadael tuag at Gilâ Uchaf ar ôl 12:15.
Melin y Parc, Penmaen, Nicholaston, Reynoldston,	07:00 - 12:30 07:00 - 13:00	Mae'r cwrs yn dilyn yr A4118 trwy Felin y Parc , Penmaen, Nicholaston. Bydd yr A4118 ar gau hyd at gyffordd Reynoldston rhwng 07:00 - 12:30. Yna mae'r cwrs yn teithio i'r Gogledd tuag at Reynoldston cyn troi i'r dwyrain i Cilibion a fydd ar gau yn gyfan gwbl rhwng 07:00-13:00.
Llanrhidian, Penuel, Y Crwys	07:30 - 11:30 07:00 - 12:00	O Cilibion mae'r cwrs yn teithio i Lanrhidian sydd ar gau 07:30-11:30. Yna mae'r llwybr yn teithio tua'r dwyrain drwy Penuel ac ymlaen at Y Crwys, cyn mynd tua'r de ar Heol Tirmynydd, bydd y rhan hon o'r cwrs ar gau yn gyfan gwbl rhwng 07:30 - 12:00.
Cilâ Uchaf, Llangrove, Lunnon, Llanilltud Gŵyr, Llethryd	07:30 - 13:00 07:00 - 13:30	Mae'r cwrs beicio yn cynnwys un dolen allanol fwy ac ail ddolen fewnol lai sy'n teithio drwy Llethryd ar y B4271 a fydd ar gau 07:30-13:00. Bydd Ffordd De Gŵyr A4118 o gyffordd Cilâ Uchaf i Lôn Vennaway ar gau tua'r de 07:00-13:30. CYNGOR MYNEDIAD - Croesfan tua'r gogledd ar gael ar gyfer traffig sy'n teithio tua'r gogledd ar Ffordd De Gŵyr tuag at Gilâ Uchaf fel y dangosir ar y map ynghlwm.
Comin Clyne, West Cross	08:30 - 13:45	Bydd yr athletwyr yn gorffen y cwrs beicio trwy ddilyn y B4436 (Comin Clyne) tua'r dwyrain cyn troi i'r dde ar Heol Fairwood drwy West Cross. Bydd y beiciau'n parhau i lawr y bryn ar Heol Fairwood ac yn troi i'r chwith i'r A4067 i ddychwelyd i Ganol Dinas Abertawe. Bydd Comin Clyne o Heol Fairwood - Murton Green ar gau tua'r dwyrain o 08:30 - 13:45. Bydd Heol Fairwood ar gau tua'r dwyrain o 08:30-13:45. CYNGOR MYNEDIAD - Bydd mynediad I breswylwyr ar gael tua'r gogledd (i fyny'r bryn) ar Heol Fairwood drwy gydol y dydd, ynghyd â man croesi ar gyffordd Heol Fairwood Rd/Heol Mayals ar gyfer ceir sy'n teithio tua'r gogledd tuag at Kittle.

